



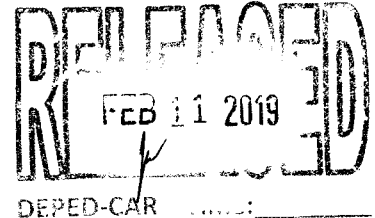
Republic of the Philippines
DEPARTMENT OF EDUCATION
CORDILLERA ADMINISTRATIVE REGION

Wangal, La Trinidad, Benguet, 2601
Website: www.depedcar.ph | Email: car@deped.gov.ph



February 4, 2019

Regional Memorandum
No. 056.2019



LIFE SKILLS CAMP IN CARAA 2019

To: **Schools Division Superintendents**
All Divisions
All Others Concerned

1. To maximize the presence of learners as well as teachers during the weeks-long sports training and competition, the CARAA Board deems it necessary to integrate life skills activities in support of the holistic development of student-athletes including the advocacy or mainstreaming of important policies and programs to DepEd personnel as espoused by the K to 12 Basic Education Program.
2. Relative to this, a series of orientations, lectures, demonstrations, advocacies, symposia and the like during the stay of participants in their respective billeting centers and during their training period shall be conducted by a committee spearheaded by the division youth formation officers and DRRM coordinators.
3. The series of activities dubbed as Life Skills Camp, primarily aims to:
 - a. equip learners with practical knowledge and skills;
 - b. mainstream gender and development, child protection and anti-bullying policies to both learners and teachers; and
 - c. imbibe participants with the right values and conduct as student-athletes and coaches.
4. The committee shall be organized by the Schools Division Superintendent together with their School Governance Operations Division.
5. The committee shall be in charged of preparing the schedule and proper documentation of the conduct of such activities as well as coordination with outside speakers if needed. Attendance of those who participated in such activities must also be documented following the enclosed form 1 of this Memorandum.
6. The Life Skills Camp as agreed during the First Regular Meeting of the CARAA Board must focus on (but not limited to) the following topics:
 - a. Gender and Development
 - b. Child Protection Policy
 - c. Anti-Bullying
 - d. Solid Waste Management/Waste Segregation
 - e. Using Social Media for Good Use
 - f. Career Guidance
 - g. Fire and Earthquake Drills/ Disaster Awareness
 - h. Healthy Food and Beverage Choices
 - i. Team Building Activities
 - j. Personality Development
 - k. Self-Awareness


Tracking Number:

1549893804

Contact Numbers (Area Code: 074):

Office of the Regional Director	422-1318	Administrative Division	422-1804	CLMD	422-7096	HRDD	422-9590
Fax	422-4074	Cash Section	423-2215	LRMDS	422-0615	NEAP-R	422-5500
Office of the ARD	422-9590	Payroll Section	424-3993	ESSD	423-2218	PPRD	422-9590
ICT Unit	422-1318	Records Section	423-2213	Finance Division	422-5155	QuAD	422-5187
Public Affairs Unit	422-1318	Supply Section	422-2198	FTAD	424-5187	COA	422-7434
Legal Unit	423-2214	General Services Unit	422-1804				

7. The activities may be done during the delegation's training period prior to their arrival in Luna, Apayao or may commence on their first day in their respective billeting centers until February 28, 2019. Scheduling of such activities must not disrupt the participation of the delegates to their scheduled games.
8. The conduct of Life Skills activities will be part of the criteria for the Search for the Most Disciplined and Organized Delegation.
9. The Regional Office through the Education Support Services Division shall form a team to monitor the Life Skills Camp conducted in Luna, Apayao, hence, schedule must be submitted on or before February 20, 2019. Email at car@deped.gov.ph and essd.depedcar@gmail.com.
10. Documentation of the Life Skills Camp shall be submitted in a single folder to the Technical Management Committee and addressed to Dr. Agustin B. Gumuwang, Chief, Education Support Services Division on or before February 28, 2019 at Luna, Apayao.
11. Immediate dissemination and compliance to this Memorandum is desired.


MA B. ECLAR, Ph.D., CESO V
Regional Director

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ESSD/gus