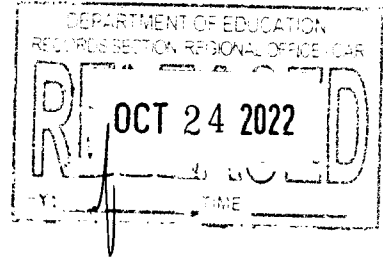




Republic of the Philippines
Department of Education
 Cordillera Administrative Region
 Wangal, La Trinidad, Benguet



October 20, 2022

REGIONAL MEMORANDUM
 No. 524-2022

**REGIONAL TRAINING ON FILIPINO SIGN LANGUAGE CUM MENTAL HEALTH
 AWARENESS AND STRESS MANAGEMENT
 FOR SPED EDUCATORS**

To: Assistant Regional Director
 Schools Division Superintendents
 All Schools Division Offices
 All Others Concerned

1. The Department of Education – Cordillera Administrative Region, through the Curriculum and Learning Management Division (CLMD) will be conducting a **Regional Training on Filipino Sign Language cum Mental Health Awareness and Stress Management for SPED Educators** in three clusters on the days/dates and venues specified below:

Cluster & Schools Division Office	Days/Dates	Venue
I: Abra and Apayao Host SDO: Abra	To be announced: Thursday, Friday & Saturday c/o of the host SDO	To be announced c/o of the host SDO
II: Baguio City, Benguet and Mt. Province Host SDO: Benguet	To be announced: Thursday, Friday & Saturday c/o of the host SDO	To be announced c/o of the host SDO
III: Ifugao, Kalinga & Tabuk City Host SDO: Tabuk City	To be announced: Thursday, Friday & Saturday c/o of the host SDO	To be announced c/o of the host SDO

2. The purposes of this activity are the following:
- Capacitate the participants on the use of Filipino sign Language;
 - Promote the use of FSL among teachers;
 - Strengthen the use of FSL as the medium of instruction in teaching Deaf or Hard of Hearing;
 - Raise awareness on mental health continuum;
 - Provide skills needed to offer support when educators experience stress; and
 - Develop good rapport, relationship, and self-confidence between and among SPED Educators.
3. Participants to this activity are the receiving elementary and secondary teachers handling Children with Hearing Impairment or Learners with Difficulty in Hearing.



4. Below is the summary and expected number of participants:

Participants	Expected Number
Cluster I:	
RO Personnel (RD/ARD, OIC-CLMD, SPED Focal, ADAS)	4
SDO Abra Personnel (SDS/ASDS, CID Chief, M&E Representative)	3
Abra: Elementary and High School Receiving Teachers	11
Apayao: Elementary and High School Receiving Teachers	11
SDO SPED Focal Persons	2
Resource Speakers	5
TOTAL	36
Cluster II:	
RO Personnel (RD/ARD, OIC-CLMD, SPED Focal)	3
SDO Benguet Personnel (SDS/ASDS, CID Chief, M&E Personnel, School Head of Puguis ES)	4
Baguio City: Elementary and High School Receiving Teachers	10
Benguet: Elementary and High School Receiving Teachers	10
Mt. Province: Elementary and High School Receiving Teachers	10
SDO SPED Focal Persons	3
Resource Speakers	5
TOTAL	45
Cluster III:	
RO Personnel (RD/ARD, OIC-CLMD, SPED Focal, ADAS, M&E Representative)	4
SDO Tabuk City Personnel (SDS/ASDS, CID Chief, M&E Representative)	3
Ifugao: Elementary and High School Receiving Teachers	9
Kalinga: Elementary and High School Receiving Teachers	9
Tabuk City: Elementary and High School Receiving Teachers	9
SDO SPED Focal Persons	3
Resource Speakers	5
TOTAL	42

5. Identified participants shall be relieved from their regular tasks during the said activity. However, shall prepare activities to be given to the learners.
6. The school heads, head teachers or department heads shall handle the class of the teachers as contingency measure to ensure continuity of learning.
7. Relative to this activity, there shall be a planning meeting to be attended by the RO and Host SPED Focal Person and Resource Speakers. The schedule shall be based on the free time and/or availability of the resource speakers and may be conducted onsite or online.
8. Further, resource speakers in Araling Panlipunan shall submit their AVP on or before November 11, 2022 for the validation by the Deaf Community.
9. Attached for your reference are the following Enclosures:
- a. Enclosure 1: Template for the List of Participants
 - b. Enclosure 2: Activity Matrix for Cluster I

- c. Enclosure 3: Activity Matrix for Cluster II
- d. Enclosure 4: Activity Matrix for Cluster III

10. List of participants shall be submitted one week before the scheduled activity as basis in the preparation of certificates. Should there be changes of participants, SDO Focal shall inform the RO Focal 2-3 days before the activity.

11. Participants shall be granted COCs/CTOs or Service Credits subject to existing DepEd and CSC rules and regulations by their respective Schools Division Offices and Regional Office as the case may be.

12. Accommodation and Meals for three (3) days shall be charged to the downloaded Special Education Program Funds for Filipino Sign Language while travel and other incidental expenses of the participants shall be charged to School MOOE/Local Funds subject to usual accounting and auditing rules and regulations.

13. Below is the summary of meals and accommodation:

Particulars	Day 0	Day 1	Day 2	Day 3
Breakfast	/	/	/	/
AM Snack	/	/	/	/
Lunch	/	/	/	/
PM Snack	Arrival and Check-in	/	/	/
Dinner	/	/	/	/
Accommodation	/	/	/	/

14. Strict observance of health and safety protocols like wearing of facemasks, physical distancing, disinfection, handwashing, and refrain from going in and out of the venue during the duration of the activity.

15. For any inquiry or concern you may contact the OIC of CLMD, Rosita C. Agnasi through her email address at rosita.agnasi@deped.gov.ph or the Regional SPED Focal Person, Denia O. Tarnate through e-mail: denia.tarnate@deped.gov.ph.

16. Immediate dissemination of and strict compliance with this Memorandum is directed.


ESTELA P. LEON-CARIÑO EdD, CESO III
 Director IV/ Regional Director

Activity Matrix

Cluster I: SDOs Abra and Apayao

Date and Time	Session Title	Resource Speaker	Facilitator	Secretariat/ Technical Support
Day 0:				
3:00 PM onwards	Check-in/ Registration & Preparation			
Day 1				
8:00-9:00	Opening Program		TWG	ADAS
9:01-10:30	Orientation on RA 11106	Pedro Talingdan Jr EPS, SDO SPED Focal Abra	TWG	
10:30-12:00	Orientation on the Deaf Culture			
12:01-1:00				
1:00-5:00	English & Filipino	Arlene Company Master Teacher I Baguio SPED Center		
5:01 – 6:00	Debriefing of Technical Working Group		SDO HR and M&E Personnel RO&SDO SPED focal Persons Resource Speakers	
Day 2:				
8:00 – 8:15	Preliminaries	Assigned SDO		
8:15 – 12:00	AP	Clyde Praille Burgos SPET III Benguet SPED Center	Jeanalyn Parinas EPS, SDO SPED Focal Apayao	
12:01 – 1:00				
1:01 – 5:00	Math	Jeffrey Munar SPET III Baguio SPED Center		
5:01 – 6:00	Debriefing of Technical Working Group		SDO HR and M&E Personnel RO&SDO SPED focal Persons Resource Speakers	
Day 3:				
8:00 – 8:15	Preliminaries	Assigned SDO		

8:15 – 12:00	Science	Joy B. Fernandez	Pedro Talingdan Jr EPS, SDO SPED Focal Abra	
12:01 – 1:00	Lunch Break			
1:00-4:00	Mental Health Awareness and Stress Management for SPED Educators	Resource Speaker	Jeanalyn Parinas EPS, SDO SPED Focal Apayao	
4:01-5:00	Ways Forward and Closing Program			
5:01 onwards	Home Sweet Home			

Activity Matrix

Cluster II: SDOs Baguio City, Benguet and Mt. Province

Date and Time	Session Title	Resource Speaker	Facilitator	Secretariat/ Technical Support
Day 0:				
3:00 PM onwards	Check-in/ Registration & Preparation			
Day 1				
8:00-9:00	Opening Program		TWG	ADAS
9:01-10:30	Orientation of RA 11106	Denia Tarnate EPS, RO SPED Focal	Erlinda C. Qunino-an EPS, SDO SPED Focal Benguet	
10:30-12:00	Orientation on the Deaf Culture			
12:01-1:00				
1:00-5:00	English & Filipino	Jeffrey Munar SPET III Baguio SPED Center		
5:01 – 6:00	Debriefing of Technical Working Group		SDO HR and M&E Personnel RO&SDO SPED focal Persons Resource Speakers	
Day 2:				
8:00 – 8:15	Preliminaries	Assigned SDO		
8:15 – 12:00	AP	Clyde Praille Burgos SPET III Benguet SPED Center	Marina D. Tabangcura EPS, SDO SPED Focal Baguio City	
12:01 – 1:00				
1:01 – 5:00	Math	Arlene Company Master Teacher I Baguio SPED Center		
5:01 – 6:00	Debriefing of Technical Working Group		SDO HR and M&E Personnel RO&SDO SPED focal Persons Resource Speakers	
Day 3:				
8:00 – 8:15	Preliminaries	Assigned SDO		

8:15 – 12:00	Science	Joy B. Fernandez SPET I Benguet SPED Center	Rose Kiser EPS, SDO SPED Focal Mt. Province	
12:01 – 1:00	Lunch Break			
1:00-4:00	Mental Health Awareness and Stress Management for SPED Educators	Resource Speaker		
4:01-5:00	Ways Forward and Closing Program		Assigned SDO	
5:01 onwards	Home Sweet Home			