



Republic of the Philippines
Department of Education
Cordillera Administrative Region

November 20, 2020

ADVISORY
NO. 005.2020

To: Chiefs, Regional Office Functional Divisions
Schools Division Superintendents
All Others concerned

**WEBINAR ADVISORY: EMPOWERING TEACHERS AMIDST THE PANDEMIC – A
Webinar on Mental Health and Self-Care**

1. CitySavings in partnership with MentalHealthPH will be conducting a Teacher's Mental Wellness at the Frontline of Education Webinar entitled, EMPOWERING TEACHERS AMIDST THE PANDEMIC – A Webinar on Mental Health and Self-Care on December 4, 2020 at 10:00 AM via Zoom.
2. The Department of Education Cordillera Administrative Region has been given 20 slots for this activity. Since it is a pilot activity, participants will be as follows:

CLMD	1
ESSD	1
HRDD	1
FTAD	1
SDO	2 per SDO; 1 CID and 1 SGOD

3. Participants' names and contact information shall be submitted to Ronald G. Ubaldo at ronald.ubaldo@citysavings.com.ph cc: essd.depedcar@gmail.com on or before November 27, 2020. The meeting link and activity information will be sent via email upon submission of participant data.
4. For immediate dissemination.


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Regional Director

ESSD/CTG/afc



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EMPOWERING TEACHERS AMIDST THE PANDEMIC – A Webinar on Mental Health and Self-Care

Participants:

Name	Position/Designation	RO/ SDO	Mobile Number	Email Address

Email to Ronald G. Ubaldo at ronald.ubaldo@citysavings.com.ph
cc: ssd.depedcar@gmail.com on or before November 27, 2020