



Republic of the Philippines
DEPARTMENT OF EDUCATION
CORDILLERA ADMINISTRATIVE REGION

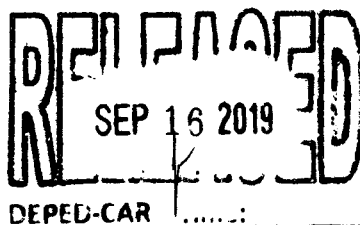
Wangal, La Trinidad, Benguet, 2601
Tel: (074) 422 - 1318 | Fax: (074) 422-4074
Website: www.depedcar.ph | Email: car@deped.gov.ph



September 12, 2019

REGIONAL MEMORANDUM

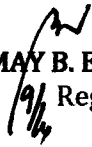
No. **295.2019**



**TRAINING ON THE UNIVERSAL PREVENTION CURRICULA (UPC) FOR SUBSTANCE USE:
Curriculum 2 - Physiology and Pharmacology for Prevention Specialist**

To: Schools Division Superintendents
All Other Concerned Personnel

1. The Department of Education - Cordillera Administrative Region Office through the Education Support Services Division will conduct the Training on the UNIVERSAL PREVENTION CURRICULA (UPC) FOR SUBSTANCE USE: Curriculum 2 on October 14-18, 2019 in Baguio City.
2. The training aims to capacitate the participants by:
 - a. Providing all participants, regardless of gender, with an understanding of the physiology of addiction as a brain disease;
 - b. Providing participants with information about the pharmacology of psychoactive substances; and
 - c. Identifying the difference in the effect of substance use among women and the youth.
3. Participants to this activity are those who have completed their training in UPC 1. Schools Division offices are requested to confirm the attendance of their respective participants on or before **September 27, 2019** using the attached format. The list of participants is also attached for your reference.
4. All participants are requested to arrive and check -in on October 14, 2019. First meal will be afternoon snack. Check - out is after the breakfast on October 18, 2019.
5. Meals and lodging shall be charged to the downloaded UPC fund. Funds to augment traveling expenses has been downloaded to the schools division offices. All other expenses incurred shall be charged against local funds, subject to the usual accounting rules and regulations.
6. Immediate and wide dissemination of this Memorandum is desired.


MAY B. ECLAR, Ph.D., CESO V
Regional Director

ESSD/ABG/afc



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**Confirmation of Attendance to the Training on the Universal Prevention
Curricula (UPC) for Substance Abuse: Curriculum 2**

October 14-18, 2019, Baguio City

Division of _____

Name	SEX		Position/ Designation	Contact Number	Will attend?		REMARKS
	M	F			YES	NO	
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

Prepared by:

Head, School Health Unit

**Please email accomplished form to
essd.depedcar@gmail.com
on or before September 27, 2019;
Attn: Dr. Angeline F. Calatan**

Recommending Approval:

Chief Education Supervisor, SGOD

Approved:

Schools Division Superintendent



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TRAINING ON THE UNIVERSAL PREVENTION CURRICULA ON SUBSTANCE USE:

Curriculum 2

October 14-18, 2019

MASTER AGENDA

DAY 0: October 14, 2019		
2:00 - 4:00	Registration/Settling in of Participants	c/o ESSD
4:00 - 4:30	Opening Program	c/o ESSD
4:30 - 6:00	Orientation and first group activity	
6:00-7:00	DINNER	
DAY 1: October 15, 2019		
6:30 - 7:30	BREAKFAST	
7:30 - 8:00	MOL	
8:00 - 8:30	Pre-test	
9:00 - 12:00	Module 1 - Training Introduction	UPC Global Master Trainer/ National Trainer/ UPC Trained CAR personnel
12:00-1:00 -	LUNCH BREAK	
1:00 - 6:00	Module 2- Introduction to Psychoactive Substances	UPC Global Master Trainer/ National Trainer/ UPC Trained CAR personnel
6:00-7:00	DINNER	
Day 2- October 16, 2019		
6:30 - 7:30	BREAKFAST	
7:30 - 8:00	MOL	
8:00 - 12:00	Module 3 - The Science of Addiction	UPC Global Master Trainer/ National Trainer/ UPC Trained CAR personnel
12:00 - 1:00	LUNCH BREAK	
1:00 - 6:00	Module 4 - Social Stigma	UPC Global Master Trainer/ National Trainer/ UPC Trained CAR personnel
6:00-7:00	DINNER	
Day 3- October 17, 2019		
6:30 - 7:30	BREAKFAST	
7:30 - 8:00	MOL	
8:00 - 10:30	Module 5- Substances and Abuse: Characteristics and Consequences	UPC Global Master Trainer/ National Trainer/ UPC Trained CAR personnel
10:30 - 11:30	Module 6- Review of Physiology and Pharmacology: Application to Practice	UPC Global Master Trainer/ National Trainer/ UPC Trained CAR personnel
11:30 - 12:00	Post test	Dr. Angeline F. Calatan
12:00 - 1:00	LUNCH BREAK	
1:00 - 4:00	Action Planning and Presentation of Action Plans	ESSD
4:00 - 6:00	Administrative Concern Next Step House Clearing Closing Program	
6:00-7:00	DINNER	
Day 4- October 18, 2019		
6:30-8:00	BREAKFAST	
8:00-8:30	Home Sweet Home	

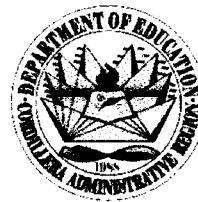


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TRAINING ON THE UNIVERSAL PREVENTION CURRICULA ON SUBSTANCE USE:

Curriculum 2

October 14-18, 2019

PARTICIPANTS:

Global Master Trainers/ National Trainers: (May change depending on availability)

Dr. Maria Corazon C. Dumlao – Chief, SHD - BLSS
Girle G. Azurin – SEPS, SHD - BLSS
Prof. Francis Grace Duka-Pante – Director, UP-ASEAN Training Center for Preventive Drug Education
Pastor Little Jones Espeleta – Executive Pastor, Life in Jesus Evangelical Mission Church International

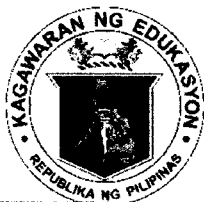
Facilitators/CAR UPC Trained personnel:

Maria Clotilde Corazon H. Zosa – MO IV, SDO Baguio
Mary Grace Matias, MO III, SDO Benguet
Genevieve Gumiyao, GC, SDO Baguio
*QuAME representative (RO)

No.	LAST NAME	FIRST NAME	M	F	DIVISION
1.	Balmaceda	Romelia Mae		✓	Abra
2.	Barbero	Sonia		✓	Abra
3.	Bernardez	Jose	✓		Abra
4.	Bringas	Henrieta		✓	Abra
5.	Cariño	Darren	✓		Abra
6.	Catriz	Leoberth	✓		Abra
7.	Damian	Janssen Basil	✓		Abra
8.	Palos	Criselda		✓	Abra
9.	Sulian	Nida		✓	Abra
10.	Turqueza	Jocelyn		✓	Abra
11.	Banaga	Rolly	✓		Apayao
12.	Castillo	Louren		✓	Apayao
13.	Cruzado	Rowena		✓	Apayao
14.	Gonayon	Sheryl		✓	Apayao
15.	Laoag	Cecilia		✓	Apayao
16.	Pascua	Vernalyn		✓	Apayao
17.	Peña	Noeme		✓	Apayao
18.	Tomas	Verbina		✓	Apayao
19.	Ananayo	Randolph	✓		Baguio
20.	Bab-anga	Samuel	✓		Baguio
21.	Base	Agapita		✓	Baguio
22.	Cadawan	Cynthia		✓	Baguio
23.	Dogaong	Estefany		✓	Baguio
24.	De Jesus	Jocelyn		✓	Baguio
25.	Lem-ew	Lea		✓	Baguio
26.	Manzano	Lolita		✓	Baguio
27.	Padlan	Ofelia		✓	Baguio
28.	Repalda	Anna Melissa		✓	Baguio
29.	Acbayaan	Ayson	✓		Benguet



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30.	Compalas	Alcero	✓		Benguet
31.	Dolnagon	Tina		✓	Benguet
32.	Doman	Arvin	✓		Benguet
33.	Igualdo	Luis	✓		Benguet
34.	Kelcho	Kenneth	✓		Benguet
35.	Lipas	Rommell	✓		Benguet
36.	Malafu	Rolando	✓		Benguet
37.	Quinuan	Erlinda		✓	Benguet
38.	Tabanganay	Ivy		✓	Benguet
39.	Yaco	Lorna		✓	Benguet
40.	Agsaoay	Feliciano Jr.	✓		Kalinga
41.	Alicog	Leah		✓	Kalinga
42.	Belgica	Ruby		✓	Kalinga
43.	Dagadag	Guia Grace		✓	Kalinga
44.	Domallig	Jeanette		✓	Kalinga
45.	Felix	Felcisimo	✓		Kalinga
46.	Galdoc	Fernando	✓		Kalinga
47.	Lacamen	Xmy		✓	Kalinga
48.	Layugan	Ireneo	✓		Kalinga
49.	Binwag	Brenda		✓	Ifugao
50.	Camhit	Genevieve		✓	Ifugao
51.	Dumawat	Arnold	✓		Ifugao
52.	Famorca	Valerio II	✓		Ifugao
53.	Gopeng	Joan		✓	Ifugao
54.	Gulgulway	Joel	✓		Ifugao
55.	Pagaddut	Uzman	✓		Ifugao
56.	Yongoyong	Arsenio	✓		Ifugao
57.	Codod	Renalyn		✓	Mt. Province
58.	Felix	Veron		✓	Mt. Province
59.	Fiangrayan	Brenda		✓	Mt. Province
60.	Kisofen	Arnel	✓		Mt. Province
61.	Libongen	John	✓		Mt. Province
62.	Lite	Nemia		✓	Mt. Province
63.	Magno	Mary Ann		✓	Mt. Province
64.	Masweng	Jessica		✓	Mt. Province
65.	Ngollob	Portia		✓	Mt. Province
66.	Tukaki	Garry	✓		Mt. Province
67.	Aplod	Maria Deborah		✓	Tabuk City
68.	Dakiwag	Jocelyn		✓	Tabuk City
69.	Dayao	James Ceasar	✓		Tabuk City
70.	Depagon	Esmeralda		✓	Tabuk City
71.	Flores	Federico Jr.	✓		Tabuk City
72.	Messakaraeng	Elenor May Chantal		✓	Tabuk City
73.	Velo	Benita		✓	Tabuk City
74.	Andaya	Michelle		✓	RO-ESSD
75.	Calatan	Angeline		✓	RO-ESSD
76.	Dangawen	Manuel	✓		RO-ESSD
			29	47	