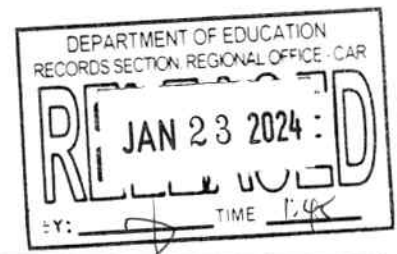




Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region



22 January 2024

**REGIONAL MEMORANDUM**  
No. 046.2024

**20<sup>th</sup> NATIONAL DENTAL HEALTH MONTH CELEBRATION**

To: Schools Division Superintendents  
ALL Schools Division Dentist  
All Others Concerned

1. Pursuant to Presidential Proclamation No. 559 s. 2004, February is celebrated as National Dental Health Month every year. The 20th celebration will be observed under the theme "**Celebrating Decades of Healthy Smiles.**"
2. National Dental Health Month has played a significant role in reducing dental caries among school children from 98% to 73%. This is due to our dedicated partners, who have made it an essential tool for promoting oral health and well-being among learners.
3. School dentists and other school health personnel in the Schools Division Offices shall take the lead and work collaboratively with local chapters of the Philippine Dental Association and other stakeholders in the conduct of the National Dental Health Month activities.
4. All Dentist-In-Charge are required to submit a brief narrative and photo documentation report on the observance of the National Dental Health Month activities on or before March 5, 2024.
5. Enclosed is the theme poster and suggested activities for the National Dental Health Month celebration.
6. For more concerns, please contact our School Dental Health Care Program Coordinator, Joane S. Bumanghat, DMD at [joane.bumanghat@deped.gov.ph](mailto:joane.bumanghat@deped.gov.ph) / contact number 09091657891.
7. Widest and immediate dissemination of and strict compliance with this Memorandum is desired.

  
**ESTELA P. LEON-CARIÑO EdD, CESO III**  
Director IV/Regional Director 

ESSD/GCD/jsb.hnu.ndhm24



Address: DepEd-CAR Complex, Wangal, La Trinidad, Benguet, 2601

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DepEd Tayo Cordillera

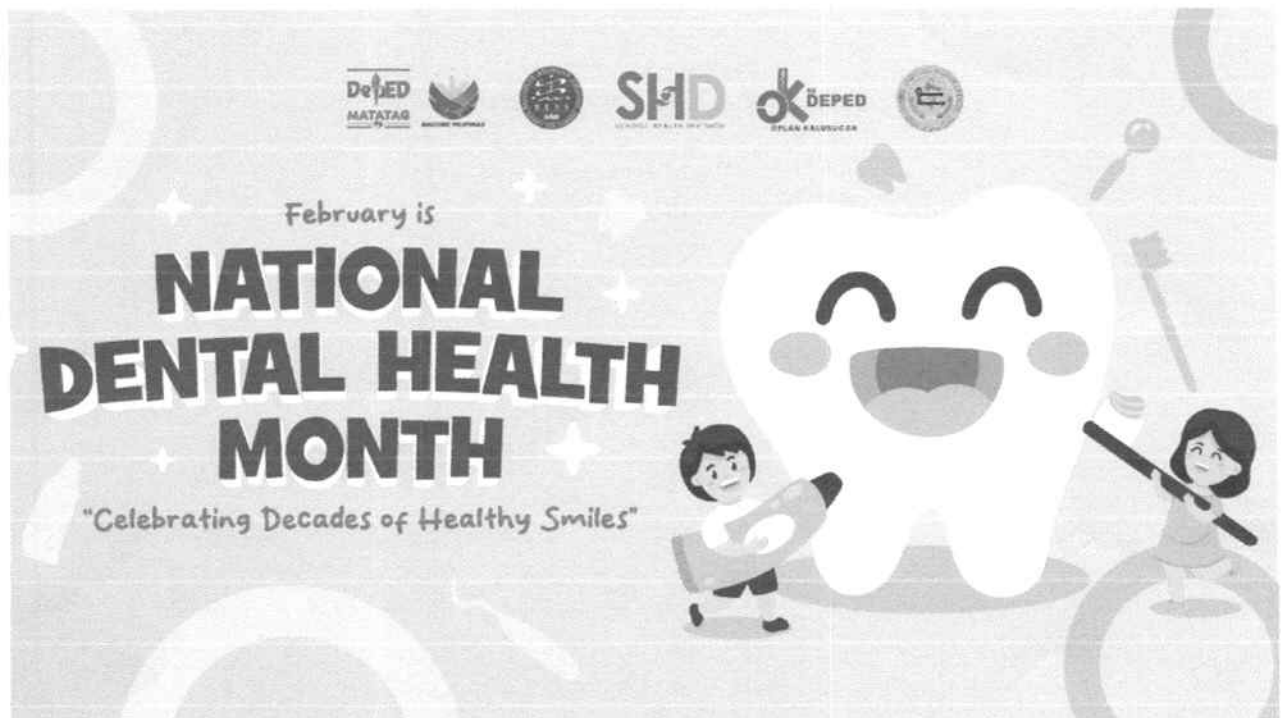
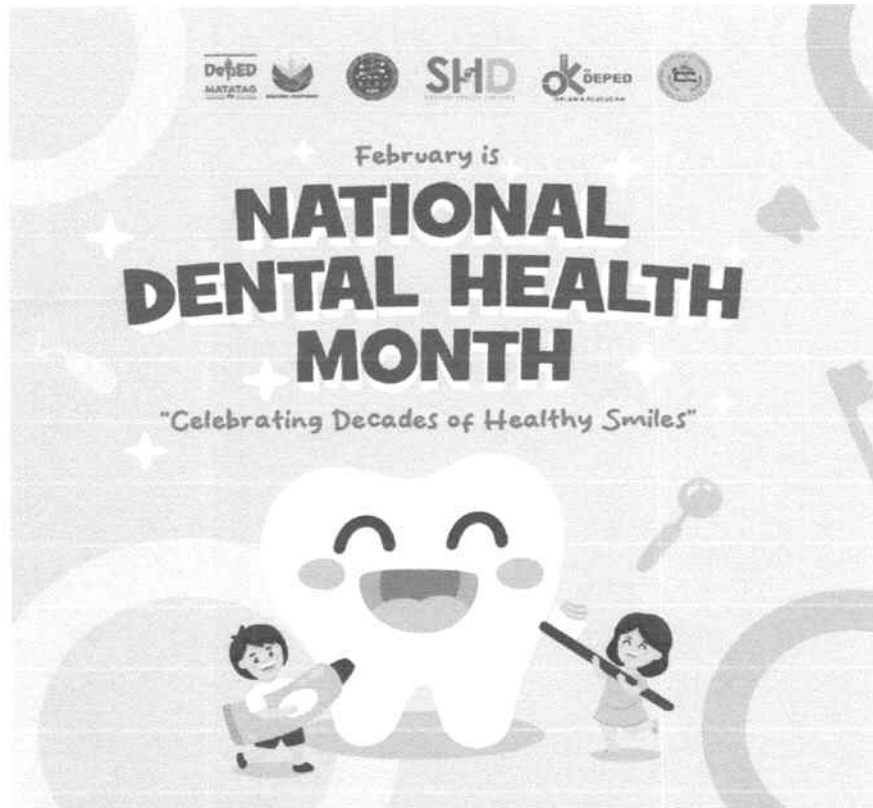


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Enclosure 1 to RM No. 046.2024



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**The following are the suggested activities for the Monthlong Celebration:**

<b>First Week</b>	<b>Oral Health Awareness Campaign</b> a. Initiate a school-wide campaign to raise awareness about oral health b. Use bulletin boards, newsletters, and social media platforms to share oral health tips, facts, and resources. c. Attend National Toothbrushing Day. "Sang Milyong Sipilyo, Sabayang Pagsisipilyo."
<b>Second Week</b>	<b>Oral Health Workshops and Seminars</b> a. Classroom activities (lectures/Oral health education) b. Social Media Campaign c. School Community oral health awareness through orientation, lectures, and activities involving parents, teaching and non-teaching staff
<b>Third Week</b>	<b>Delivery of Dental Services</b> a. Collaborate with local dental clinics or practitioners to organize onsite dental check-ups for students. b. Provide information to parents about the importance of regular dental check-ups.
<b>Fourth Week</b>	<b>Interactive Workshops</b> a. Set up interactive workshops that include hands-on activities. b. Have a demonstration on proper brushing techniques and provide students with toothbrushes and dental floss.