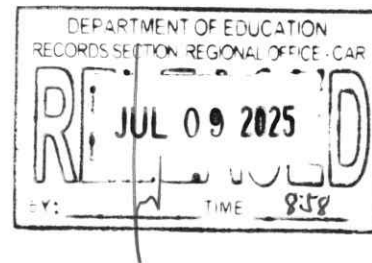




Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION



08 July 2025

REGIONAL MEMORANDUM

No. 488.2025

2025 NUTRITION MONTH CELEBRATION

To: Assistant Regional Director
Schools Division Superintendents
Elementary and Secondary School Heads
School Health Personnel
All Others Concerned

1. In line with Presidential Decree No. 491, also known as the Nutrition Act of the Philippines, which mandates the observance of Nutrition Month every July to raise awareness on the importance of good nutrition, the Department of Education-Cordillera Administrative Region enjoins all Schools Division Offices (SDOs) and schools to actively participate in this year's celebration.
2. To sustain the promotion of the Philippine Plan of Action for Nutrition (PPAN) 2023-2028, which serves as the country's strategic framework for improving nutrition, the National Nutrition Council (NNC) Technical Committee has established an overarching theme for the Nutrition Month campaigns from 2025 to 2028. Each year, a specific subtheme will be selected to highlight one of the key pillars of the PPAN.
3. The overarching theme for 2025-2028 is **"Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat,"** with this year's subtheme, **"Food at Nutrition Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!"** This year's subtheme emphasizes that every individual has the right to proper nutrition, regardless of their economic status, and that a healthy diet is essential for promoting well-being and preventing malnutrition. The campaign calls for a collective effort to ensure that nutritious food is within reach for every Filipino household, reinforcing the idea that food and nutrition security is fundamental to human dignity and health.
4. All SDOs and schools are strongly encouraged to organize and implement activities that support the Department's goals of promoting learner's health, ensuring food and nutrition security, and fostering sustainable school environments. Resources and materials to support these activities are available at **bit.ly/NMCollaterals2025**.
5. All SDOs are requested to submit their Nutrition Month Reports through this link: **<https://tinyurl.com/2025NMCelebrations>** on or before August 8, 2025.
6. For concerns and clarifications, please contact Georgina C. Ducayso, ESSD Chief Education Supervisor through email car.essd@deped.gov.ph or Diane B. Joaquin, Nutritionist Dietitian II through email diane.joaquin@deped.gov.ph.
7. Immediate dissemination of and compliance with this Memorandum is desired.


ESTELA P. LEON-GARINO EdD, CESQ III
Director IV/ Regional Director

Address: DepEd-CAR Compound, Wangal, La Trinidad, Benguet, 2601
Telephone No: (074) 422 - 1318
Email Address: car@deped.gov.ph



DepEd Tayo Cordillera



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