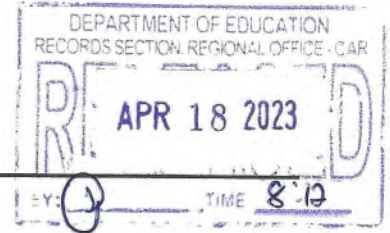




Republic of the Philippines  
**Department of Education**  
CORDILLERA ADMINISTRATIVE REGION



**Advisory No. 037.2023**

April 17, 2023

In compliance with DepEd Order No. 8, s. 2013  
this advisory is issued not DepEd not for endorsement per DO 28, s. 2001  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
(Visit [www.deped.gov.ph](http://www.deped.gov.ph))

**COPE Caravan 2023**

The COPE Up executive Committee – COPE UP Diliman is inviting students to participate in the organization's competitive event and to have the opportunity to apply their talents and skills in contemporary social contexts.

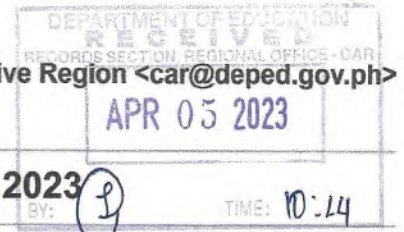
Attached is the Request for a DepEd Regional Advisory for COPE Caravan 2023.

For queries, please coordinate with COPE UP Diliman:

- JOHN MARCO BAJANA  
Overall Head  
COPE Caravan 2023  
[cope.caravan@gmail.com](mailto:cope.caravan@gmail.com)  
[facebook.com/COPE.UPDiliman](https://www.facebook.com/COPE.UPDiliman)

CLMD/RCA/csa COPE Caravan 2023  
0000/April 17, 2023



**Request for a DepEd Regional Advisory for COPE Caravan 2023**

COPE Caravan <cope.caravan@gmail.com>  
To: car@deped.gov.ph

Wed, Apr 5, 2023 at 8:36 AM

April 5, 2023

Greetings from COPE UP!

COPE UP is a non-profit, non-partisan, and non-sectarian mental health organization based at the University of the Philippines Diliman. As the premier mental health organization in the university, COPE UP's advocacies include raising mental health awareness, destigmatizing mental illnesses, and providing a sound environment for individuals experiencing mental health disorders, problems, and other mental health-related challenges. Since 2017, the organization has conducted educational discussions and has promoted creative contents that are in line with its advocacies towards building a mentally healthy country.

This semester, COPE UP will be holding **COPE Caravan**, which features a series of events forwarding the organization's advocacies as well as providing students with healthier ways to cope with the stresses of life. Going by the title **Sanctuary: Places, Spaces, and their Relationship with Mental Health**, the month-long celebration aims to highlight the influence of spaces and people's perception of them on their mental health through a series of events ranging from competitions, webinars, and other exciting and informative activities.

One of the events will be an **infographic-making competition**, which aims to provide an avenue for high school students to unleash their creativity while writing and researching a relevant topic in line with the organization's advocacy of mental health awareness. Not only will the students have the opportunity to apply their talents and skills in contemporary social contexts, but also, your students will have the chance to win cash prizes, among other tentative incentives.

In line with this, COPE UP humbly requests your office to grant an issuance of a **DepEd Regional Advisory** for immediate information dissemination to the schools within your region. Attached to this email are the following:

- certificate of recognition
- COPE Caravan 2023 Primer
- Cover Letter

Thank you very much and we look forward to your favorable response regarding this matter!

Best regards,

John Marco Bajana  
Overall Head  
COPE Caravan 2023

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3 attachments



**[COPE UP] Certificate of Registration\_1.jpg**  
337K



**Cover Letter (CAR).pdf**  
373K



**COPE Caravan 2023 Primer.pdf**  
4847K



**COPE UP Executive Committee  
A.Y. 2022-2023**

**Edrian Divinaflor**  
Overall Project Head

**John Marco Bajana**  
Executive Vice President

**Margret Juan**  
Executive Secretary

**COPE Caravan 2023  
AdHoc Team**

**John Marco Bajana**  
**Marvin De Guzman**  
**Louise Gabriel Jimenez**  
Overall Heads

**Joriz Mico Medina**  
**Lebron Andre Liam Palanca**  
Programs Subcommittee Heads


**Allianz Jelena Maturino**  
Creatives and Promotions  
Subcommittee Head

**John Clarence Pamplina**  
Communications Subcommittee Head

**Josh Andrew Martija**  
Technical and Logistics  
Subcommittee head

**CONTACT US**

- ☑ [cope.caravan@gmail.com](mailto:cope.caravan@gmail.com)
- 📘 [facebook.com/COPE.UPDiliman](https://www.facebook.com/COPE.UPDiliman)
- 🐦 [@COPE\\_UP](https://twitter.com/COPE_UP)
- 📷 [@cope.updiliman](https://www.instagram.com/cope.updiliman)

DEPARTMENT OF EDUCATION  
RECORDS SECTION REGIONAL OFFICE - CAR  
APR 05 2023  
BY:  TIME: 10:14

April 5, 2023



**HON. ESTELA L. CARIÑO**

Regional Director  
Department of Education - CAR (Cordillera Administrative Region)  
Wangal, La Trinidad, Benguet

Greetings from COPE UP!

COPE UP is a non-profit, non-partisan, and non-sectarian mental health organization based at the University of the Philippines Diliman. It is also the premier mental health organization in the university. Its advocacies include raising mental health awareness, destigmatizing mental illnesses, and providing a sound environment for individuals experiencing mental health disorders, problems, and other mental health-related challenges. Since 2017, the organization has conducted educational discussions and has promoted creative contents that are in line with its advocacies towards building a mentally healthy country.

For this semester, COPE UP will be holding **COPE Caravan**, the organization's socio-civic project, which features a series of events forwarding the organization's advocacies as well as providing students with healthier ways to cope with the stresses of life. This year, COPE Caravan will go by the title **Sanctuary: Places, Spaces and their Relationship with Mental Health**. This will be a month-long celebration that aims to highlight the influence of spaces and people's perception of them on their mental health and will showcase a variety of projects and events ranging from competitions, webinars, and other exciting and informative activities that are open for senior high school students as well as college-level students.

The competitive event, which is an **infographic-making competition**, aims to provide an avenue for high school students to unleash their creativity while writing and researching a relevant topic in line with the organization's advocacy of mental health awareness. With this in mind, COPE UP would love to have your students participate in the organization's competitive event. Not only will your students have the opportunity to apply their talents and skills in contemporary social contexts, but also, your students