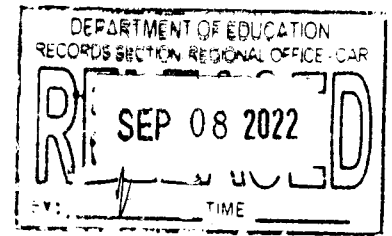




Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region



September 6, 2022

**REGIONAL MEMORANDUM**

No. 454-2022

**PARTICIPATION IN THE SHAPE-A TRAINING OF TRAINERS**

To: Assistant Regional Director  
Schools Division Superintendent  
All Schools Division Offices  
All Others Concerned

1. In response to the letter request of Cecille A. Basawil, OIC Regional Director, Commission on Population and Development (POPCOM)- Cordillera Administrative Region dated August 31, 2022, the Department of Education Cordillera Administrative Region through the Curriculum and Learning Management Division (CLMD) has identified speakers for the Sexually Healthy and Personally Empowered Adolescents (SHAPE-A) Training of Trainers on September 14-16, 2022 at Rajah Soliman Hotel Bokawkan Road Baguio City.

2. Speakers to this activity are the following:

Name	Position
Lolita A. Manzano	EPS, MAPEH - SDO Baguio
Warden A. Baltazar	EPS, MAPEH - SDO Benguet
Edgar D. Vicente	EPS, MAPEH - CLMD
Angeline F. Calatan	Medical Officer IV - ESSD

3. Meals and accommodation are charged to POPCOM-DEV fund while travel shall be charged to local funds subject to usual government accounting and auditing rules and regulations. Attached the request and program of activities.

4. Wide dissemination of and compliance with this Memorandum is directed.

**ESTELA P. LEON-CARIÑO EdD, CESO III**

Director IN/Regional Director

CLMD/RCA/edu



September 08, 2022

**MR. METE L. CARINO, EdD, CESO III**

Regional Director

Department of Education - Cordillera Administrative Region

**ATTN: ROSITA C. AGNANI**

OIC-Chief Education Supervisor

Curriculum Management Learning Division (CLMD)

Dear Director Carino:

Greetings of good health and safety!

Relative to the letter sent earlier on the conduct of the SHAPE Training of Trainers activity scheduled on September 13-15, 2022 in Rajah Soliman Hotel, Bokawkan Road, Baguio City, this is to inform you that the activity will be moved to September 14-16, 2022. September 13, 2022 was declared a holiday in the Cordillera Administrative Region in celebration of the 36th anniversary of the historic Mount Data 'sipat' for the exchange of peace tokens between the Philippine Government and the Cordillera Bulong Administration-Cordillera Peoples Liberation Army (CBA-CPLA).

We hope that you can also make the necessary adjustments to the schedule of invited speaker from your agency.

Our Information Officer I, Mr. Alfredo C. Cañero III, will coordinate with you for this request. He may be contacted through his cellphone number 0939-666-9936, telephone number (074) 444-5212, or send us an email at [car@popcom.gov.ph](mailto:car@popcom.gov.ph).

Thank you for your continuous support in empowering Cordilleran Families.

Very truly yours,



**ROSITA C. AGNANI**

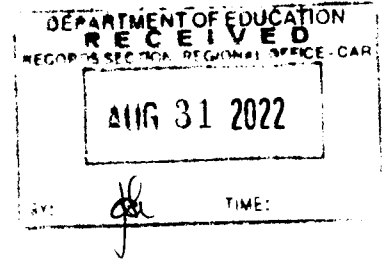
Regional Director



Republic of the Philippines  
CORDILLERA ADMINISTRATIVE REGION (CAR)

**COMMISSION ON POPULATION AND DEVELOPMENT**

*Empowering Filipino Families*



August 31, 2022

**DIR. ESTELA L. CARIÑO, EdD., CESO III**

Regional Director

Department of Education –Cordillera Administrative Region

**ATTN: ROSITA C. AGNASI**

OIC-Chief Education Supervisor

Curriculum Management Learning Division (CLMD)

Dear Director Cariño:

Greetings of good health and safety!

The Commission on Population and Development (POPCOM)-Cordillera Administrative Region will be conducting SHAPE Training of Trainers on September 13-15, 2022 in Rajah Soliman Hotel, Bokawkan Road, Baguio City. The participants will be coming from Baguio and Benguet Technical Vocational Institutions (TVIs) accredited by the Technical Education and Skills Development Authority.

This activity on the adolescent health and development program is in support of the comprehensive sexuality education and adolescent health education program of the department of education cordillera administrative region

*Edgar*

With this, may we invite Edward Vicente, EPS-MAPEH, and four (4) trained teachers of SHAPE from Baguio and Benguet Division to serve as resource persons or speakers of the said activity.

Attached is the planned program of activities for your reference.

Our Information Officer I, Mr. Alfredo C. Canero III will coordinate with you for this request. He may be contacted through his cellphone number 0939-666-9936, telephone number (074) 444-5212, or send us an email at [car@popcom.gov.ph](mailto:car@popcom.gov.ph).

Thank you for your continuous support in empowering Cordilleran Families.

Very truly yours,

*Cecile A. Basawil*  
**CECILE A. BASAWIL** *8/31*  
OIC-Regional Director



**SHAPE Training of Trainers**  
**September 13-16, 2022**  
**New Rajah Soliman Hotel, Bokawkan Road, Baguio City**

**PROGRAM OF ACTIVITIES**

DATE	TIME	ITINERARY	RESPONSIBLE
	2:00 PM onwards 6:00 PM onwards	Arrival and Billeting	
Day 1	8:00 - 8:30 AM	Preparation and Registration of Participants	POPCO-CAR
	8:30 - 9:00 AM	Preliminaries - Prayer - Lupang Hinirang - Cordillera Hymn - Acknowledgment of Participants  - Message from RD's	POPCOM-CAR  Cecile A. Basawil OIC Regional Director POPCOM
		Getting to Know each other Leveling Off	Alfredo Canero III Information Officer I POPCOM-CAR
	9:00 AM - 9:30 NN	Introduction of the activity and its objectives	Edgar Vicente EPS MAPEH DEPED-CAR
	9:30 AM to 10:00 AM	AM Snacks - Break	
		Introduction of Speaker 1	POPCOM/DepEd CAR
	10:00 to 12:00 NN	Module 1: Growing Up	DepEd CAR
	12:00 NN to 1:00 PM	Lunch Break	
		Introduction of Speaker 2	POPCOM/DepEd-CAR
	1:00 to 3:00 PM	Module 2: Changing Feeling and Expectations	DepEd CAR
	3:00 to 3:30 PM	PM Snacks - Break	DepEd
	3:30 to 5:00 PM	Continuation of Module 2	RPs
Day 2	8:00 -8:30 AM	MOL	Abra & Apayao
		Introduction to Speaker 3	POPCOM/DepEd
	8:30 to 10:00 AM	Module 3: Changing Relationships	DepEd CAR
	10:00 to 10:30 AM	AM Snack - Break	
	10:30 to 12:00 NN	Continuation of Module 3	

Units A1-A4 New Rajah Soliman Hotel and Restaurant, #44 Bokawkan Road, Baguio City, Philippines 2600  
Tel No.: (074) 444 -5516 Fax No.: (074) 444-5212 Website: <http://car.popcom.gov.ph>



POPCOM Cordillera Administrative Region



Republic of the Philippines  
**CORDILLERA ADMINISTRATIVE REGION (CAR)**

**COMMISSION ON POPULATION AND DEVELOPMENT**

*Empowering Filipino Families*

	12:00 - 1:00 PM	Lunch Break	
		Introduction to Speaker 4	DepEd CAR/POPCOM
	1:00 - 3:00 PM	Module 4: Having a Safe, Healthy, and Happy Adolescence	DepEd CAR
	3:00 to 3:30 PM	PM Snacks - Break	Participants
	3:30 to 5:00 PM	Continuation of Module 4	
Day 3	8:00 to 8:30 PM	MOL	Participants
	8:30 AM to 12:00 NN	Return Demo	RPs and Participants
	12:00 NN to 1:00 PM	Lunch Break	
	1:00 to 4:00 PM	Schools Division Roll-Out Planning	=, POPCOM-CAR and Participants
	4:00 pm to 5:00 pm	Closing Program	Participants
Day 4		Departure	

Units A1-A4 New Rajah Soliman Hotel and Restaurant, #44 Bokawkan Road, Baguio City, Philippines 2600  
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POPCOM Cordillera Administrative Region

