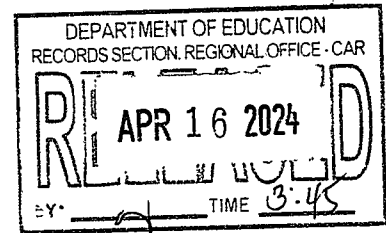




Republic of the Philippines  
Department of Education  
CORDILLERA ADMINISTRATIVE REGION



16 Apr 2024

**REGIONAL MEMORANDUM**

No. 222-2024

**LEARNING RESOURCES FOR CATCH - UP FRIDAYS**

To: Assistant Regional Director  
Schools Division Superintendents  
All Others Concerned

1. To further support teachers in the implementation of Catch - up Fridays, a range of teaching - learning resources is accessible on the DepEd Learning Resources Portal at [www.lrmds.deped.gov.ph](http://www.lrmds.deped.gov.ph). These consists of teacher's guides, lesson exemplars (LEs), and other learning resources (LRs), all of which are available for viewing/downloading and are intended to help teachers, specialists, and other implementers in preparing and enhancing their lessons. New teaching-learning resources are constantly being developed and added to the portal to further aid teachers in their lesson planning and resource development.
2. Weekly lesson guides for Catch-up Fridays can be accessed and downloaded from this link: <https://tinyurl.com/CUF-Sample-LRS>.
3. Teachers are encouraged to bookmark these links, as additional LR and LEs for the succeeding weeks shall be posted regularly. These resources are also permanently accessible via the Learning Resources and Other Reading Materials Finder or LR Finder, which streamlines the process of searching and downloading teaching - learning resources. The LR Finder is available through this link: [shorturl.at/iCEKL](http://shorturl.at/iCEKL).
4. Schools Division Superintendents through the EPS - LR are urged to facilitate the wide dissemination and utilization of the links and materials among teachers and other field implementers.
5. For queries, please contact the Bureau of Learning Resources - Quality Assurance Division through email address at [blr.lrqad@deped.gov.ph](mailto:blr.lrqad@deped.gov.ph) or CES - CLMD Jennifer P. Ande, through [car.clmd@deped.gov.ph](mailto:car.clmd@deped.gov.ph).
6. Immediate and widest dissemination of this memorandum is directed.

Digitally signed by  
Carino Estela Leon  
Date: 2024.04.16  
10:02:29 +08'00'

**ESTELA P. LEON-CARINO EdD, CESO III**  
Director IV/Regional Director

CLMD/JPA/bmd  
0000/Apr 16, 2024,LRs for catch-up Fridays



Address: DepEd-CAR Complex, Wangal, La Trinidad, Benguet, 2601

Telephone No: (074) 422 - 1318

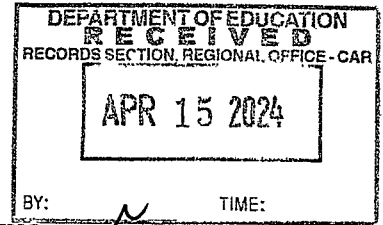
Email Address: [car@deped.gov.ph](mailto:car@deped.gov.ph)



DepEd Tayo Cordillera





<https://depedcar.ph>



Republic of the Philippines  
**Department of Education**  
OFFICE OF THE UNDERSECRETARY FOR CURRICULUM AND TEACHING

**MEMORANDUM**  
**DM-CT-2024-093**

**TO :** REGIONAL DIRECTORS  
SCHOOLS DIVISION SUPERINTENDENTS  
PUBLIC ELEMENTARY AND SECONDARY SCHOOL HEADS  
ALL OTHERS CONCERNED

**FROM :**   
GINA O. GONONG  
Undersecretary for Curriculum and Teaching 

**SUBJECT :** LEARNING RESOURCES FOR CATCH-UP FRIDAYS

**DATE :** April 2, 2024

To further support teachers in the implementation of Catch-up Fridays, a range of teaching-learning resources is accessible on the DepEd Learning Resource Portal at [www.lrnds.deped.gov.ph](http://www.lrnds.deped.gov.ph). These consist of teacher's guides, lesson exemplars (LEs), and other learning resources (LRs), all of which are available for viewing/downloading and are intended to help teachers, specialists, and other implementers in preparing and enhancing their lessons. New teaching-learning resources are constantly being developed and added to the portal to further aid teachers in their lesson planning and resource development.

Weekly lesson guides for Catch-up Fridays can be accessed and downloaded from this link: <https://tinyurl.com/CUF-Sample-LRs>.

Teachers are encouraged to bookmark these links, as additional LR and LEs for the succeeding weeks shall be posted regularly. These resources are also permanently accessible via the **Learning Resources and Other Reading Materials Finder** or **LR Finder**, which streamlines the process of searching and downloading teaching-learning resources. The *LR Finder* is available through this link [shorturl.at/iCEKL](http://shorturl.at/iCEKL).

Regional Directors and Schools Division Superintendents, through their respective Regional and Division LR Personnel, are urged to facilitate the wide dissemination and utilization of these links and materials among teachers and other field implementers.

For further assistance or inquiries, please contact the BLR-Quality Assurance Division at telephone numbers (02) 8634-1072, 8634-0901, or 8634-1054 or through email at [blr.lrqad@deped.gov.ph](mailto:blr.lrqad@deped.gov.ph) copy furnish [blr.od@deped.gov.ph](mailto:blr.od@deped.gov.ph).

For guidance and information.



1/F Bonifacio Building, DepEd Complex, Meralco Avenue, Pasig City  
Direct Line: (632) 8633-7202/8687-4146 E-mail: [ouct@deped.gov.ph](mailto:ouct@deped.gov.ph)