



Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION
Wangal, La Trinidad, Benguet



September 14, 2015

RELEASED
SEP 17 2015

REGIONAL MEMORANDUM

NO. 164.2015

DEPED-CAR Time: _____

2016 CORDILLERA ADMINISTRATIVE REGION ATHLETIC ASSOCIATION (CARAA) MEET

To : All Schools Division Superintendents

1. The 2016 Cordillera Administrative Region Athletic Association (CARAA) Meet will be hosted by the City Government of Baguio City and the Department of Education, Baguio City Division on February 6 to 10, 2016 at the Burnham Athletic Bowl, Baguio City.
2. The sports event played in 2015 CARAA Meet with its related guidelines shall remain in effect unless amended, modified or revised.
3. Service credits will be granted to officiating officials, coaches, chaperons, delegation officials who are on teacher leave basis while Compensatory Time-Off will be granted to officials and other non teaching personnel for services rendered during Saturdays, Sundays, holidays within the duration of the meet subject to civil service rules on service credits and Compensatory Time-off. The Schools Division Superintendents shall issue special order on service credits/compensatory time-off to the coaches, chaperons, delegation officials and officiating officials in their respective divisions and the Regional Director shall issue special order on compensatory time-off to regional office personnel.
4. The composition of a delegation, medals to be contested, and Deped Memorandum Number 95, s. 2015 are enclosed for the guidance of all concerned.
5. Immediate dissemination of this Memorandum is enjoined.


ELLEN B. DONATO, Ed.D., CESO III
Regional Director

Encl.: as stated

To be indicated in the Perpetual Index
under the following subject:

ATHLETICS
CONTEST
PUPILS

RULES AND REGULATIONS
SPORTS
STUDENTS

COMPOSITION OF DELEGATION

DELEGATION	ELEMENTARY	SECONDARY	SPECIAL GAMES	TOTAL
ATHLETES	183	267	38	488
COACHES	28	40	12	80
ASS'T COACHES	7	11		18
CHAPERONS	11	17		28
DELEGATION OFFICIALS	Depends on	the delegation		
TOTAL	229	335	50	614

ELEMENTARY DIVISION	GENDER	ATHLETES	COACHES	ASST. COACHES	CHAPERONS	TOTAL
Arnis	BOYS	3	1			4
	GIRLS	3	1		1	5
ATHLETICS	BOYS	12	2			14
	GIRLS	12	2		1	15
BADMINTON	BOYS	4	1	1		6
	GIRLS	4	1	1	1	7
BASEBALL	BOYS	12	1	1		14
BASKETBALL	BOYS	12	1			13
CHESS	BOYS	2	1			3
	GIRLS	2	1		1	4
FOOTBALL	BOYS	15	1	1		17
GYMNASTICS						
MAG	BOYS	3	1			4
WAG	GIRLS	3	1		1	5
RG	GIRLS	3	1			4
SEPAK TAKRAW-JUNIOR	BOYS	4	1			5
SOFTBALL	GIRLS	12	1	1	1	15
SWIMMING	BOYS	10	1			11
	GIRLS	10	1		1	12
TABLE TENNIS	BOYS	4	1			5
	GIRLS	4	1		1	6
TAEKWONDO	BOYS	6	1			7
	GIRLS	6	1		1	8
TENNIS	BOYS	4	1			5
	GIRLS	4	1		1	6
VOLLEYBALL	BOYS	12	1	1		14
	GIRLS	12	1	1	1	15
SPED GAMES		38	12			50
*KADANG KADANG (for the CARAA only)	BOYS	5	1	0		6
TOTAL		183	28	7	11	229

SECONDARY	GENDER	ATHLETES	COACHES	ASST. COACHES	CHAPERONS	TOTAL
ARCHERY	BOYS	4	1			5
	GIRLS	4	1		1	6
ARNIS	BOYS	5	1			6
	GIRLS	5	1		1	7
ATHLETICS	BOYS	15	2			17
	GIRLS	15	2		1	18
BADMINTON	BOYS	4	1	1		6
	GIRLS	4	1	1	1	7
BASEBALL	BOYS	12	1	1		14
BASKETBALL	BOYS	12	1	1		14
	GIRLS	12	1	1	1	15
BOXING	BOYS	5	1	1		7
CHESS	BOYS	2	1			3
	GIRLS	2	1		1	4
FOOTBALL	BOYS	15	1	1		17
GYMNASTICS						
MAG	BOYS	3	1			4
WAG	GIRLS	3	1		1	5
RG	GIRLS	3	1			5
SEPAK TAKRAW	BOYS	12	1			13
SOFTBALL	GIRLS	12	1	1	1	15
SWIMMING	BOYS	10	1			11
	GIRLS	10	1		1	12
TABLE TENNIS	BOYS	4	1			5
	GIRLS	4	1		1	6
TAEKWONDO	BOYS	10	1			11
	GIRLS	10	1		1	12
TENNIS	BOYS	4	1			4
	GIRLS	4	1		1	5
VOLLEYBALL	BOYS	12	1	1		14
	GIRLS	12	1	1	1	15
BILLIARD	BOYS	2	1			3
	GIRLS	2	1		1	4
WRESTLING	BOYS	5	1			6
	GIRLS	5	1		1	7
WUSHU	BOYS	6	1			7
	GIRLS	4	1		1	6
FUTSAL	GIRLS	12	1		1	15
*SANGGOL(for CARAA only) A.55 Kg below & B.55.01-Kg & above	BOYS	2	1			3
		267	40	11	17	335
TOTAL		227	40	11	17	335



Republic of the Philippines
DEPARTMENT OF EDUCATION
PALARONG PAMBANSA 2015
 Tagum City, Davao del Norte



MEDALS

EVENT	MEDALS TO BE CONTESTED											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
ARNIS												
ELEMENTARY												
<i>Anyo Event</i>												
Individual Likha Anyo Solo Baston	1	1	1	1	1	1						
Doble Baston (Double weapon)	1	1	1	1	1	1						
Individual Espada Ey Daga	1	1	1	1	1	1						
<i>Team Synchronized</i>												
Solo Baston (Single Weapon) (2players)	1	1	1	1	1	1						
Doble Baston (Double weapon)(2players)	1	1	1	1	1	1						
Solo Baston (Single Weapon) (3players) DEMO ONLY	1	1	1	1	1	1						
Doble Baston (Double weapon)(3players) DEMO ONLY	1	1	1	1	1	1						
SECONDARY												
<i>Anyo Event</i>												
Individual - Solo Baston (Single Weapon)							1	1	1	1	1	1
Individual - Doble Baston (Double Weapon)							1	1	1	1	1	1
Espada Ey Daga							1	1	1	1	1	1
<i>Full Contact – Boys</i>												
Pinweight - 43kg up to 47kg							1	1	2			
Bantamweight - over 47kg up to 51kg							1	1	2			
Featherweight - over 51kg to 55kg							1	1	2			
Extra lightweight - over 55kg up to 60kg							1	1	2			
Half lightweight - over 60kg up to 65kg							1	1	2			
<i>Full Contact – Girls</i>												
Pinweight - 37kg up to 40kg										1	1	2
Bantamweight - over 40kg up to 44kg										1	1	2
Featherweight - over 44kg to 48kg										1	1	2
Extra lightweight - over 48kg up to 52kg										1	1	2
Half lightweight - over 52kg up to 56kg										1	1	2
Sub – TOTAL	7	7	7	7	7	7	8	8	13	8	8	13
ARCHERY												
SECONDARY												
60M Distance							1	1	1	1	1	1
50M Distance							1	1	1	1	1	1
40M Distance							1	1	1	1	1	1
30M distance							1	1	1	1	1	1
Single FITA Round							1	1	1	1	1	1
Olympic Round - Individual							1	1	1	1	1	1
Olympic Team Event							1	1	1	1	1	1
Mixed Team							1	1	1	1	1	1
Sub-TOTAL							8	8	8	8	8	8

EVENT	MEDALS TO BE CONTESTED											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
ATHLETICS												
Javelin Throw	1	1	1	1	1	1	1	1	1	1	1	1
High Jump	1	1	1	1	1	1	1	1	1	1	1	1
Discus Throw	1	1	1	1	1	1	1	1	1	1	1	1
Triple Jump	1	1	1	1	1	1	1	1	1	1	1	1
800M Run	1	1	1	1	1	1	1	1	1	1	1	1
1500M Run	1	1	1	1	1	1	1	1	1	1	1	1
Long Jump	1	1	1	1	1	1	1	1	1	1	1	1
Shot Put	1	1	1	1	1	1	1	1	1	1	1	1
100M Hurdles				1	1	1				1	1	1
110M Hurdles	1	1	1				1	1	1			
400M Hurdles	1	1	1	1	1	1	1	1	1	1	1	1
100M Dash	1	1	1	1	1	1	1	1	1	1	1	1
200M Dash	1	1	1	1	1	1	1	1	1	1	1	1
400M Dash	1	1	1	1	1	1	1	1	1	1	1	1
4X100M Relay	4	1	1	4	1	1	4	1	1	4	1	1
4X400M Relay	4	1	1	4	1	1	4	1	1	4	1	1
3000M Run										1	1	1
5000M Run							1	1	1			
Pole Vault							1	1	1			
3000M Steeple Chase							1	1	1			
Sub-TOTAL	21	15	15	21	15	15	24	18	18	22	16	16
BADMINTON												
Singles	1	1	2	1	1	2	1	1	2	1	1	2
Doubles	1	1	2	1	1	2	1	1	2	1	1	2
Team Tie	1	1	2	1	1	2	1	1	2	1	1	2
<i>(Mixed)(Boys/Girls)</i>	1	1	2	1	1	2	1	1	2	1	1	2
Sub-TOTAL	4	4	8	4	4	8	4	4	8	4	4	8
BASEBALL												
ELEMENTARY	1	1	1									
SECONDARY							1	1	1			
Sub-TOTAL	1	1	1				1	1	1			
BASKETBALL												
ELEMENTARY	1	1	1									
SECONDARY							1	1	1	1	1	1
<i>3 ON 3 (DEMO)</i>							1	1	1			
Sub-TOTAL	1	1	1				2	2	2	1	1	1
BOXING												
School Boys Classification												
36-38Kg. Light Mosquito Weight							1	1	2			
39-40kg Mosquito Weight							1	1	2			
41-42kg. Light Paper Weight							1	1	2			
Junior Boys Classification												
44-46kg Pin Weight							1	1	2			
Youth Boys Classification												
46-49kg Light Flyweight							1	1	2			
Sub-TOTAL							5	5	10			

EVENT	MEDALS TO BE CONTESTED											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
CHESSE												
Standard												
Individual	1	1	1	1	1	1	1	1	1	1	1	1
Team	1	1	1	1	1	1	1	1	1	1	1	1
Blitz												
Individual	1	1	1	1	1	1	1	1	1	1	1	1
Team	1	1	1	1	1	1	1	1	1	1	1	1
Sub-TOTAL	4	4	4	4	4	4	4	4	4	4	4	4

FOOTBALL												
ELEMENTARY	1	1	1									
SECONDARY							1	1	1			
Sub-TOTAL	1	1	1				1	1	1			

GYMNASTICS – MAG												
Cluster 1 – DEMO												
Floor Exercise (Fx)	1	1	1									
Vaulting Table (Vt)	1	1	1									
Pommel Horse (Ph)	1	1	1									
Individual All Around (IAA)	1	1	1									
Cluster 2												
Floor Exercise (Fx)	1	1	1									
Vaulting Table (Vt)	1	1	1									
Pommel Horse (Ph)	1	1	1									
Individual All Around (IAA)	1	1	1									
Team	1	1	1									
Cluster 3												
Floor Exercise (Fx)							1	1	1			
Vaulting Table (Vt)							1	1	1			
Pommel Horse (Ph)							1	1	1			
Individual All Around (IAA)							1	1	1			
Team							1	1	1			
Sub-TOTAL	9	9	9				5	5	5			

GYMNASTICS – WAG												
Cluster 1 (7-9 years old) DEMO												
Floor Exercise (Fx)				1	1	1						
Balance Beam (Bb)				1	1	1						
Vault (Vt)				1	1	1						
Single Bar (Sb)				1	1	1						
Individual All Around				1	1	1						
Cluster 2 (10-12 years old)												
Floor Exercise (Fx)				1	1	1						
Balance Beam (Bb)				1	1	1						
Vault (Vt)				1	1	1						
Single Bar (Sb)				1	1	1						
Individual All Around				1	1	1						
Team				1	1	1						

EVENT	MEDALS TO BE CONTESTED											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B

Cluster 3													
Floor Exercise (Fx)											1	1	1
Balance Beam (Bb)											1	1	1
Vault (Vt)											1	1	1
Single Bar (Sb)											1	1	1
Individual All Around											1	1	1
Team											1	1	1
Sub-TOTAL				11	11	11					6	6	6

GYMNASTICS – RG													
<i>Apparatus</i>													
Hoop				1	1	1					1	1	1
Ball				1	1	1					1	1	1
Club				1	1	1					1	1	1
Ribbon				1	1	1					1	1	1
<i>Individual</i>				1	1	1					1	1	1
<i>Team</i>				1	1	1					1	1	1
Sub-TOTAL				6	6	6					6	6	6

SEPAK TAKRAW													
ELEMENTARY													
<i>Junior (team)</i>	1	1	1										
<i>Double Takraw</i>	1	1	1										
SECONDARY													
<i>Best Regu</i>								1	1	1			
<i>Team</i>								1	1	1			
DEMO(Girls)													
<i>Inter Regu</i>											1	1	1
<i>Double Takraw</i>											1	1	1
Sub-TOTAL	2	2	2					2	2	2	2	2	2

SOFTBALL													
ELEMENTARY				1	1	1					1	1	1
SECONDARY													
Sub-TOTAL				1	1	1					1	1	1

SWIMMING													
50M Backstroke	1	1	1	1	1	1							
50M Breastroke	1	1	1	1	1	1							
50M Butterfly	1	1	1	1	1	1							
50M Freestyle	1	1	1	1	1	1							
100M Backstroke	1	1	1	1	1	1	1	1	1	1	1	1	1
100M Breastroke	1	1	1	1	1	1	1	1	1	1	1	1	1
100M Butterfly	1	1	1	1	1	1	1	1	1	1	1	1	1
100M Freestyle	1	1	1	1	1	1	1	1	1	1	1	1	1
200M Freestyle	1	1	1	1	1	1	1	1	1	1	1	1	1
200M Individual Relay	1	1	1	1	1	1	1	1	1	1	1	1	1
200M Backstroke							1	1	1	1	1	1	1

EVENT	MEDAL/S											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
200M Breastroke							1	1	1	1	1	1
200M Butterfly							1	1	1	1	1	1
400M Freestyle	1	1	1	1	1	1	1	1	1	1	1	1
800M Freestyle							1	1	1	1	1	1
4X100M Freestyle Relay	1	1	1	1	1	1	1	1	1	1	1	1
4X100M Medley Relay	1	1	1	1	1	1	1	1	1	1	1	1
4X50M Freestyle Relay	1	1	1	1	1	1	1	1	1	1	1	1
4X50M Medley Relay	1	1	1	1	1	1	1	1	1	1	1	1
Sub-TOTAL	15	15	15	15	15	15	15	15	15	15	15	15

TABLE TENNIS												
Singles	1	1	2	1	1	2	1	1	2	1	1	2
Doubles	1	1	2	1	1	2	1	1	2	1	1	2
Team	1	1	2	1	1	2	1	1	2	1	1	2
Sub-TOTAL	3	3	6	3	3	6	3	3	6	3	3	6

TAEKWONDO												
ELEMENTARY												
KYORUGI (Sparring Event)												
120 - 128 CM	1	1	2	1	1	2						
OVER 128 - 136 CM	1	1	2	1	1	2						
OVER 136 - 144 CM	1	1	2	1	1	2						
OVER 144 - 152 CM	1	1	2	1	1	2						
OVER 152 - 160 CM	1	1	2	1	1	2						
OVER 160 - 168 CM	1	1	2	1	1	2						
POOMSAE (Forms)												
Group A (Individual)	1	1	1	1	1	1						
Group B (Individual)	1	1	1	1	1	1						
Team (Event)	1	1	1	1	1	1						
Mixed Pair	1	1	1	1	1	1						
SECONDARY-Boys												
Finweight not exceeding 45kg							1	1	2			
Flyweight over 45 and not exceeding 48							1	1	2			
Bantamweight over 48 and not exceeding 51							1	1	2			
Featherweight over 51 and not exceeding 55							1	1	2			
Lightweight over 55 and not exceeding 59							1	1	2			
Welterweight over 59 and not exceeding 63							1	1	2			
Lightmiddleweight							1	1	2			
Middleweight							1	1	2			
Lighthheavyweight							1	1	2			
Heavyweight							1	1	2			
SECONDARY-Girls												
Finweight not exceeding 42kg										1	1	2
Flyweight over 42 and not exceeding 44										1	1	2
Bantamweight over 44 and not exceeding 46										1	1	2
Featherweight over 46 and not exceeding 49										1	1	2
Lightweight over 49 and not exceeding 52										1	1	2
Welterweight over 52 and not exceeding 55										1	1	2
Lightmiddleweight										1	1	2

EVENT	MEDAL/S											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
Middleweight										1	1	2
Lighthweight										1	1	2
Heavyweight										1	1	2
POOMSAE (Forms)												
Group A (Individual)							1	1	1	1	1	1
Group B (Individual)							1	1	1	1	1	1
Team (Event)							1	1	1	1	1	1
Mixed Pair							1	1	1	1	1	1
Sub-TOTAL	10	10	16	10	10	16	14	14	24	14	14	24

TENNIS												
<i>Singles</i>	1	1	2	1	1	2	1	1	2	1	1	2
<i>Doubles</i>	1	1	2	1	1	2	1	1	2	1	1	2
<i>Team</i>	1	1	2	1	1	2	1	1	2	1	1	2
Sub-TOTAL	3	3	6	3	3	6	3	3	6	3	3	6

VOLLEYBALL												
ELEMENTARY	1	1	1	1	1	1						
SECONDARY							1	1	1	1	1	1
Sub-TOTAL	1	1	1	1	1	1	1	1	1	1	1	1

BILLIARD												
8 Ball							1	1	1	1	1	1
9 Ball							1	1	1	1	1	1
Sub-TOTAL							2	2	2	2	2	2

FUTSAL												
SECONDARY										1	1	1
Sub-TOTAL										1	1	1

WUSHU												
Group A												
Female												
42 kg										1	1	2
45 kg										1	1	2
Male												
42 kg							1	1	2			
45 kg							1	1	2			
48 kg							1	1	2			
Group B												
Female												
48 kg										1	1	2
52 kg										1	1	2
Male												
48 kg							1	1	2			
52 kg							1	1	2			
56 kg							1	1	2			
Sub-TOTAL							6	6	12	4	4	8

EVENT	MEDAL/S											
	ELEM-BOYS			ELEM-GIRLS			SEC-BOYS			SEC-GIRLS		
	G	S	B	G	S	B	G	S	B	G	S	B
WRESTLING												
Freestyle												
Boys												
42 kg							1	1	2			
46 kg							1	1	2			
50 kg							1	1	2			
54 kg							1	1	2			
58 kg							1	1	2			
48 kg												
Girls												
40 kg										1	1	2
44 kg										1	1	2
48 kg										1	1	2
52 kg										1	1	2
56 kg										1	1	2
Sub-TOTAL							5	5	10	5	5	10



Republic of the Philippines
Department of Education

26 AUG 2015

DepEd MEMORANDUM
No. **95**, s. 2015

**AMENDING THE AGE ELIGIBILITY AND OTHER REQUIREMENTS OF ATHLETES
IN THE PALARONG PAMBANSA IN LIGHT OF THE IMPLEMENTATION
OF REPUBLIC ACT (RA) NO. 10533 OTHERWISE KNOWN AS
THE ENHANCED BASIC EDUCATION ACT OF 2013**

To : Undersecretaries
Assistant Secretaries
Bureau Directors
Directors of Services, Centers and Heads of Units
Regional Secretary, ARMM
Regional Directors
Schools Division Superintendents
Heads, Public and Private Elementary and Secondary Schools
All Others Concerned

1. Pursuant to paragraphs (a), (b), and (e) Section 6 of Republic Act (RA) No. 10588 otherwise known as the *Palarong Pambansa Act of 2013*, and in anticipation of the full implementation of RA No. 10533, otherwise known as the *Enhanced Basic Education Act of 2013*, the following are the Rules for Participation in the Division, Regional meets and *Palarong Pambansa 2016*, specifically on the *Participants* and *Eligibility of Athletes*:

Rules on Participation

1. Participants

1.1. Participants in the *Palarong Pambansa* shall be elementary and secondary athletes from public and private schools who participated in the lower meets (Division and Regional). Secondary level athletes shall refer to athletes coming from Junior High Schools or Senior High Schools (SHSs).

1.1.1. Secondary level athletes from SHSs shall refer to all Grades 11 or 12 students from DepEd SHS, private SHS, private Higher Education Institutions (HEIs) offering SHS, State Universities and Colleges (SUCs), and Local Universities and Colleges (LUCs) offering SHS, and other institutions authorized to offer SHS pursuant to existing DepEd Orders, rules regulations.

2. Eligibility of Athletes

To be eligible as participant in the *Palarong Pambansa*, an athlete must be:

2.1. A Filipino Citizen;

- 2.2. Enroled in a recognized school (schools with recognition/permit to operate) at the beginning of the current school year and have attended and/or completed the curriculum year;
- 2.3. Should have participated in the preliminary meets (Division and Regional);
- 2.4. For elementary athlete, he or she should have been born in 2003 or after; and for secondary athletes, he or she should have been born in 1998 or after. Thereafter, add one year to the cut-off date for the succeeding year;
- 2.5. Pupil/student-athletes who transferred from one region to another are allowed to participate, provided their transfer was done at the beginning of the school year. Transferees from one division to another within the region are allowed to participate, provided they have participated in the lower meets; and
- 2.6. As a general rule, elementary athletes shall play in the elementary division and secondary athletes shall play in the secondary division. However, elementary level athletes who have been declared overage in the elementary level may be allowed to play in the secondary level.

2. Parents of pupils/students who have any question, query, or clarification relative to these guidelines shall have 30 days from the date of its issuance to file the same with the Office of the Secretary, Department of Education (DepEd). Failure to file the same within the period herein provided shall constitute a waiver on their part and any question, query, or clarification shall not be entertained except on meritorious grounds.

3. All other Orders, Memoranda, and other related issuances inconsistent with this are deemed amended accordingly effective immediately.

4. Immediate dissemination of this Memorandum is desired.


BR. ARMIN A. LUISTRO FSC
Secretary

References: DepEd Memorandum No.: 99, s. 2013
DepEd Memorandum Nos.: 40 and 49, s. 2014

To be indicated in the Perpetual Index
under the following subjects:

ATHLETICS
CHANGE
CONTESTS
PUPILS
RULES AND REGULATIONS
REQUIREMENTS
SPORTS
STUDENTS