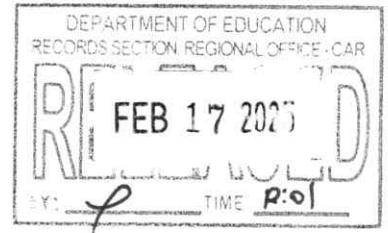




Republic of the Philippines  
**Department of Education**  
 CORDILLERA ADMINISTRATIVE REGION



14 February 2025

**REGIONAL MEMORANDUM**

No. 021-2025

**CORRIGENDUM AND ADDENDUM TO RM NO. 075 s. 2025 ON THE CONDUCT OF THE CORDILLERA ADMINISTRATIVE REGION ATHLETIC ASSOCIATION (CARAA)**

To: Assistant Regional Director  
 Schools Division Superintendents  
 All Others Concerned

1. This memorandum is issued to rectify/replace some provisions under **RM No. 075 s. 2025 "CONDUCT OF THE CORDILLERA ADMINISTRATIVE REGION ATHLETIC ASSOCIATION"**. The following provisions in the memorandum shall be rectified/replaced as:

Provision	To be rectified/replaced	
	from	to
Enclosure 1 CARAA Board	Natividad A. Bayubay	Natividad P. Bayubay
Enclosure 3 Basketball	Allan C. Galanza	Allan R. Galanza
Enclosure 3 Pencak Silat	Richard P. Tabacla, Council, Verifier	Richard P. Tabacla, Assist. Tournament Director
	Rustom Kinggingan	Venus E. Dizon
	Ryan Batinay	Nicole Bryle F. Gut-omen
Enclosure 3 Table Tennis	Eneroso Palpeg, umpire	Eneroso Palpeg, Tournament Director (Elementary)
Enclosure 3 Dancesport	Alder Gian King Amir Abdalla	Noel T. Lim
Enclosure 3 Arnis	Jimmy B. Garcia	Princell Gabriela S. Foman-eg
Enclosure 3 Badminton	Daphine Claire B. Jamoyo	Rochel V. Padua
Enclosure 3 Arnis	Joel P. Sikwan	Mitz M. Pisong
7 <sup>th</sup> Paragraph	Pencak Silat and Muay Thai are considered regular sports for this year's CARAA Meet while Weightlifting shall be included as a demonstration sports.	Pencak Silat is considered regular sports for this year's CARAA Meet while Weightlifting and <b>Muay Thai</b> shall be included as demonstration sports.

2. Further, addendum to the same memorandum is the Modified Winner-Take-All policy which shall be adopted for all team sports (Basketball, Baseball, Softball,



Address: DepEd-CAR Complex, Wangal, La Trinidad, Benguet, 2601  
 Telephone No: (074) 422 – 1318  
 Email Address: car@deped.gov.ph



DepEd Tayo Cordillera

<https://depedcar.ph>



Football, Futsal, Sepak Takraw and Volleyball) in this year's CARAA Meet pursuant to the provisions of Palarong Pambansa Board Ad Referendum Resolution No. 2025-001 titled "Adoption of the Modified Winner-Take-All Policy for Team Sports in the 2025 Palarong Pambansa", as follows:

*WHEREAS, the modified Winner-Take-All policy shall feature the primary essence of the policy which is to form a team represented by the winning school, with its core players consisting of bonafide athletes enrolled in that school, while allowing the inclusion of additional athletes from other schools to strengthen the team and ensure the representation of the best players from the division or region;*

*WHEREAS, the final team roster for all team sports advancing to the division meets, regional meets, and the Palarong Pambansa national level shall consist of the core team of twelve (12) to eighteen (18) players from the winning team as determined by the specific requirements of each sport, which must be maintained in its entirety throughout the competition, and up to three (3) additional players who may be selected from other schools/ teams within the same district, division, or region, as the case may be, provided that such players have qualified and participated in the lower meets;*

*WHEREAS, the selection of additional players shall be at the discretion of the coach of the winning team, subject to prior consultation with and approval of the respective schools and teams of the additional players; provided, however, that the coach of the winning team retains the prerogative to modify the selection of additional players as the team advances to succeeding higher-level meets and/or the Palarong Pambansa;*

*WHEREAS, these additional players shall be part of the official team roster (e.g., Basketball: 12 core players + up to 3 players from other teams; Football: 18 core players + up to 3 additional players from other teams), thereby superseding the provision in Item No. 13 of DM No. 35, s. 2023, which previously designated the three (3) additional players as mere alternates;*

*WHEREAS, the coach of the winning team also has the option to select his/her preferred assistant coach as may be applicable, who may come from the winning school or from a different school that participated in the lower meets, provided that the assistant coach meets the eligibility requirements set forth under existing Palarong Pambansa guidelines;*


*WHEREAS, expenses to be incurred for the participation of additional learner-athletes for the Palarong Pambansa shall be borne by the division and/or regional delegations, subject to the availability of funds therefore. "*

3. All delegation heads are directed to ensure that every participant should bring thick jackets, sleeping paraphernalia, toiletries and other personal needs. The host province however will be distributing tumblers and sleeping mats to all athletes only.
4. The arrival of technical officials will be on February 20, 2025 for the refresher course and accreditation training.
5. All other provisions of RM NO. 075 s. 2025 remain in place.

6. Attached is the OM-OUOPS-2025-05-00833 from the Office of the Undersecretary for Operations.

7. Immediate dissemination of this Memorandum is directed.

  
**ESTELA P. LEON-CARIÑO EdD, CESO III**

 Director IV/Regional Director



Republika ng Pilipinas  
**Department of Education**

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

**MEMORANDUM**  
**OM-OUOPS-2025-** 05 - 00833

**TO :** REGIONAL DIRECTORS  
 MINISTER OF BASIC, HIGHER, AND TECHNICAL  
 EDUCATION, BARMM  
 SCHOOLS DIVISION SUPERINTENDENTS  
 REGIONAL SPORTS OFFICERS  
 TOURNAMENT DIRECTORS  
 ASSISTANT TOURNAMENT DIRECTORS  
 ALL OTHERS CONCERNED

**FROM :** MALCOLM S. GARMA  
*Assistant Secretary, Officer-In-Charge*  
*Office of the Undersecretary for Operations*  
*Secretary General, Palarong Pambansa*

**SUBJECT :** CONDUCT OF THE 2025 PALARONG PAMBANSA

**DATE :** 04 February 2025

Pursuant to Sections 6, 8, 9, and 10 of Rule II of the Implementing Rules and Regulations (IRR) of the Republic Act (RA) 10588 otherwise known as the *Palarong Pambansa* Act of 2013, the Department of Education (DepEd), through the *Palarong Pambansa* Board and its Secretariat, shall conduct the **2025 Palarong Pambansa** to be held from May 24 to June 02, 2025 in Ilocos Norte Province.

The annual scholastic multi-sport competition shall be hosted by the local government unit (LGU) of Ilocos Norte Province together with DepEd-Region I and the Schools Division Office (SDO) of Ilocos Norte. The event shall be participated by the 17 DepEd regional athletic associations and delegates from the National Academy of Sports (NAS).

The schedule of activities is as follows:

Event/Activity	Date	Venue
Arrival of Delegation	May 20, 2025	Ilocos Norte
Registration/Simultaneous Orientation of Technical Officials & National Technical Committee Members		TBA



Room 101, Rizal Building, DepEd Complex, Meralco Avenue, Pasig City 1600  
 Telephone Nos.: (02) 8633-5313; (02) 8631-8492  
 Email Address: oure@deped.gov.ph | Website: [www.deped.gov.ph](http://www.deped.gov.ph)

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Effectivity	03.23.23	Page	1 of 3



Certificate No. PMP 0285  
 23.03.2025

Refresher Course	May 21-22, 2025	TBA
Solidarity Meeting	May 23, 2025	TBA
Opening Ceremony	May 24, 2025	Ferdinand E. Marcos Memorial Stadium
<i>Palaro ng Lahi</i>	May 25, 2025	TBA
Exhibition Sports		
Competition Proper	May 26-30, 2025	Playing Venues
Closing Program	May 31, 2025	Ferdinand E. Marcos Memorial Stadium
Departure of Delegation	June 01-02, 2025	

This year's *Palarong Pambansa* shall continue to adopt the **Qualifying Standards** for measurable sports such as Athletics, Swimming, and Archery. However, only the **top 2 qualifiers per region** for Athletics and Swimming and **top 4 qualifiers per region** for Archery shall advance to the *Palarong Pambansa* national competitions. The **gold medalist/s** shall be considered to advance and compete in the national games in cases where there is/are no regional qualifier/s. Enclosed herewith is the **Qualifying Standards for Measurable Sports in the 2025 Palarong Pambansa** for easy reference.

A **Modified Winner-Take-All** policy shall be adopted for all team sports (Basketball, Baseball, Softball, Football, Futsal, Sepak Takraw and Volleyball) in this year's *Palarong Pambansa*, pursuant to the provisions of *Palarong Pambansa* Board Ad Referendum Resolution No. 2025-001 entitled *Adoption of the Modified Winner-Take-All Policy for Team Sports in the 2025 Palarong Pambansa*, as follows:

*“WHEREAS, the modified Winner-Take-All policy shall feature the primary essence of the policy which is to form a team represented by the winning school, with its core players consisting of bona fide athletes enrolled in that school, while allowing the inclusion of additional athletes from other schools to strengthen the team and ensure the representation of the best players from the division or region;*

*WHEREAS, the final team roster for all team sports advancing to the division meets, regional meets, and the Palarong Pambansa national level shall consist of the core team of twelve (12) to eighteen (18) players from the winning team as determined by the specific requirements of each sport, which must be maintained in its entirety throughout the competition, and up to three (3) additional players who may be selected from other schools/ teams within the same district, division, or region, as the case may be, provided that such players have qualified and participated in the lower meets;*

*WHEREAS, the selection of additional players shall be at the discretion of the coach of the winning team, subject to prior consultation with and approval of the respective schools and teams of the additional players;*

provided, however, that the coach of the winning team retains the prerogative to modify the selection of additional players as the team advances to succeeding higher-level meets and/or the Palarong Pambansa;

WHEREAS, these additional players shall be part of the official team roster (e.g., Basketball: 12 core players + up to 3 players from other teams; Football: 18 core players + up to 3 additional players from other teams), thereby superseding the provision in Item No. 13 of DM No. 35, s. 2023, which previously designated the three (3) additional players as mere alternates;

WHEREAS, the coach of the winning team also has the option to select his/her preferred assistant coach as may be applicable, who may come from the winning school or from a different school that participated in the lower meets, provided that the assistant coach meets the eligibility requirements set forth under existing Palarong Pambansa guidelines;

WHEREAS, expenses to be incurred for the participation of additional learner-athletes for the Palarong Pambansa shall be borne by the division and/or regional delegations, subject to the availability of funds therefor.”

**Pencak Silat** and **Pole Vault-Secondary Girls (Athletics)** will be featured as a regular sport; **Weightlifting** as a demonstration sport; and **Kickboxing** as an exhibition sport in this year’s Palarong Pambansa.

The no disruption of classes policy, as stipulated in DepEd Order No. 09, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*, shall be strictly observed during the conduct of the 2025 Palarong Pambansa competitions.

For more information, all concerned may contact the **Palarong Pambansa Secretariat** at telephone number (02) 8687-4146 or through email address [palarong.pambansa@deped.gov.ph](mailto:palarong.pambansa@deped.gov.ph).

Immediate dissemination of this Memorandum is desired.

**QUALIFYING STANDARDS FOR MEASURABLE SPORTS  
IN THE 2025 PALARONG PAMBANSA**



**ATHLETICS**

EVENT	TIME / DISTANCE / HEIGHT			
	ELEM. BOYS	ELEM. GIRLS	SEC. BOYS	SEC. GIRLS
100 m	12.73	14.00	11.48	13.07
200 m	26.14	29.22	23.06	27.83
400 m	58.21	01:04.85	52.59	01:04.00
800 m	02:26.00	02:42.00	02:05.00	02:33.00
1,500 m	04:59.00	05:22.08	04:20.00	05:23.46
3,000 m	N/A	N/A	10:50.00	11:41.39
5,000 m	N/A	N/A	16:50.00	N/A
100 m hurdles	N/A	N/A	N/A	17.08
110 m hurdles	20.05	18.26	16.00	N/A
400 m hurdles	1.12.00	01:19.00	01:00.54	01:10.00
410 m hurdles	N/A	N/A	N/A	N/A
High Jump	1.47 m	1.31	1.75 m	1.44m
Long Jump	5.00 m	4.13	6.11 m	4.95m
Triple Jump	10.16 m	9.67	13.47 m	10.67m
Shot Put	8.77 m	8.20	12.00 m	9.53m
Discus Throw	25.79 m	20.00	35.14 m	25.59m
Javelin Throw	39.40 m	30.00	48.56 m	32.13m
Pole Vault	N/A	N/A	2.80 m	N/A
Walkathon (2,000 m)	N/A	N/A	11:00.00	12:21.93



**SWIMMING**

EVENT	TIME			
	ELEM. BOYS	ELEM. GIRLS	SEC. BOYS	SEC. GIRLS
400 M Freestyle	05:03.45	05:16.19	04:31.60	05:02.43
100 M Backstroke	01:15.78	01:18.88	01:03.16	01:14.92
200 M Breaststroke	N/A	N/A	02:32.03	02:53.19
50 M Butterfly	00:30:79	33.44	00:26.96	00:30.80
800 M Freestyle	N/A	N/A	09:40.25	10:53.38
200 M Individual Medley	02:43.35	02:50.29	02:20.31	02:37.47
200 M Butterfly	N/A	N/A	02:17.87	02:35.27
100 M Freestyle	01:03.27	01:08.46	00:56.37	01:03.35
50 M Backstroke	00:34.09	00:36.25	00:29.10	00:32.85
400 M Individual Medley	N/A	N/A	05:00.06	05:41.16
100 M Butterfly	01:11.73	01:17.01	01:00.92	01:10.40
200 M Freestyle	02:24.58	02:26.97	02:04.76	02:23.24
50 M Breaststroke	00:37.25	00:39.57	00:31.34	00:36.86
1500 M Freestyle	N/A	N/A	18:30.00	20.03.55
200 M Backstroke	N/A	N/A	02:22.93	2.45.22
100 M Breaststroke	01:22.70	01:27.39	01:09.39	01:21.35
50 M Freestyle	00:29.19	00:31.30	00:25.51	00:28.70



## ARCHERY

EVENT	QUALIFYING SCORE	
	BOYS	GIRLS
*1440 Round	1142	1078

\*Aggregate score of four (4) distance rounds (30, 50, 60, 70 meter-rounds)