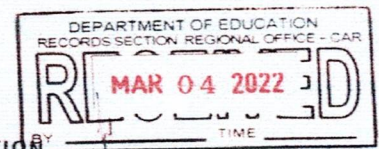




Republic of the Philippines
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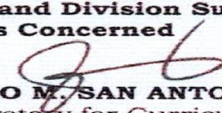


BCD-SCPD-O-2022-2642

MEMORANDUM
 DM-CI-2022-055

TO : Minister, Ministry of Basic, Higher and Technical Education, BARMM
 All Regional Directors

ATTENTION: Schools Division Superintendents
 Chief Education Supervisors
 Regional and Division Supervisors
 All Others Concerned

FROM : 
 DIOSDADO M. SAN ANTONIO
 Undersecretary for Curriculum and Instruction

SUBJECT : Virtual Orientation on DepEd Order No. 60, s. 2021—
 Guidelines on Galaw Pilipinas: The DepEd National Calisthenics Exercise Program

DATE : March 2, 2022

Relative to the release of **DepEd Order No. 60, s. 2021** titled “Guidelines on Galaw Pilipinas: The DepEd National Calisthenics Exercise Program,” the Department of Education, through the Bureau of Curriculum Development-Special Curricular Programs Division, shall conduct the **Virtual Orientation on DepEd Order No. 60, s. 2021—Guidelines on Galaw Pilipinas: The DepEd National Calisthenics Exercise Program** on **March 14, 2022 at 8:30 a.m.** via **MS Teams platform**.

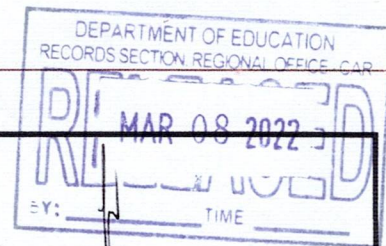
This orientation specifically aims to:


- a. discuss the Guidelines for Galaw Pilipinas: The DepEd National Calisthenics Exercise Program; and
- b. address issues and concerns regarding the implementation of Galaw Pilipinas.

The expected participants for this orientation are the Chief Education Supervisors of Curriculum and Learning Management Division (CLMD) and Curriculum Implementation Division (CID), Regional and Division Education Program Supervisors in-charge of Music, Arts, Physical Education, and Health (MAPEH)/Special Program in Sports (SPS), and selected School Heads.

The matrix of activities and allotted number of participants per region are provided in **Annexes A and B** for your reference. The regional office is requested to send the confirmation of their participants using the template in **Annex C** to email address:

DepEd Complex, Meralco Avenue, Pasig City, Philippines
 Direct Line: (632) 8633-7202/8687-4146 Fax: (632) 8631-5057
 E-mail: ouci@deped.gov.ph/diosdado.sanantonio@deped.gov.ph Website: www.deped.gov.ph




 Republic of the Philippines
Department of Education
 CORDILLERA ADMINISTRATIVE REGION
 WANGAL LA TRINIDAD, BENGUET

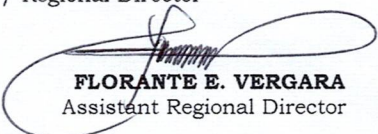
March 8, 2022

To: Schools Division Superintendents
All Divisions

For information, dissemination, and compliance.

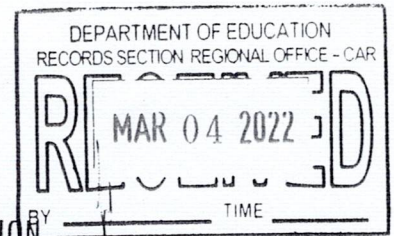
ESTELA P. LEON - CARIÑO EdD, CESO III
 Director IV/ Regional Director

By Authority of the Regional Director:


FLORANTE E. VERGARA
 Assistant Regional Director

CLMD/RCA/acm





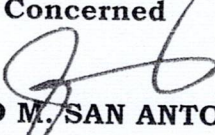
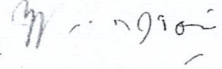
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Republic of the Philippines

Department of Education

OFFICE OF THE UNDERSECRETARY FOR CURRICULUM AND INSTRUCTION

harold.espiritu@deped.gov.ph on or before March 8, 2022. Likewise, participants are requested to register at <https://bit.ly/galawpilipinas> on or before **March 10, 2022** to receive the meeting details via e-mail.

For your reference, the DepEd Order No. 60, s. 2021 can be downloaded through the DepEd website while the promotional and instructional videos of this exercise can be accessed through the following link: <https://tinyurl.com/DepED-Galaw-Pilipinas>.

For coordination and inquiries, please contact Mr. Harold D. Espiritu, SPS Focal Person at the above email address or Mr. Restituto M. Mendoza, SPS Focal Person through email at restituto.mendoza001@deped.gov.ph.

Immediate and wide dissemination of this memorandum is requested.



Republic of the Philippines

Department of Education

OFFICE OF THE UNDERSECRETARY FOR CURRICULUM AND INSTRUCTION

Annex A

Virtual Orientation on DepEd Order No. 60, s. 2021—Guidelines on Galaw Pilipinas: The DepEd National Calisthenics Exercise Program

March 14, 2022, 8:30 AM
via MS Teams

ACTIVITY MATRIX

8:30-8:45	National Anthem Invocation
8:45-8:55	DepEd Vision, Mission, and Core Values Quality Policy Statement
8:55-9:05	Statement of Purpose and Activity Matrix <ul style="list-style-type: none">• Dr. Isabel A. Victorino Chief Education Program Specialist
9:05-9:10	Opening Remarks <ul style="list-style-type: none">• Dir. Jocelyn DR Andaya Director IV
9:10-9:15	Intermission Galaw Pilipinas Promotional Video (Stakeholders)
Plenary	
9:15-9:25	Overview of the Development of Galaw Pilipinas <ul style="list-style-type: none">• Ms. Rosa Ligaya C. Domingo Retired Supervising Education Program Specialists/OIC Chief-SCPD
9:25-9:35	Strengthening Cardiovascular Endurance <ul style="list-style-type: none">• Dr. Ma. Corazon C. Dumlao Chief Health Program Officer BLSS-SHD
9:35-9:40	Intermission <ul style="list-style-type: none">• Quezon Science Madrigal Virtuosos SDO Quezon, Region IV-CALABARZON
9:40-9:50	Importance of Calisthenics Exercise <ul style="list-style-type: none">• Prof. Hercules P. Callanta Associate Professor 7 University of the Philippines-Diliman
9:50-10:00	Distinguishing Dance from Exercise <ul style="list-style-type: none">• Prof. Sebastian Ma. Martin M. Ripoll Director and Faculty Magna Anima Teachers College
10:00-10:10	Integrating Culture and Exercise <ul style="list-style-type: none">• Dr. Lordinio A. Vergara



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	Vice President, University Relations and Advancement Philippine Normal University
Orientation Proper	
10:10-10:20	Galaw Pilipinas: The DepEd National Calisthenics Exercise Program Infographic Video
10:20-10:45	Discussion on the guidelines for Galaw Pilipinas: The DepEd National Calisthenics Exercise Program (DepEd Order No. 60, s. 2021) <ul style="list-style-type: none">• Restituto M. Mendoza, Harold D. Espiritu & Clodualdo V. Paiton Senior Education Program Specialists/Technical Specialist
10:45-10:50	Heads up on Galaw Pilipinas <ul style="list-style-type: none">• Mikael Sandino T. Andrey Supervising Education Program Specialist
10:50-11:10	Open Forum
11:10-11:15	Galaw Pilipinas Promotional Video (BCD)
11:15-11:20	Closing Remarks <ul style="list-style-type: none">• Dir. Samuel Soliven Director III



Republic of the Philippines

Department of Education

OFFICE OF THE UNDERSECRETARY FOR CURRICULUM AND INSTRUCTION

Annex B

Virtual Orientation on DepEd Order No. 60, s. 2021—Guidelines on Galaw Pilipinas: The DepEd National Calisthenics Exercise Program

March 14, 2022, 8:30 AM

via MS Teams

NUMBER OF PARTICIPANTS

Region	CLMD Chief	Regional MAPEH/SPS EPS	CID Chief	Division MAPEH/SPS EPS	School Head	Total
I	1	1	14	14	3	32
II	1	1	9	9	2	22
III	1	1	20	20	5	47
IV-A	1	1	21	21	5	49
IV-B	1	1	7	7	2	18
V	1	1	13	13	3	31
VI	1	1	20	20	5	47
VII	1	1	19	19	4	44
VIII	1	1	13	13	3	31
IX	1	1	8	8	2	20
X	1	1	14	14	3	32
XI	1	1	11	11	3	27
XII	1	1	8	8	2	20
CARAGA	1	1	12	12	3	29
BARMM	1	1	10	10	3	25
CAR	1	1	8	8	2	20
NCR	1	1	16	16	3	37



Republic of the Philippines

Department of Education

OFFICE OF THE UNDERSECRETARY FOR CURRICULUM AND INSTRUCTION

Annex C

Virtual Orientation on DepEd Order No. 60, s. 2021—Guidelines on Galaw Pilipinas: The DepEd National Calisthenics Exercise Program

March 14, 2022, 8:30 AM
via MS Teams

CONFIRMATION SHEET

Region: _____

Name	Position/ Designation	Division	DepEd Email Address	Cellphone No.	FB Name

(Add row if necessary)

Prepared by:

Education Program Supervisor-MAPEH/SPS

Noted:

Chief Education Supervisor-CLMD

Regional Director