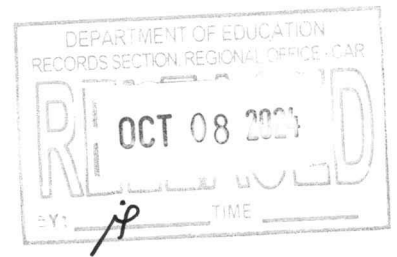




Republic of the Philippines  
**Department of Education**  
 CORDILLERA ADMINISTRATIVE REGION



4 October 2024

**REGIONAL MEMORANDUM**

NO: 700.2024

**NAVIGATING WELLNESS: CLUSTERED REGIONAL SYMPOSIUM ON  
 CHILD AND ADOLESCENT REPRODUCTIVE HEALTH (ARH)**

To: Assistant Regional Director  
 Schools Division Superintendent  
 School Health Personnel Concerned  
 All Others Concerned

1. This office disseminates **DM-OUOPS-2024-09-6856** titled **Navigating Wellness: Clustered/ Regional Symposium on Child and Adolescent Reproductive Health (ARH)**. The activity will be held from December 9 to 13, 2024 within Clark, Pampanga.

2. Participants from DepEd -CAR are as follows:

Name	SDO/Office /School	Position
Raymond S. Damoslog	Regional Office-ESSD	Medical Officer IV
Asterio C. Madalla	Regional Office- CLMD	EPS
Maribel T. Belgica	SDO Baguio	Guidance Counselor
Roselle Kristine Waguiz	SDO Benguet	Nurse II
Cecile M. Mayam-o	SDO Ifugao	Nurse II
Beatrice Fos-oy	SDO Kalinga	Nurse II
Vernalyn Pascua	SDO Apayao	Nurse II
Erwin S. Bagsiyao	SDO Mt. Province	Nurse II
Janice Mangaoang	SDO Tabuk City	Nurse II
Karren Mae Paganao	SDO Abra	Nurse II
Elnora Tunge	SDO Ifugao	PDO I
Menelyn Dacanay	SDO Kalinga	PDO I
Freddie C. Juan	SDO Apayao	PDO I
Beverly Maranes	SDO Mt. Province	PDO I
Daisy May Bucac	SDO Tabuk City	PDO I
Everly Kinguingan	Ifugao	Youth Leader- Ifugao
Moira Lumauig	Ifugao	Youth Leader- Ifugao
Gia Harmony Juan	Rizal National School of Arts and Trade	Youth Leader- Kalinga
Tristan F. April	Malagnat National High School	Youth Leader- Kalinga
Angel Ella Lacar	Pudtol Vocational High School	Youth Leader- Apayao



Address: DepEd-CAR Compound, Wangal, La Trinidad, Benguet, 2601

Telephone No: (074) 422 – 1318

Email Address: car@deped.gov.ph

DepEd Tavo Cordillera

<https://depedcar.ph>



Certificate No. PHP OMS

John L. Dadis	Mataguisi Comprehensive NHS	Youth Leader- Apayao
Lorelle Likigan	Sabangan National High School	Youth Leader- Mt. Province
Jerry Gayaso	Dacudal National High School	Youth Leader- Mt. Province
Kian Dagohoy	Tabuk City National High School	Youth Leader- Tabuk City
Rhia Longan	Kalinga National High School	Youth Leader- Tabuk City

3. All participants are requested to register on this link: <https://rb.gy/oda632>.
4. Attached is the DM-OUOPS-2024-09-6856 and Memorandum of Request Authority to Change Date re: Navigating Wellness: Clustered / Regional Symposium on Child and Adolescent Reproductive Health (ARH).
5. Travelling expense of participants shall be charged to local funds subject to the usual accounting and auditing rules and regulations.
6. For questions and clarifications please contact Georgina C. Ducayso, ESSD Chief at cellphone number 0928-781-6074 or Raymond S. Damoslog, Medical Officer IV through email at [raymond.damoslog@deped.gov.ph](mailto:raymond.damoslog@deped.gov.ph).
7. Immediate dissemination and compliance with this Memorandum is directed.



**ESTELA P. LEON-CARIÑO EdD, CESO III**  
Director IV/Regional Director

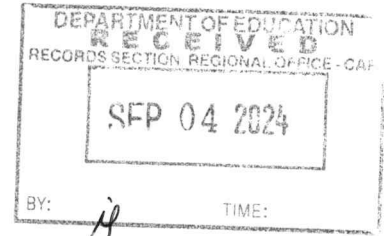


Enclosure: As stated



Republika ng Pilipinas  
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS



MEMORANDUM

DM-OUOPS-2024-09-06876

TO : REGIONAL DIRECTORS  
MINISTER, BASIC, HIGHER, AND TECHNICAL EDUCATION,  
BARMM  
SCHOOLS DIVISION SUPERINTENDENTS  
ESSD AND SGOD CHIEFS  
SELECT ARH FOCALS/COORDINATORS  
SELECT YOUTH FORMATION COORDINATORS  
SELECT SCHOOL HEADS  
ALL OTHERS CONCERNED

FROM :   
ATTY. REVSEE A. ESCOBEDO  
Undersecretary for Operations

SUBJECT : NAVIGATING WELLNESS: CLUSTERED/REGIONAL  
SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE  
HEALTH (ARH)

DATE : August 19, 2024

1. Pursuant to **Republic Act No. 10354** known as the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012, **DepEd Order No. 31, s. 2018** or the Policy Guidelines on the Implementation of the Comprehensive Sexuality Education (CSE); and **DM-OUOPS-2024-09-02440** titled Implementing Guidelines on the Allocation, Utilization, Documentation, and Reporting of Program Support Funds (PSF) for the Field Implementation of the Adolescent Reproductive Health Program for FY 2024, DepEd Regions III, VI, and XI in close coordination with the Bureau of Learner Support Services-School Health Division (BLSS-SHD) will be hosting an event titled: **“Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health.”** The schedule is as follows:

Cluster	Dates	Venue
1	September 23-27, 2024	Within Region III (Central Luzon)
2	October 7-11, 2024	Within Region VI (Western Visayas)
3	November 4-8, 2024	Within Region XI (Davao Region)

2. The event is a back-to-back activity, a symposium, and an orientation on peer health navigation that will equip adolescents with the knowledge and support they need to confidently navigate their reproductive health and wellness choices. By focusing on education, peer navigation, and community engagement, this event seeks to create a supportive environment that fosters informed decision-making, referral, and enhanced



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Certificate No. PDP 0282  
22.03.2005

access to health services. The symposium's comprehensive approach will contribute to the overall well-being of adolescents, preparing them for a healthier future.

3. The activity specifically aims to:

- a. **Educate Adolescents:** Provide comprehensive education on reproductive health topics, including puberty, STI prevention, mental health, and healthy relationships.
- b. **Empower Peer Support:** Train adolescents to become peer health navigators, equipping them with the skills to support their peers in making informed health decisions and accessing necessary services.
- c. **Promote Healthy Decision-Making:** Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental and emotional well-being.
- d. **Enhance Service Access:** Improve access to reproductive health services by teaching adolescents how to navigate healthcare systems and utilize available resources effectively.
- e. **Community Partnership and Engagement:** Advocate for supportive community involvement, engagement, and referral in adolescent health.

4. The event is coordinated closely with the host regions, which will provide the necessary administrative and logistical preparations and assistance in implementing the activity.

5. Participants per region are the **Regional ARH and CSE Focals, Guidance counselor representative, ARH Focals trained on Peer Health Navigation (PHN)** last August 7-9, 2024, **selected Schools Division Offices (SDO) ARH Focals** with their **Youth Formation Focals and youth leaders**. The number of participants is listed in **Annex A**. Please secure parents' consent for the learners' participation.

7. Regional Focals are requested to facilitate the identification of their participants. Please access the link to complete the list: <https://rb.gv/oda632>.

8. Regions are encouraged to set up the booth creatively to showcase their good practices. The booth can also incorporate elements of local culture, arts, and traditions, showcase success stories and testimonials highlighting regional initiatives that have positively impacted learners and educators, and show virtual tours, multimedia presentations, and interactive displays.

9. Meals and accommodation, supplies and materials, advocacy and training kits, honorarium and tokens of appreciation, and travel expenses of the host participants and of the resource persons and facilitators will be charged to the host region's ARH program support funds (PSF). However, participants' travel expenses from other regions and SDOs will be charged to the sending offices' ARH PSF. All expenses are subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages.

10. For questions and clarification, please contact **Dr. Maria Corazon C. Dumlao**, Chief Health Program Officer, and **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III of BLSS-School Health Division, via email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph), copy furnished [arh@deped.gov.ph](mailto:arh@deped.gov.ph), or telephone number (02) 8632-9935.

*BLSS-SHD/PSR*



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**Annex A**

**TARGET AND NUMBER OF PARTICIPANTS**

**Luzon Cluster:**

Date: September 23-27, 2024

Venue:Region 3

REGIO N	Regional Offices		Schools Division Offices					TOTAL Particip ants
	ARH focal/ ESSD personnel	CSE Focal	RGC Repres entativ e	Trained Focal on PHN	ARH Focal	YFD Focal	Youth Leaders	
I	1	1	1	2	5	5	10	25
II	1	1	1	2	5	5	10	25
III	6	1	20	2	20	20	40	109
IV-A	1	1	1	2	5	5	10	25
IV-B	1	1	1	2	5	5	10	25
V	1	1	1	2	5	5	10	25
CAR	1	1	1	2	5	5	10	25
NCR	1	1	1	2	5	5	10	25
<b>TOTAL</b>	<b>13</b>	<b>8</b>	<b>27</b>	<b>16</b>	<b>55</b>	<b>55</b>	<b>110</b>	<b>284</b>

**Visayas Cluster:**

Date: October 7-11, 2024

Venue:Region 6

REGION	Regional Offices		Schools Division Offices					TOTAL Particip ants
	ARH Focal	CSE Focal	RGC Repres entativ e	Trained Focal on PHN	ARH Focal	YFD Focal	Youth Leaders	
VI	1	1	1	2	21	8	16	50
VII	1	1	1	2	8	8	16	37
VIII	1	1	1	2	8	8	16	37
<b>TOTAL</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>6</b>	<b>37</b>	<b>24</b>	<b>48</b>	<b>124</b>

**Mindanao Cluster:**

Date: November 4-8, 2024

Venue:Region XI


REGION	Regional Offices		Schools Division Offices					TOTAL Particip ants
	ARH Focal	CSE Focal	RGC Represe ntative	Trained Focal on PHN	ARH Focal	YFD Focal	Youth Leaders	
XI	1	1	1	2	8	8	8	29
X	1	1	1	2	14	14	8	41
XI	1	1	1	2	11	11	8	35
XII	1	1	1	2	8	8	8	29
Caraga	1	1	1	2	12	12	8	37
BARMM	1	1	1	0	8	8	8	27
<b>TOTAL</b>	<b>6</b>	<b>6</b>	<b>6</b>	<b>10</b>	<b>61</b>	<b>61</b>	<b>48</b>	<b>198</b>

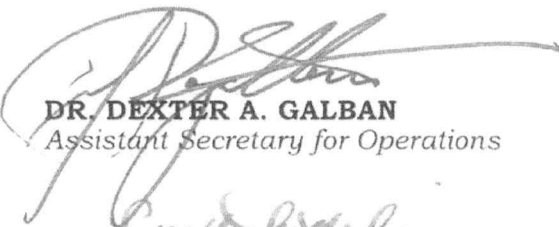


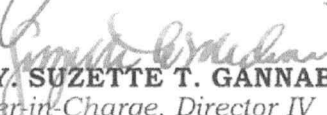
Republic of the Philippines  
 Department of Education  
**BUREAU OF LEARNER SUPPORT SERVICES**

OFFICE OF THE DIRECTOR

**MEMORANDUM**

FOR :   
**ATTY. REVSEE A. ESCOBEDO**  
*Undersecretary for Operations*

THROUGH :   
**DR. DEXTER A. GALBAN**  
*Assistant Secretary for Operations*

FROM :   
**ATTY. SUZETTE T. GANNABAN-MEDINA**  
*Officer-in-Charge, Director IV*  
*Bureau of Learner Support Services  
 and Learner Rights and Protection Office*

SUBJECT : **REQUEST AUTHORITY TO CHANGE DATE RE: NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON ADOLESCENT REPRODUCTIVE HEALTH (LUZON CLUSTER)**

DATE : September 11, 2024

This Office respectfully requests to change the date of the conduct of Navigating Wellness: Clustered/Regional Symposium on Adolescent Reproductive Health (Luzon Cluster), back-to-back orientation with the Peer Health Navigation, as follows:

REGION/ PARTICIPANTS	VENUE	DATE	
		FROM	TO
I	Within Clark, Pampanga	September 23-27, 2024	December 9-13, 2024
II			
III			
IV-A			
IV-B			
V			
CAR			
NCR			

The change is being requested due to the conflict of schedule of the host region, DepEd Regional Office III (Central Luzon).

Attached is the previously signed OUOPS memorandum for ready reference.

Thank you for your consideration.