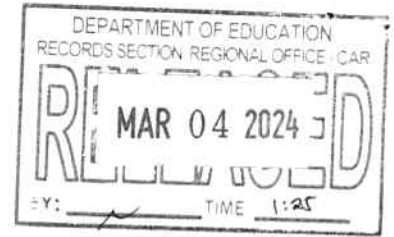




Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region



01 Mar 2024

REGIONAL MEMORANDUM  
No. 130.2024

**RESOURCES FOR CATCH-UP FRIDAYS AND PROHIBITION OF ASSIGNING  
EXTRANEIOUS TASKS AND REPORTS TO TEACHERS**

To: Assistant Regional Director  
Schools Division Superintendents  
All Others Concerned

1. Relative to DepEd Memorandum 2024 titled Resources for Catch-Up Fridays and prohibition of Assigning Extraneous Tasks and Reports to Teachers and pursuant to DepEd Memorandum No. 001 s. 2024 on the implementation of Catch-Up Fridays, the Office for the Curriculum and Teaching and Office of for Operations through the Curriculum and Learning Management Division (CLMD) – Regional Office provides the relevant resources to support schools through the link: <https://bit.ly/CatchUpFridayResources>.
2. The resources found in the link include teaching guides for Peace, Health and Values Education, along with sample lesson plans, which school heads are expected to provide to teachers for ready reference.
3. All levels of governance are reminded that the implementation of Catch-Up Fridays is not tantamount to overburdening teachers with tasks beyond the requirements specified in DM 001, s. 2024. **Schools Division Offices (SDOs) and schools are directed to relieve the teachers from any extraneous activities, paperwork or reports that do not directly contribute to the goals and objectives of Catch-Up Fridays. Further, teachers shall not be compelled to prepare and submit reports that solely serve as means of verification (MOV) for monitoring and evaluation processes of ROs, SDOs and schools.**
4. The abovementioned directive ensures that teachers focus on delivering effective teaching and supporting student learning without administrative burdens.
5. All governance levels shall “Give support to teachers to teach better,” hence, any unnecessary reports that deliver teachers’ time and effort away from their core classroom teaching responsibility shall be prohibited.
6. For inquiries or concerns, please contact CES Jennifer P. Ande at the Curriculum and Learning Management Division (CLMD) through landline number (074) 422-7096 or email address: [car.clmd@deped.gov.ph](mailto:car.clmd@deped.gov.ph)
7. Immediate dissemination of and strict compliance with this Memorandum is desired.

  
**ESTELA P. LEON-CARIÑO EdD, CESO III**  
Director IV / Regional Director

References: As stated

CLMD/JPA/nkm/Resources for Catch-Up Fridays and Prohibition of Assigning Extraneous Tasks and Reports to teachers  
March 01, 2024



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