*****Republic of the Philippines***

**DEPARTMENT OF EDUCATION**

**Cordillera Administrative Region**

**Wangal, La Trinidad, Benguet**

**CARAA Meet 2017**

**ARNIS REVISED GUIDELINES AND GROUND RULES**

* **RULES AND REGULATIONS**
* The Arnis CARAA Meet 2017 will be conducted in accordance with the International Arnis Rules and Palarong Pambansa (DepEd) Ground Rules of competitive Arnis to ensure the safety of the student/players.
* **TECHNICAL COMMITTEE**

**.** The Technical Officials of the game are those who attended the Department of Education arnis seminars and passed the National/Regional Department of Education Accreditation, training/seminar conducted by the Department of Education Arnis Association of the Philippines CAR Chapter and refresher course.

* **WEIGH IN (FULL CONTACT EVENT)**

Weight verification for participant/s will be done three (3) chances only. Participant who fails to meet the weight requirement will be disqualified to join the competition. Weigh in shall be done in the presence of the designated technical officials and coaches. Please follow the scheduled weight screening otherwise the player will be disqualified.

* **QUALIFICATIONS OF PLAYERS**

Qualifications of a player must accomplish the following requirements in accordance with the DepEd guidelines:

1. AR-1

2. Certified Photocopy of NSO Birth Certificate

3. NSO

4. Form 137 duly certified by the school head

5. Certificate of Enrolment

6. Certificate of Completion

7. Medical and Dental Certificate

8. Parents/guardian consent (Signature must be original. Printed name over signature)

9. Certification of enrollment duly signed by the school head

10. Born January 1, 2004 for Elementary and January 1, 1999 for Secondary

11. 1.5 x 1.5 ID picture

* **DISQUALIFICATION OF PLAYER**

**a.** No complete requirements or documents.

b. Submission of fraudulent or falsified documents.

**c.** Refusal to wear mandatory protective gears.

d. A participant who commits a dangerous intentional foul that may inflict injury to the opponent like throwing, bone breaking, kicking, kneeing, elbowing, boxing, sweeping, and hand/stick/head butting.

e. Any disruptive action or behavior of the participant, teammate, trainers, coaches, club instructors or team followers which may lead to violence breaking the spirit of sportsmanship.

f. Any official/s of the delegation that interrupts the orderly manner/conduct of the event.

g. Attempting to influence the officiating officials.

h. Aggressive behavior toward the referees and judges during and after the contest.

i. No acceptance of referee’s decision by not leaving the playing area thereby delaying the game.

* **TOURNAMENT FORMAT**

**.** In the ***Full Contact Event***, drawing of lots shall apply and pairing for the **Single Elimination** **system** shall be used

**.** In the ***Anyo Event***, the order of performance shall be decided through drawing of lots.

* **PARTICIPANTS:**

**TEAM COMPOSITION**

**Elementary Level**

* Boys: 3 Players and 1 Coach
* Girls: 3 Players, 1 Coach and 1 Chaperon

**Secondary Level**

* Boys: 5 Players and 1 Coach
* Girls: 5 Players, 1 Coach and 1 Chaperon
* **FULL CONTACT:**

There shall be a maximum of five (5) participants distributed evenly in the different weight divisions for both Secondary Boys and Girls in the Arnis Full Contact. As a matter of procedure, each division is allowed only one (1) entry in each of the five (5) weight category (secondary)

**SECONDARY LEVEL – WEIGHT DIVISION**

|  |  |  |
| --- | --- | --- |
| **WEIGHT CATEGORY** | **GIRLS** | **BOYS** |
| Pin weight | 37 kg up to 39 kg | 43 kg up to 46 kg |
| Bantam weight | Over 40 kg up to 43 kg | Over 47 kg up to 50 kg |
| Feather weight | Over 44 kg up to 47 kg | Over 51 kg up to 54 kg |
| Extra Light weight | Over 48 kg up to 51 kg | Over 55 kg up to 59 kg |
| Half Light weight | Over 52 kg up to 55 kg | Over 60 kg up to 64 kg |

**Participants are required to wear the standard uniform**

1. White plain T-shirt, athlete’s name, school/club logo, and division may appear on the T-shirt, provided that it does not dominate the over-all appearance of the shirt.
2. Plain red pants (school/club logo may appear on the pants).
3. Players may have the option to wear the delegation uniform.
4. Rubber soled shoes. Bear foot is strictly not allowed.

**In case of DRAW, the declaration of winner shall be based on the following criterion:**

**1. Superiority or aggressiveness of the player**

**2. Major advance technique**

**3. Artistic delivery**

**Injuries**

In case of injury caused by accidental blow and the medical doctor decides/suggests to give the injured player a little time to rest before he/she can continue the game, the decision as stated shall be suspended for a while. However, the rest period shall not be more than five (5) minutes after which the medical doctor must declare the fitness of the injured player to continue or discontinue the game.

**Conduct of the Full Contact Tournament**

1. The conduct of the competition shall be on a **two-out-of-three round system**. Each round should be held for a maximum of two (2) minutes for the Secondary level.

1. Players are required to show artistic arnis movements unique to their styles for at least three (3) seconds when the referee says “HANDA”. Failure to do this – First Offense will be given BABALA or warning. Second and succeeding offenses shall be considered as PAGLABAG or foul.

1. A **SCORE** shall mean a strike with a padded stick using one hand only, delivered to a specific body point and is counted upon confirmation by two (2) or at least one (1) of the judges, simultaneously recorded on the scoreboard.

1. A **legitimate strike** is given a point if it is delivered to a specific body point in correct form that is with power, right timing, with art, distance and intent.

1. **Spontaneous strike** is allowed, but the judges can only give ***maximum three points per encounter*** but in accordance with the guidelines on legitimate strike.
2. Winning by knockout is not applied.

7. Any act of pushing, holding, pulling and locking are considered foul.

**IV. ANYO COMPETITION:**

**Composition: Five (5)** Players/Participants will come from the Team members in the full contact event who qualify in the weigh-in in the secondary level both boys/ girls and **three (3) players** who qualify in the NSAC age requirements for both boys and girls elementary level. Likewise, the coach and chaperon will be the same as in full contact.

**ANYO COMPETITION CATEGORY**

**Elementary** (Boys/Girls Category)

A.Individual Likha Anyo SOLO BASTON - 1player per individual category

B. Individual Likha Anyo DOBLE BASTON - 1 player per individual category

C. Individual Likha ESPADA Y DAGA - 1 player per Individual category

D. Team (Synchronized) Likha Anyo SOLO BASTON - 3 players per team category.

E. Team (Synchronized) Likha Anyo DOBLE BASTON - 3 players per team category

F. Team (Synchronized) Likha Anyo ESPADA Y DAGA - 3 players per team category

G. Mix/Pair Likha Anyo DOBLE BASTON -1 boy and 1 girl per pair category

**Secondary** (Boys and Girls category)

A.Individual Likha Anyo SOLO BASTON - 1 player per individual category

B. Individual Likha Anyo DOBLE BASTON - 1 player per individual category

C. Individual Likha ESPADA Y DAGA - 1 player per Individual category

D. Team (Synchronized) Likha Anyo SOLO BASTON - 3 players per team category

E. Team (Synchronized) Likha Anyo DOBLE BASTON - 3 players per team category

F. Team (Synchronized) Likha Anyo ESPADA Y DAGA - 3 players per team category

**Costume:** For the Anyo competition. It is required that the participating divisions must use the **delegation uniform** or **Arnis uniform** (**white t-shirt and red pants)**

**Weapons:**  A player may have the option to choose any of the following weapons and it will be checked before the competition:

1. Wooden stick/yantok - The cane (stick) made of wood or rattan should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches.)
2. Wooden Replica of a Bladed Weapon - The wooden replica should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin.
3. Metallic Unbladed Replica of a Bladed Weapon - The metallic replica should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin
4. Metallic/wooden Unbladed of a replica of a bladed sword and a dagger- The metallic/wooden replica of the sword should measures not less than 60 cm. in length and not more than 90 cm, and the dagger should measure not less than 20cm. and not more than 31cm. and should be ethnic Filipino in origin.

* **Music**
* Participant/team may or may not choose to have musical accompaniment with their

performance. Music should be Ethnic Filipino in nature and should be recorded on the cassette tapes, audio compact discs or Stored in USB’s. Live music is not allowed.

* Music will be checked the day before the competition proper.

**Determining the Winner in anyo competition:**

1. There shall be **five (5) judges** and the total score of the five (5) Judges shall be added to determine the score obtained by the performer/s which will be added together to get the ***average score.***
2. **Tie**

**\* In case of tie,** the **highest and the lowest** score of the five (5) Judges shall be eliminated; hence, the score of the remaining three (3) judges shall be determined to break the tie.

**\* In case of another Tie:** Repeat performance shall apply

3. The ranking of participants is based from the **net score** obtained which is determined by deducting all identified point deduction/s committed if any in accordance with the rules.

**Conduct of the Tournament:**

1. The conduct of the competition shall be one (1) round Anyo performance for both

Secondary and Elementary level (boys/girls)

1. Each performance shall have a minimum of one (1) minute and a maximum time limit of two (2) minutes. The official time shall start when the player/team gives the Standard

courtesy (Pugay) and it shall officially ended when the player/team gives the ending courtesy (Pugay).

1. The Likha Anyo performance both in secondary and elementary level shall be focused on Arnis skills. No Acrobatic/fancy movement (such as; tumbling, back flip, somersault, cartwheel and other combative discipline skills will be incorporated during the performance of likha anyo.

**PENALTIES AND VIOLATIONS**

1. Violation of time limit shall cause the participant/s deduction of points. A deduction of **2** points should be given in short of the minimum one (1) minute time limit or in excess of the maximum of two (2) minute time limit. **.**
2. Stepping and/or going out of the boundary lines will cause the performer/s a deduction of **two (2) points** regardless of Number of steppingviolation (Per violations and per players in a team)**.**
3. Performers who accidentally loses grip of the weapon/s should be given a deduction of **five (5)** points **for every violation.**
4. **Weapon/s gets destroyed** or **has any apparent damage to any part** of the weapon will cause the performers a **deduction of five (5) points** and per player in a team.
5. Failure to execute the **standard pugay** at the start/end of performance would mean a **five** **(5)** point’s deduction.

* **Selection of Coaches and Players for the Palarong Pambansa 2017**
* Total number of medals from both **full contact** and **creative anyo** competition shall be the basis of the selection of the over-all champion. Synchronized/team/pair anyo is considered as one in the medal count. **In case there is a tie in the number of medals**, the team/synchronized/pair anyo shall be count as **three medals** for the team and **two medals** for the pair anyo.
* Selectionof players will be based on the total number of gold medals (1st option) from both full contact and anyo event for secondary division in accordance of their category and anyo only for the elementary division. In case of tie, silver or gold medal in the number of medals of players will be the next option. In case a tie still exists, the champion coach and tournament manager’s decision shall prevail.
* **Selection of coach/es will be based from the overall champion.**
* There are different overall winners and selection of players in the elementary girls, elementary boys, secondary girls and secondary boys.
* Other queries not mentioned in the ground rules may refer to the guidelines in selection of the CARAA 2017.
* Total Number of Medals in Ranking:
* Elementary Girls: 7 Gold, 7 Silver, and 7 Bronze Medals
* Elementary Boys: 7 Gold, 7 Silver, and 7 Bronze Medals
* Secondary Girls: 11 Gold, 11 Silver and 16 Bronze Medals
* Secondary Boys: 11 Gold, 11 Silver and 16 Bronze Medals
* **NOTE: A player who failed to meet the weight requirement during the in-house training shall be replaced immediately by the next in rank player. This is to avoid disqualification of player/s in the Palarong Pambansa 2017.**
* **PROTEST AND COMPLAINT**
* **Protest** shall be done before the competition. Protest after the match/bout shall be made in writing within 4 hours by the coach duly signed by the athletic manager or authorized representative of the delegation address to the Technical Committee. **A protest fee shall be P3, 500.00.** Any action made otherwise shall be nullified. Coaches/Chaperons who failed to attend the solidarity meeting shall waive his/her right to protest/complaint.
* **OTHER MATTERS and RECOMMENDATION**
* The Technical Committee shall decide on all other queries/issues not mentioned in the ground rules.
* Official coaches and chaperon must be in their delegation uniform while on coaching. Wearing of short pants, sleeveless shirt, and slippers are strictly prohibited for the coaches and chaperons during the competition.
* Only the official coach/chaperon is allowed to sit and instruct the player during the match. No Coach, No play policy shall be observed during the match.
* Official coaches and chaperons must observe proper decorum during the competition.
* Coaches are invited to attend the Refresher Course.
* **GENERAL SCHEDULE**

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| **ACTIVITES** | **DATE** | **TIME** | **VENUE** |
| **Refresher Course** | January 2, 2017 | 8:00 AM – 5:00 PM | Baguio Athletic Bowl |
| **Solidarity Meeting** | January 3, 2017 | 9:00 AM- 12:00 Noon | Baguio Athletic Bowl |
| **Weigh-in** | January 3, 2017 | 12:00 Nn-3:00PM | Baguio City High School |
| **Matching and Pairing** | January 3, 2017 | 3:00 PM-5:00PM | Baguio City High School |
| **Parade and Opening** | January 4, 2017 | 8:00 AM – 12:00 Noon | Baguio Athletic Bowl |
| **Start of ANYO Competition** | January 4, 2017 | 1:00 PM- 6:00 PM | University of Baguio |
| **Continuation of ANYO**  **and FULL Contact** | January 5, 2017  January 6, 2017 | 7:30 AM – 6:00 PM  7:30 AM – 10:30 AM | University of Baguio |
| **Awarding Ceremonies** | January 6, 2017 | 10:30 AM-12:00 Noon | University of Baguio |
| **Meeting of Coaches** | January 6, 2017 | 12:00 Noon-1:00 PM | University of Baguio |

Prepared by:

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2017 CARAA Meet