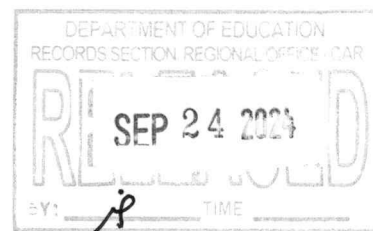




Republic of the Philippines  
**Department of Education**  
 CORDILLERA ADMINISTRATIVE REGION



23 September 2024

**REGIONAL MEMORANDUM**

No: 647.2024

**ROLL-OUT TRAINING ON UNIVERSAL PREVENTION CURRICULUM  
 FOR SUBSTANCE USE (MODULE 1)**

To: Assistant Regional Director  
 Schools Division Superintendent  
 Chief Education Supervisors of SGOD  
 All Others Concerned

1. The DepEd- CAR Regional Office through the Education Support Services Division- Health and Nutrition Section will conduct a roll-out training on the Universal Prevention Curriculum for Substance Abuse (Module 1) on October 14-19, 2024 in Tabuk City.
2. The objectives of the training are for the participants to:
  - a. be able to gain the foundational knowledge and skills to drug prevention that provides the most effective evidence-based prevention interventions on substance use and abuse, and
  - b. be able to apply the perspectives and competencies gained in implementing the UPC in their assigned schools.
3. The participants to the roll-out training are indicated in the table below:

Position/Designation	No. of Participants per SDO	Total No. of Participants
Medical Officers	1	8
NDEP Coordinator	1	8
Tobacco Control Coordinator	1	8
Youth Formator/PDO	1	8
Regional Office ESSD		4
Facilitators		2
Resource Speakers		3
Central Office		2
	Total	<b>43</b>



Address: DepEd-CAR Compound, Wangal, La Trinidad, Benguet, 2601  
 Telephone No: (074) 422 – 1318  
 Email Address: car@deped.gov.ph



DepEd Tayo Cordillera



<https://depedcar.ph>



Certificate No. PHP QMS 24 93 0192

4. Relative to this activity, the following amount will be downloaded to the following Schools Division Offices:

<b>SDO</b>	<b>Regional Roll-Out</b>	<b>Travel Expenses Regional Roll-out</b>	<b>For Division Roll-Out</b>	<b>Total Amount</b>
Abra		17,800.00		17,800.00
Apayao		15,600.00		15,600.00
Baguio City		19,000.00	145,850.00	164,850.00
Benguet		24,700.00	145,850.00	170,550.00
Ifugao		18,800.00		18,800.00
Kalinga		2,500.00	145,850.00	148,350.00
Mt. Province		16,410.00		16,410.00
Tabuk City	397,750.00			397,750.00
<b>Total</b>	<b>397,750.00</b>	<b>114,810.00</b>	<b>437,550.00</b>	<b>950,110.00</b>

5. The National Drug Education Program (NDEP) Focal of the Schools Division Offices will submit a list of participants approved by the Schools Division Superintendent and to be emailed to [car.essd@deped.gov.ph](mailto:car.essd@deped.gov.ph).

6. All participants are requested to bring their laptop and extensions and register to a link to be sent to the focal persons.

7. Expenses for the board and lodging will be charged to the UPC Fund downloaded to Tabuk City while travel expenses of the participants and speakers (except for the transportation of the speakers) shall be charged to the downloaded funds per SDO subject to the usual accounting and auditing rules.

8. Attached is the program matrix for your reference.

9. For questions and inquiries, please contact for questions and further clarifications, please contact Georgina C. Ducayso, ESSD Chief at cellphone number 0928-781-6074, or Raymond S. Damoslog, Medical Officer IV through email at [raymond.damoslog@deped.gov.ph](mailto:raymond.damoslog@deped.gov.ph).

10. Immediate dissemination of this memorandum is desired.

  
**ESTELA P. LEON-GARIÑO EdD, CESO III**  
Director IV/Regional Director 

Enclosure: As stated

ESSD/GCD/jsb. "Regional Roll-out UPC"  
September 23, 2024

**PROGRAM MATRIX**

<b>DAY 1: MONDAY October 14, 2024</b>		
<b>TIME</b>	<b>ACTIVITY</b>	<b>RESPONSIBLE PERSON</b>
AM	Travel Time/ Setting In	
12:00-1:00	LUNCH BREAK	
1:00-3:00	Registration	Facilitators
3:00-4:00	Opening Program	
4:00-4:10	Pre-test	Trainers and Facilitators
4:10-5:00	Brief Background of NDEP	Cynthia A. Cadawan, NII SDO Baguio
6:00-7:00	DINNER	
<b>DAY 2: TUESDAY October 15, 2024</b>		
<b>TIME</b>	<b>ACTIVITY</b>	<b>RESPONSIBLE PERSON</b>
6:30-7:30	BREAKFAST	
7:30-8:00	MOL	
8:00-11:00	Module I- Training Introduction	Angeline F. Calatan, MD MHO-Tuba, Benguet/ UPC Trainer
11:00-12:00	Module 3- Prevention Science: Definitions and Principles (cont.)	Carol C. Igualdo NII-SDO Benguet/ UPC Trainer
12:00-1:00	LUNCH BREAK	
1:00-2:00	Module 3- Prevention Science: Definitions and Principles (cont.)	Carol C. Igualdo NII-SDO Benguet/ UPC Trainer
2:00-5:00	Module 5- Evidence Based Prevention Interventions and Policies	Shairuz Caesar B. Dugay NII/ SDO Nueva Vizcaya/ UPC Trainer
6:00- 7:00	DINNER	
<b>DAY 3: WEDNESDAY October 16, 2024</b>		
<b>TIME</b>	<b>ACTIVITY</b>	<b>RESPONSIBLE PERSON</b>
6:30-7:30	BREAKFAST	
7:30- 8:00	MOL	
8:00-9:00	Module 5- Evidence Based Prevention Interventions and Policies (cont.)	Carol C. Igualdo NII-SDO Benguet/ UPC Trainer
9:00- 12:00	Module 2- Epidemiology of Substance Use and the Role of Prevention Intervention and Policies	Angeline F. Calatan, MD MHO-Tuba, Benguet/ UPC Trainer
12:00-1:00	LUNCH BREAK	
1:00-3:00	Module 2- Epidemiology of Substance Use and the Role of Prevention Intervention and Policies (cont.)	Angeline F. Calatan, RMT, MD MHO-Tuba, Benguet/ UPC Trainer
3:00-5:00	Module 4- Introduction to Monitoring and Evaluation: Key to Prevention Research	Shairuz Caesar B. Dugay NII/ SDO Nueva Vizcaya/ UPC Trainer
6:00- 7:00	DINNER	

<b>DAY 4: THURSDAY October 17, 2024</b>		
<b>TIME</b>	<b>ACTIVITY</b>	<b>RESPONSIBLE PERSON</b>
6:30-7:30	BREAKFAST	
7:30- 8:00	MOL	
8:00-9:00	Module 4- Introduction to Monitoring and Evaluation: Key to Prevention Research (Cont.)	Shairuz Caesar B. Dugay NII/ SDO Nueva Vizcaya/ UPC Trainer
9:00-12:00	Module 6- The Role of the Substance Use and Abuse Prevention Coordinator and Prevention Specialist	Angeline F. Calatan,MD MHO-Tuba, Benguet/ UPC Trainer
12:00-1:00	LUNCH	
1:00-2:30	Module 6- The Role of the Substance Use and Abuse Prevention Coordinator and Prevention Specialist (Cont.)	Angeline F. Calatan, MD MHO-Tuba, Benguet/ UPC Trainer
2:30-4:30	Module 7- Review of Introduction to Prevention Science: Application to Practice	Carol C. Igueldo NII-SDO Benguet/ UPC Trainer
4:30-5:00	Mainstreaming a Gender Perspective Drug-related Policies and Programs	Georgina G. Puctiyao NII/ SDO Kalinga
6:00- 7:00	DINNER	
<b>DAY 5: FRIDAY October 18, 2024</b>		
<b>TIME</b>	<b>ACTIVITY</b>	<b>RESPONSIBLE PERSON</b>
6:30-7:30	BREAKFAST	
7:30- 8:00	MOL	
8:00- 12:00	Action Planning and Presentation of Action Plans	Trainers
12:00-1:00	LUNCH	
1:00-3:00	Action Planning and Presentation of Action Plans (cont.)	Trainers
3:00-4:00	Administrative Concerns Next Steps House Clearing	Facilitators
4:00-6:00	Closing Program	Trainers and facilitators
6:00- 7:00	DINNER	
<b>DAY 6: SATURDAY October 19, 2024</b>		
<b>TIME</b>	<b>ACTIVITY</b>	<b>RESPONSIBLE PERSON</b>
6:30-8:00	BREAKFAST	
<b>BLESSED AND SAFE TRIP BACK HOME</b>		