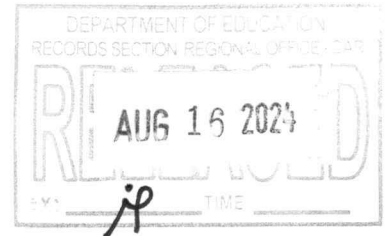




Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION



15 August, 2024

REGIONAL MEMORANDUM
No. 548.2024

**DENGUE FREE SCHOOLS: REITERATION OF DENGUE OUTBREAK
PREPAREDNESS AND RESPONSE**

TO: Assistant Regional Director
Schools Division Superintendent
School Health Personnel Concerned
All Others Concerned

1. The DOH Center for Health Development Cordillera (CHD-CAR), through its Regional Epidemiology and Surveillance Unit has already recorded 5,740 dengue cases from January 1 to July 6, 2024. This shows a 104% increase compared to the same monitoring period as of last year. Based on current data, ages affected with dengue range from 1-84 years old with a median of 22 which means 50% of cases being affected are age 22 years old and below. This scenario could skew the curve even more for this age group due to the imminent opening of classes for school year 2024-2025.
2. In response to this crisis, all schools and DepEd offices are enjoined to conduct the following activities:
 - a) Suspension of wearing skirt uniforms of students and encourage the use of loose pants and long sleeves to minimize exposed skin;
 - b) Reactivation of school Dengue brigades to lead the conduct of daily or habitual search and destroy activities to eliminate breeding grounds/ container in the school premises;
 - c) Referral of dengue suspect students/personnel to the nearest health center for early consultation; and
 - d) Promotion of 4S strategy among learners.
3. Attached is DOH-CHD-CAR Memorandum Circular No.2024-0037 for your perusal.
4. The link to the Dengue information, education, and communication materials will be emailed to the SDOs email addresses and medical officers.
5. Immediate dissemination of this memorandum is directed.


ESTELA P. LEON-CARIÑO EdD, CESO III
Director IV/Regional Director 

Enclosure as stated:
ESSD/GDC/rsd/ Dengue Free Schools: Reiteration of Dengue Outbreak Preparedness and Response
August 15, 2024



Address: DepEd-CAR Compound, Wangal, La Trinidad, Benguet, 2601
Telephone No: (074) 422 - 1318
Email Address: car@deped.gov.ph

 DepEd Tayo Cordillera



<https://depedcar.ph>



Certificate No. PHP QMS
24 92 9192



July 24, 2024

DOH-CHD-CAR MEMORANDUM CIRCULAR

No. 2024- **0037**

TO: ALL PROVINCIAL/CITY HEALTH OFFICES, PROVINCIAL/CITY DOH OFFICES, PROVINCIAL/CITY LOCAL GOVERNMENT UNITS, AND REGIONAL LINE AGENCIES IN CAR

FROM: FERDINAND M. BENBENEN, MD, DPCP, MHA, FPSMS
 Director IV

SUBJECT: Magkaisa Tayo Kontra sa Dengue

The DOH Center for Health Development Cordillera (CHD-CAR), through its Regional Epidemiology and Surveillance Unit, has already recorded 5,740 dengue cases from January 1 to July 6, 2024. This shows a 104% increase compared to the same monitoring period as of last year. Based on current data, ages affected with dengue range from 1-84 years old with a median of 22 which means that 50% of cases being affected are ages 22 years old and below. This scenario could skew the curve even more for this age group due to the imminent opening of classes for school year 2024-2025.

In support to DepEd's Brigada Eskwela 2024, the CHD-CAR enjoins everyone to proactively implement the Enhanced 4S for dengue prevention and control

1. Search and destroy all possible breeding places of mosquitoes especially in households and buildings during these rainy days.
 - Ensure that water containers/drums are cleaned before being filled with water and properly covered.
 - It is highly recommended to re/activate your respective Dengue Task Force Teams to ensure that the 4S activities are being implemented in your area/s.
2. Self-protect from mosquito bites by wearing long-sleeved and comfortably fitting clothes, pants instead of skirts for female students/pupils, used mosquito repellents, and install mosquito bed nets and insecticide treated curtains in schools, houses or buildings especially where dengue burden is high.
3. Seek early consult at your nearest primary care facility, health center or hospital if these symptoms listed below are being felt. Remember that early diagnosis and management lessens the probability of severe dengue and even mortality.
 - a. Fever
 - b. Pain felt behind the eyes



The round metal gong of the Cordillera known as **ganga** is a symbol of the Cordillera's rich culture that has been passed on from generations to another. The **profile of a person blowing a "tangguyub"** represents a community being called for an important matter or action. The **lines that shape the mountains, the rice terraces, clouds and rivers** symbolize the connectivity and flow of human relations in a geographic area such as the Cordillera. **All the symbols combined** represent unity, kinship, and the people





Republic of the Philippines
Department of Health
CENTER FOR HEALTH DEVELOPMENT
Cordillera Administrative Region



BGHMC Compound, Baguio City 2600

• TRUNK LINE #s 09399876270, 09399887280, 09399877406, 09178132604 • WEBSITE www.caro.doh.gov.ph

- c. Headache
 - d. Rashes
 - e. Joint pains
 - f. Vomiting
- It is important to have a dengue fast lane established in your respective schools, offices and establishments to facilitate smooth referral of probable dengue cases to the nearest hospital or health facility of choice.
 - If suspected as a dengue case, one must sustain hydration by drinking at least 5 glasses of water per day. With this practice, studies have shown a decreased risk of hospitalization among patients.
4. Support fogging or misting in hotspot areas. This shall be done on weekends and it should be coordinated with the health center or rural health unit nearest to your school, office or establishment for its implementation.

For your information and wide dissemination to respective municipal local government units.



The round metal gong of the Cordillera (Kankay) is a **gangsa** symbol of the Cordillera region that has been passed on from generation to another. The **profile of a person blowing a tangguyub** represents a community being called for an important matter in a community. The **lines that shape the mountains, the rice terraces, clouds and rivers** symbolize the connectivity and flow of such an element in a geographic area such as the Cordillera. **All the symbols combined** represent unity and harmony in the Cordillera region.

