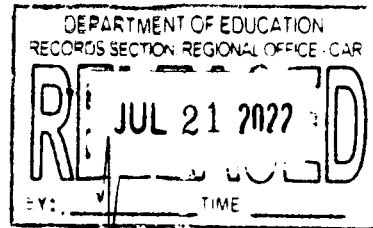




Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region



July 21, 2022

**REGIONAL MEMORANDUM**

No. 362-2022


**CONDUCT OF REGIONAL NUTRITION MONTH CULMINATING PROGRAM**

To: Assistant Regional Director  
All Division Chiefs/OIC  
All SBFP Division and School Focal Persons  
All Health Personnel  
All Others Concerned

1. Pursuant to Section 7 of Presidential Decree No. 491 otherwise known as the Nutrition Act of the Philippines, July was declared as Nutrition Month to create awareness among Filipinos on the importance of good nutrition.
2. The theme for this year's Nutrition Month campaign is "*New normal na nutrisyon, sama-samang gawan ng solusyon!*". The theme calls for strengthened nutrition interventions and solidarity towards nutrition improvement as the country shifts towards living with the COVID-19 virus. It also signifies the key role of nutrition in building resilience from pandemic to endemic paradigm
3. Relative to this, a blended onsite and online Regional Nutrition Month Culminating Program will be conducted on July 25, 2022, 9:30 am onwards at DepEd-CAR Regional Office Grounds for onsite participants and via google meet for online participants.
4. Participants to the activity are listed in Enclosure 1. All identified Regional Office participants are encouraged to join onsite while participants from SDOs will join via google meet. The link will be sent to participant's email address after accomplishing the registration form <https://forms.gle/PPvuYAtRNNxcd4JLA>.
5. A Nutri-fair will be conducted in the afternoon for all Regional Office employees and to nearby SDOs who may want to avail the services provided. Refer to Enclosure 2 for the Program of Activities.
6. Strict compliance with this Memorandum is desired.

**ESTELA P. LEON-CARIÑO EdD, CESO III**  
Director IV/Regional Director

For the Regional Director:

  
**MAKSIM A. BOTILAS**  
Chief Administrative Officer  
Administrative Division



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DepEd-CAR: Weaver of HOP and Transformation  
"Holistic Opportunities for all to be Performing and Excellent Cordilleran Learners"



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Enclosure 1. List of Onsite Participants

<b>Division</b>	<b>Name</b>
ORD	1. Cariño, Estela L. 2. Vergara, Florante E. 3. Papa, Glenn P. 4. Teliao, Dalton S. 5. Magalalit, Edward Jr. 6. Dizon, Shaira Kaye B.
Admin	7. De Los Santos, Purita D. 8. Colas, Dwayne Ryland P. 9. Mendoza, Mary O. 10. Montes, Mathemar B. 11. De Leon, Karyl Paz A. 12. Mendoza, Mary O. 13. Tawana, Elena C. 14. Urmaza, Eric Marvin B. 15. Gawidan, Sharmaine M. 16. Mangmangon, Jeric B.
ESSD	17. Madlaing, Edgar H. 18. Bañares, Joseph B. 19. Bumanghat, Joane S. 20. Calatan, Angeline F. 21. Jimenez, May Claire. 22. Joaquin, Diane 23. Malag, Evangeline P. 24. Calixto, Jester Seth. 25. Tasing, Sylvester S. 26. Sangcaan, Vincent
FTAD	27. Flores, Rose Melody 28. Valdez, Marjory T.
Finance	29. Rique, Leah A. 30. Aquino, Eugene C.
NEAP	31. Mente, Nover Keithley S. 32. Likigan, Laureen B. 33. Minong, Rushel W.
HRDD	34. Gardingan, Margie B. 35. Gabol, Emmanuela M.
QAD	36. Basa, Romulo B. 37. Cayasen, Annie Rose B. 38. Gallotan, Ester L.
Invited guests	7 pax
<b>Total</b>	<b>45</b>



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Enclosure 2. Program of Activities

<b>Time</b>	<b>Activities</b>	<b>Person In charge</b>
<b>Part I</b>		
9:00-9:30	Registration	Secretariat
9:30-9:15	Opening Preliminaries	AVP
9:15-9:30	Welcome Message	<b>Estela P. Leon-Cariño EdD, CESO III</b> Director IV/Regional Director, DepEd-CAR
9:30-10:00	Overview of Nutrition Month Theme Key Messages	<b>Bella M. Basalong</b> OIC-Nutrition Program Coordinator, NNC-CAR
10:00-10:05	Introduction of Resource Person	
10:05-11:00	Sustainable healthy diets during the new normal	<b>Invited Speaker</b>
11:00-12:-00	Nutri-fun Games	<b>Diane Joaquin</b> ND II, DepEd-CAR
<b>Part II</b>		
1:00-4:00	Nutri-Fair Booths <ul style="list-style-type: none"><li>• Weight and height, Waist-Hip Ratio</li><li>• Body fat analysis</li><li>• Nutrition counseling</li><li>• Dental services</li><li>• Seed distribution</li><li>• Indigenous foods/crop products</li></ul>	All RO Employees and nearby SDOs