



**PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.**

The Accredited Integrated Professional Organization of the Professional Regulation Commission  
Room 107 Philippine Social Science Center, Commonwealth Ave., Diliman, Quezon City  
www.pgcainc.com • secretariat.official@pgcainc.com | +639166553507

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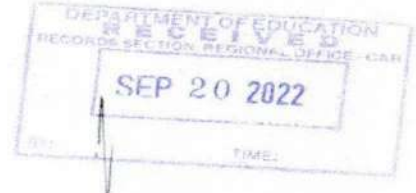
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Assistant Treasurer

secretariat.official@pgcainc.com  
pgcasetariat@gmail.com  
Viber: 0916-655-3507

September 19, 2022

**MS. ESTELA L. CARIÑO**  
Director  
Cordillera Administrative Region Regional Office  
Department of Education  
La Trinidad



**Dear Ms. Cariño:**

Greetings from the Philippine Guidance and Counseling Association, Inc. (PGCA), the PRC Accredited Professional Organization of the Professional Regulation Commission!

We are pleased to inform you that the PGCA will hold its Midyear Conference on **October 20-21, 2022** at the **Paradise Garden Resort Hotel and Convention Center, Boracay, Malay, Aklan**. Our theme for this year is **"Coming Together for Recalibrated Self-Care and Renewed Well-Being"**. The conference aims to upgrade the competencies and empower counselors, teachers, mental health practitioners and advocates and other related helping professions with knowledge and skills in self-care and well-being. Given the disruptions brought about by the pandemic and the continued life adversities we are facing, there is a need for us to continually be informed and updated on processes and strategies that will strengthen our mental, emotional, social, and psychological resources towards the attainment of mental wellness that we may be able to effectively address issues we face especially those affecting our youth.

In view of this, we would like to request for your kind issuance of an advisory or endorsement for the participation to this two-day event of counselors, teachers, mental health practitioners and advocates and other related helping professions in the tertiary level to be charged against local MOOE funds or training and development funds of the school or institution.

To help defray cost of meals, kits and materials, certificates, venue, as well as travel expenses, hotel accommodation and honoraria of the resource persons for this special conference, this midyear conference registration are as follows:

Graduate Students	PhP 4,000.00
Early Bird Participants (until October 1, 2022)	PhP 4,500.00
On-Site Participants	PhP 5,000.00

For further inquiries you may call our secretariat office at (02) 455-5108 or mobile no. +63 09166553507.

We, in the PGCA, sincerely appreciate your kind support to our endeavours.

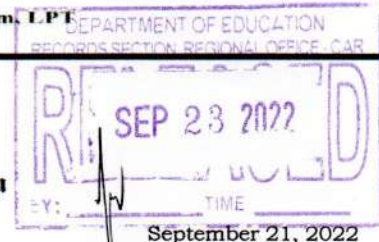
Attached are the invitation letter, program of activities, bio-profile and SEC.

Thank you, Ma'am.

Very truly yours,

**MARIA LAARNI CARLA C. PARANIS, PhD, RGC, LPT**  
Program Chair and Vice President for Internal Affairs

**SHEILA MARIE G. HOCSON, PhD, RGC, RPsy, RPhM, LPT**  
Over-All Conference Chair and National President



**To:** Schools Division Superintendents  
All Schools Division Offices  
All Others Concerned

For information, guidance, and dissemination.

**ESTELA P. LEON-CARIÑO EdD, CESO III**  
Director IV/ Regional Director

For the Regional Director:

**FLORANTE E. VERGARA**  
Director III/ Asst. Regional Director

CLMD/RCA/csa/jbp



**Address:** Wangal, La Trinidad, Benguet, 2601  
**Telephone No:** (074) 422-1318 | **Fax No.:** (074) 422-4074  
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Cordilleran Learners"



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September 19, 2022

## BOARD OF DIRECTORS 2022-2023

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MERRIE CAROLYNE M. GARCIA  
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[pgcasecretariat@gmail.com](mailto:pgcasecretariat@gmail.com)  
Viber: 0916-655-3507

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Department of Education  
La Trinidad



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Program Chair and Vice President for Internal Affairs

**SHEILA MARIE G. HOCSON, PhD, RGC, RPsy, Rpm, LPT**  
Over-All Conference Chair and National President





# PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

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## ACTIVITY MATRIX

### 57<sup>th</sup> National Midyear Conference

Theme: “Coming Together for Recalibrated Self-Care and Renewed Well-Being”

October 20-21, 2022

Paradise Garden Resort Hotel and Convention Center

Boracay, Malay, Aklan

Day 1: October 20, 2022			
Time	Type	Topic	Resource Speakers
8:00 -8:15am	Plenary	Welcome Statement of Purpose Presidential Address and Introduction of Keynote Speaker	
8:15-8:30	Plenary	Self-Care and Well Being Message	<b>Hon. Sara Zimmerman Duterte-Carpio</b> Vice President, Republic of the Philippines
8:30-10:30	Plenary	Keynote  “Coming Together for Recalibrated Self-Care and Renewed Well-Being”	<b>Antonio C. Sison, MD</b> Associate Professor Department of Psychiatry UP-PGH
10:30-12:00		Working Break	<b>Antonio C. Sison, MD</b> Associate Professor Department of Psychiatry UP-PGH  <b>Francis Dimalanta, MD</b> Assistant Head, Institute of Pediatrics and Child Health St. Lukes Medical Center  <b>Dr. Nino Mateo, PhD, RGC, RPsy</b> Associate Professor Counseling and Educational Psychology Department De La Salle University  <b>Dr. Sheila Marie G. Hocson, RGC, RPM, RPsy, LPT</b> Guidance Director Far Eastern University
	Interactive Panel Discussion 1 (Plenary)	Talk Show:  What is Self-Care and Well- Being?	
12:00-1:00		Lunch Break/video	
12:45 - 1:00		Management of Learning/Energizer	
1:00-2:30	Interactive Panel Discussion 2 (Plenary)	Strategies and Programs on Well-Being	<b>Antonio C. Sison, MD</b> Associate Professor Department of Psychiatry UP-PGH  <b>Francis Dimalanta, MD</b> Assistant Head, Institute of Pediatrics and Child Health St. Lukes Medical Center

			<p><b>Dr. Nino Mateo, PhD, RGC, RPsy</b> Associate Professor Counseling and Educational Psychology Department De La Salle University</p> <p><b>Dr. Sheila Marie G. Hocson, RGC, Rpm, RPsy, LPT</b> Guidance Director Far Eastern University</p>
2:30-4:00		Working Break	<p><b>Dr. Benny Soliman, PhD, RGC, Rpm, LPT</b> Associate Professor II/ Director for Student Services and Development Tarlac Agricultural University</p> <p><b>Dr. Jomelyn G. Lopez, RGC, RPsy</b> Clinical Psychologist IV Government Agency</p> <p><b>Dr. Maria Laarni Carla C. Paranis, RGC, LPT</b> Education Program Supervisor Department of Education</p> <p><b>Remedios C. Moog, RGC, Rpm</b> University Counselor De La Salle University</p> <p><b>Danilo Talusan, RGC</b> Counselor Far Eastern University</p>
	Interactive Panel Discussion 3 (Plenary)	Well-Being Practices in Different Settings <i>(Sharing of well-being best practices In industry, academe, clinical , community, and organizations)</i>	
4:00-5:00		Working Break	<p><b>Dr. Sheila Marie G. Hocson, RGC, Rpm, RPsy, LPT</b> Guidance Director Far Eastern University</p>
	Interactive Panel Discussion 4 (Plenary)	<p><b>Well-Being Policies And Commitment</b></p> <p><b>Commitment: Coming Together</b></p>	
7:00 – 9:00		Fellowship/ Socialization	
Day 2: October 21, 2022			
7:45-8:00		Management of Learning	
8:00-12:00	Workshop (Plenary)	Enhancing Well-Being Strengths through Emotional Freedom Techniques (EFT) and Applications	<p><b>Dr. Gina R. Lamzon, RGC</b> Graduate School Faculty Ateneo de Davao University</p>
12:00-1:00		Lunch Break	
1:00-3:00	Workshop (Plenary)	Digital Well-Being	<p><b>Michelle Climaco</b> Program Officer, Unilab Foundation</p>
3:00 – 5:00		Working Break	<p><b>Marissa C. Pascual, RGC, Rpm</b> Guidance Counselor, DLSU Taft</p>
	Workshop (Plenary)	Core Mindfulness: Dialectical Behavior Therapy	



Professional Regulation Commission

RESUME OF RESOURCE PERSON

CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING



Principal

Alternate

Substitute

**Part I. Personal Circumstances**

Name: Antono C. Sison, MD	Nickname: Tofi
Residence Address: 1906 Taft Avenue, Malate, Manila	Contact Details Landline No.: 8525-8142 Mobile No. 1: 0917 423 7911 Mobile No. 2: Email Add.: dopaminesison@yahoo.com
Business Address: 1906 Taft Avenue, Malate, Manila	
Nationality/Citizenship: Filipino	

Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.

**Part II. Track Record**

Major Competency Areas	Specialization	Sub-Specialization
	Psychiatry	Psycho-Oncology Psychodermatology

Relevant Seminars/Training Programs Conducted in the last five (5) years		Relevant Seminars/Training Programs Attended in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
2020	Psychodermatology Lecture Series	2021	PPA Annual Convention
2020	Lectures on EMDR, STI	2020	PPA Annual Convention
2019	Lectures on Psychodermatology	2019	PPA Midyear Convention
2018	Lectures on Trauma and EMDR	2019	PPA Annual Convention
2016	Neurolinguistic Programing (NLP)	2016	Psychodermatology Observership

**Major Achievements, Citations, Recognition and Awards**

Date	Title	Awarding Body
2016	Fellow, Dermatology	Philippine Dermatology Society
2013	Diplomate, Dermatology	Philippine Specialty Board of Dermatology
1999	Fellow.	Philippine Psychiatry Association
1996	Diplomate, Psychiatry	Philippine Specialty Board of Psychiatry
1986	Philippine Physician Licensure Examination	Philippine Regulatory Commission

**Part III. Education and Employment**

Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	University of the Philippines	Diliman, Quezon City	1974-1979	BS Psychology
Post-Graduate	University of the East Ramon Magsaysay Memorial Medical Center	E. Rodriguez, Quezon City	1979-1984	Doctor of Medicine
	Department of Psychiatry, UP-PGH	Psychiatry Residency	1986-1988	General Adult Psychiatry
	Department of Psychiatry, UP-PGH	Social and Community Psychiatry Fellowship	1989-1990	Social and Community Psychiatry
	Department of	Psycho-Oncology	1991-	Psycho Oncology

	Psychiatry Memorial Sloan Kettering Cancer Center	Fellowship	1994	
	Skin and Cancer Foundation	Dermatology Residency	2010-2012	Dermatology
Work Experience: Five (5) most recent	Position	Agency/Company	Inclusive Dates	
	Associate Professor	Department of Psychiatry UP-PGH	2021 - Present	

Part IV. Other Relevant Information							
Profession/s	Physician	License No.	58576	Issued on:	01/14 1986	Valid until:	05/26 2023
AIPO Membership		National/Chapter		Position		Date	
Philippine Psychiatric Association		Philippines		Vice-President		2021	
Philippine Pain Society		Philippines		Board of Trustees		2021	
Philippine Society of Venereology		Philippines		Secretary		2018	
Other Major Affiliations (Professional, Civic)		National/Chapter		Position:		Date	
UGAT (Anthropological Association of the Philippines)		Philippines		Member		2020	
Philippine Dermatology Society,		Philippines		Member		2013	

I hereby certify that the above information written by me are true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.

I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.

Antonio C. Sison, MD  
Signature Over Printed Name  
January 18, 2022  
Date





Professional Regulation Commission

## RESUME OF RESOURCE PERSON

CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING Principal Alternate Substitute**Part I. Personal Circumstances**

Name: FRANCIS XAVIER M. DIMALANTA	Nickname: Francis
Residence Address:	Contact Details Landline No.: 8723-0101 Loc. 2608 Mobile No. 1: 0917-5697780 Mobile No. 2: Email Add.: F.X.D.DIMALANTA@GMAIL.COM
Business Address: SLMC Global City MAB Suite 805 SLMC Quezon City MAB Suite 208	
Nationality/Citizenship: FILIPINO	

*Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.*

**Part II. Track Record**

Major Competency Areas	Specialization	Sub-Specialization	
	Pediatrics	Developmental & Behavioral Pediatrics	
Relevant Seminars/Training Programs <b>Conducted</b> in the last five (5) years		Relevant Seminars/Training Programs <b>Attended</b> in the last five (5) years	
Date	Title of the Program	Date	Title of the Program

**Major Achievements, Citations, Recognition and Awards**

Date	Title	Awarding Body
April 2021	Autism Advocate Award	Philippine Association for Citizens with Developmental and Learning Disabilities Inc (PACDLD)
Feb. 2020	Most Outstanding Alumni in Community Service	UERMMMCC
2012	Most Outstanding Alumni of St. Luke's Medical Center	St. Luke's Medical Center, Pediatric Alumni Association
February 2014	Advocacy Award	Special Education Network in Asia (SENIA), Singapore,

**Part III. Education and Employment**

Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	UP-Diliman	Diliman, QC	1979-1983	BS-Psychology

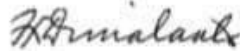
	UERRMMC	Manila	1986-1990	Doctor of Medicine
Post-Graduate	UP College of Medicine PGH – Multidisciplinary Child and Adolescent Unit	Manila	1999	Fellowship in Developmental and Behavioral Pediatrics
	St. Luke's Medical Center	Quezon City	1996	Residency in Pediatrics
Work Experience: Five (5) most recent	<b>Position</b>	<b>Agency/Company</b>		<b>Inclusive Dates</b>
	Assistant Head, Institute of Pediatrics and Child Health	St. Luke's Medical Center Institute of Pediatrics & Child Health, Global City		2013 – Present
	Section Chief, Developmental and Behavioral Pediatrics, Institute of Pediatrics and Child Health	St. Luke's Medical Center Institute of Pediatrics & Child Health, Quezon City		2013 – Present
	Clinical Assistant Professor	St. Luke's College of Medicine William Quasha Memorial		November 2014 - Present
	Section Chief, Developmental and Behavioral Pediatrics, Institute of Pediatrics and Child Health	St. Luke's Medical Center Institute of Pediatrics & Child Health, Global City		2011 – Present
	Member, Research Committee	St. Luke's Medical Center Institute of Pediatrics & Child Health, Quezon City		2013 - Present

<b>Part IV. Other Relevant Information</b>				
Profession/s	License No.	Issue d on:	Valid until:	
<b>AIPO Membership</b>	<b>National/Chapter</b>	<b>Position</b>	<b>Date</b>	
<b>Other Major Affiliations (Professional, Civic)</b>	<b>National/Chapter</b>	<b>Position:</b>	<b>Date</b>	
Philippine Pediatric Society	National	Member of the Board of Trustees	2016 –2022	
Council on Community Service & Child Advocacy	PPS	Director	2018-2022	
Philippine Society for Developmental and Behavioral Pediatrics	National	Member of the Board of Trustees	2014-2015; 2019-Present	



I hereby certify that the above information written by me are true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.

I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.



**FRANCIS XAVIER M. DIMALANTA**  
Signature Over Printed Name

4/6/2022  
Date



## **CERTIFICATIONS**

*Fellow, Philippine Society for Developmental and Behavioral Pediatrics, 2005*

*Fellow, Philippine Pediatric Society, 2004*

*Diplomate, Philippine Pediatric Society, 1999*

*Philippine Physicians Licensure, 1993*

## **POST GRADUATE TRAINING**

### **International Training, USA, 2000**

*Faculty Development Program*

*The Children's Hospital Boston – Developmental Medicine Center*

*Harvard Medical School*

### **Observership in Developmental and Behavioral Pediatrics, USA, 2000**

*New York-Presbyterian Hospital – Division of Child Development*

*Weill-Cornell Medical Center*

*Children's Evaluation and Rehabilitation Center,*

*Fisher Landau Center for the Treatment of Learning Disabilities,*

*Montefiore Medical Center*

### **Fellowship in Developmental and Behavioral Pediatrics, 1999**

*University of the Philippines College of Medicine*

*Philippine General Hospital – Multidisciplinary Child and Adolescent Unit*

### **Residency in Pediatrics, 1996**

*St. Luke's Medical Center, Quezon City*

## **EDUCATION**

### **Doctor of Medicine, 1990**

*University of the East Ramon Magsaysay Memorial Medical Center, Manila*

### **Bachelor of Science (Major in Psychology), 1983**

*University of the Philippines, Quezon City*

### **Scholarship Received**

*International Scholarship at Taking on Tomorrow, Boston Children's Hospital Global Pediatric Innovation*

*Summit, 2015*



## Professional Regulation Commission

## RESUME OF RESOURCE PERSON

CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING Principal Alternate Substitute**Part I. Personal Circumstances**

Name: NIÑO JOSE MATEO	Nickname: NIÑO
Residence Address:	Contact Details Landline No.:
Business Address: 16th Floor, Br. Andrew Gonzalez FSC College of Education De La Salle University, Taft Avenue, Manila	Mobile No. 1: 09175830102 Mobile No. 2:
Nationality/Citizenship:	Email Add.: nino.mateo@dlsu.edu.ph
Filipino	

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**Part II. Track Record**

Major Competency Areas	Specialization	Sub-Specialization
	Psychology	Counseling

Relevant Seminars/Training Programs Conducted in the last five (5) years		Relevant Seminars/Training Programs Attended in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
08/5/20	Self-care for online workers	5/12/20	Finding Happiness ATM: A mental health
08/4/20	How to get away with stress? (And if you can't, what can you do?)	06/10/21	Mental Health Orientation
7/31/20	Achieving work-life balance in the new normal	03/16/21	Designing and Developing Mental Health Programs in the Workplace
5/15/20	The Wellness Playbook: The ultimate guide to mental health	08/11/21	Ensuring Wellness in the New Normal
5/13/20	What's wrong with NOT being normal?		

**Major Achievements, Citations, Recognition and Awards**

Date	Title	Awarding Body
2012	Topnotcher (Ranked #1) Board Examination for Guidance and Counseling	Professional Regulatory Commission
2011	Graduated with High Distinction - PhD in Counseling Psychology Program	De La Salle University Counseling and Educational Psychology Department Br. Andrew Gonzalez FSC College of Education
2011	Outstanding Dissertation - <i>In Pursuit of a Filipino Counselor Development</i>	PhD in Counseling Psychology Program De La Salle University Counseling and Educational Psychology Department Br. Andrew Gonzalez FSC College of Education

**Part III. Education and Employment**

Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	University of the Philippines	Diliman, Quezon City	1996	Bachelor of Arts in Psychology CPDD-17 Rev. 00

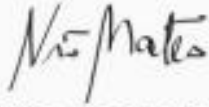
Post-Graduate	University of the Philippines	Diliman, Quezon City	2003	Master of Arts in Psychology
	De La Salle University	Taft Ave., Manila	2011	PhD in Counseling Psychology
Work Experience: Five (5) most recent	<b>Position</b>	<b>Agency/Company</b>		<b>Inclusive Dates</b>
	<b>Associate Professor</b>	Counseling and Educational Psychology Department, De La Salle University, Taft Avenue, Manila		Present
	<b>Board Member</b>	Psychological Association of the Philippines		Present
	<b>Director</b>	Operation Big Brother Adopt-A-School Program, Br. Andrew Gonzalez, FSC College of Education, De La Salle University		2011-2017, 2020-present
	<b>Vice President</b>	Philippine Guidance and Counseling Association, Inc.		(2016-2017)
	<b>Auditor</b>	Philippine Guidance and Counseling Association, Inc.		(2015-2016; 2017-2018)
	<b>Vice-president</b>	William Glasser Institute Philippines.		(2016- 2020)
	<b>President</b>	William Glasser Institute Philippines.		(2013-2016; 2020-present)
	<b>Editor-in-Chief</b>	Guidance Journal, Philippine Guidance and Counseling Association		2015-2016
	<b>Head</b>	Counseling Psychology Division, Psychological Association of the Philippines		2014-2017

Part IV. Other Relevant Information							
Profession/s	<i>Registered Guidance Counselor</i>	License No.	0002101	Issued on:	9/17/2012	Valid until:	07/04/2021
	<i>Registered Psychologist</i>		0000143		7/17/2013		7/4/2022
	<i>Certified Counseling Psychologist</i>						
	<i>Certified Choice Theory and Reality Therapy Practitioner</i>						
<b>AIPO Membership</b>		<b>National/Chapter</b>		<b>Position</b>		<b>Date</b>	
Psychological Association of the Philippines		NCR		Board Member		Oct 2020 - Present	
Philippine Guidance and Counseling Association of the Philippines		NCR		Member		Present	
<b>Other Major Affiliations (Professional, Civic)</b>		<b>National/Chapter</b>		<b>Position:</b>		<b>Date</b>	



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**NIÑO JOSE MATEO**

Signature Over Printed Name

August 11, 2021

Date

Republic of the Philippines  
**PROFESSIONAL REGULATION COMMISSION**  
PROFESSIONAL IDENTIFICATION CARD




LAST NAME	▶ MATEO
FIRST NAME	▶ NIÑO
MIDDLE NAME	▶ JOSE
REGISTRATION NO.	▶ 0000143
REGISTRATION DATE	▶ 07/17/2013
VALID UNTIL	▶ 07/04/2025

**PSYCHOLOGIST**




Republic of the Philippines  
**PROFESSIONAL REGULATION COMMISSION**  
PROFESSIONAL IDENTIFICATION CARD



LAST NAME	▶ MATEO
FIRST NAME	▶ NIÑO JOSE
MIDDLE NAME	▶
REGISTRATION NO.	▶ 0002101
REGISTRATION DATE	▶ 09/17/2012
VALID UNTIL	▶ 07/04/2024

**GUIDANCE COUNSELOR**





**Professional Regulation Commission**

**RESUME OF RESOURCE PERSON**

**CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING**



**Principal**                       **Alternate**                       **Substitute**

**Part I. Personal Circumstances**

Name: Sheila Marie G. Hocson	Nickname: Shake
Residence Address: 45 Halcon II St. Sta. Mesa Heights, Quezon City Philippines, 1114	Contact Details Landline No.: +632 712 2250 Mobile No. 1: +63 922 830 0788
Business Address: Far Eastern University Manila and Makati	Mobile No. 2: Email Add.: smhocson@feu.edu.ph
Nationality/Citizenship: Filipino	

*Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.*

**Part II. Track Record**

Major Competency Areas	Specialization	Sub-Specialization
	Clinical Psychology Guidance and Counseling Psychometrician Teaching Training Consultancy Administration and Management Program Development	Professional Clinical and Counseling Supervisor  Certified Specialist in Counseling Psychology  Certified Specialist in Assessment Psychology

Relevant Seminars/Training Programs <b>Conducted</b> in the last five (5) years		Relevant Seminars/Training Programs <b>Attended</b> in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
Feb 12-13, 2021	<b>UNILAB Foundation, Family Wellbeing Conference Program Director</b>	Sept-Oct 2019	<b>Essentials of CBT: The Beck Approach Beck's Institute Cognitive Behavior Therapy</b>
Nov 2020	<b>UNILAB Foundation and RACE against Suicide Program for Teachers, Counselors and nurses in the Visayas Programs Director and Speaker</b>	Jun 21-22, 2019	<b>Beck's CBT for Suicide and Depression University of the Philippines, QC</b>
Jul-Aug 2020	<b>UNILAB Foundation and Department of Education Psychosocial Support Program for Teachers and Students in the Country Program Director, Author and Speaker</b>	Apr 8-10, 2019	<b>Beck's Cognitive Behavior Therapy for Personality Disorders, Philadelphia USA</b>
April 21-May 19, 2021	<b>Rex Education, Social Emotional Learning in the New Normal, Author and Speaker</b>	Nov 20-24, 2018	<b>Professional Clinical and Counseling Supervision Certificate Course, Australian Counseling Association and Optimise Potential, RISE UP Program</b>

**Major Achievements, Citations, Recognition and Awards**

Date	Title	Awarding Body
2019	Outstanding Graduate School Alumni Award for Professional Practice in Psychology and Guidance and Counseling	UST
2018	American Counseling Association Branch Best Innovative Practice Award	American Counseling Association, Atlanta Georgia, USA
2018	Outstanding Alumni Award for Professional Achievement in Guidance and Counseling	BGPOP, UST
2017	Philippine Guidance and Counseling Leadership award as president for May 216-May 2017	Philippine Guidance and Counseling Association
2016	Philippine Guidance and Counseling Association Award as Secretary May 2014-May 2016	Philippine Guidance and Counseling Association

### Part III. Education and Employment

Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	University of Santo Tomas	Manila	Jun 1994-Mar 1998	BS Psychology
Post-Graduate	University of Santo Tomas	Manila	Jun 2000-Mar 2004	MA Clinical Psychology
	University of Santo Tomas	Manila	Jun 2004-Mar 2010	PhD in Guidance & Counseling
Work Experience: Five (5) most recent	Position	Agency/Company		Inclusive Dates
	Guidance Director and Graduate School Full Professor	Far Eastern University Manila and Makati		June 1, 2010-present
	TV, Radio host and Organizer, Juander Titser Program	ABS CBN DZMM, Teleradyo		Dec 26, 2020 - present
	Consultant, Training and Mental Health advocacy in the workplace	Project Inclusion		May 23, 2020-present
	Program Director, Consultancy, Training on Mental health advocacy in the school and community	Unilab Foundation		Sept 2, 2019-present
	Consultant, Career Guidance Training and Career Journey Books	Rex Publications and RISE		Oct 2017-present
	Senior Guidance Counselor	UST, Manila		June 1999-May 2010

### Part IV. Other Relevant Information

Profession/s	Psychologist, Psychometrician, Guidance Counselor, and Teacher	License No. 0000023, 0000023, 0000040, 0890816	Issued on: 05/28/13, 05/28/13, 09/15/08 and 11/25/05	Valid until: 12/29/22, 12/29/22, 12/29/24, 12/29/24
AIPO Membership		National/Chapter		Position
				Date



Philippine Guidance & Counseling Association, Inc	National	President and Life Member	1999-present
Other Major Affiliations (Professional, Civic)	National/Chapter	Position:	Date
Bayanihan for Wellbeing	National	Founder	2020-present
Professional Regulation Commission	National	CPD Council for Guidance Counselors & CPD Monitor	2018-present
Peer Organization of the Philippines	National	Founder	2018-present
Commission on Higher Education	National	Technical Working Group, Member	2016-present
Commission on Higher Education	National	Regional Quality Assessor	2021-Present

I hereby certify that the above information written by me is true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.

I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.

Sheila Marie G. Hocson,  
 PhD, RGC, RPsy, RPh, LPT, CCOP, CASP  
 Signature Over Printed Name  
 Aug 17, 2022  
 Date





Professional Regulation Commission

RESUME OF RESOURCE PERSON

CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING



Principal                       Alternate                       Substitute

**Part I. Personal Circumstances**

Name: BENNY S. SOLIMAN	Nickname: BEN
Residence Address: BLK. 7, BRGY. SAN JOSE, TARLAC CITY	Contact Details Landline No.: Mobile No. 1: 09088993361
Business Address: TARLAC AGRICULTURAL UNIVERSITY, CAMILING, TARLAC	Mobile No. 2: Email Add.: bssoliman@tau.edu.ph
Nationality/Citizenship:	

*Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.*

**Part II. Track Record**

Major Competency Areas	Specialization	Sub-Specialization	
		- Guidance & Counseling - Clinical and Educational Psychology	
Relevant Seminars/Training Programs <b>Conducted</b> in the last five (5) years		Relevant Seminars/Training Programs <b>Attended</b> in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
	<i>(Please refer to the attached file)</i>		<i>(Please refer to the attached file)</i>

**Major Achievements, Citations, Recognition and Awards**

Date	Title	Awarding Body
9-30-21	2021 Civil Service Commission PAGASA Award (Regional Awardee, National Semi-Finalist, Group Category)	Civil Service Commission- Region III
9-27-19	Meritorious Services Award	Tarlac Agricultural University
10-13-18	Distinguished Alumni Award in Psychology and Guidance and Counseling	Tarlac State University
9-2013	2013 Civil Service Commission PAGASA Award (Regional Awardee, National Semi-Finalist, Group Category)	Civil Service Commission
8-2011	8 <sup>th</sup> Placer- 2011 Licensure Examination for Guidance Counselors	Professional Regulation Commission

**Part III. Education and Employment**

Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	Tarlac State University	Tarlac City	2001-2005	AB Psychology

Post-Graduate	Tarlac State University	Tarlac City	2005-2009	MAEd. Guidance and Counseling
	University of Santo Tomas	Sampaloc, Manila	2015-2020	Ph.D. in Psychology
Work Experience: Five (5) most recent	Position	Agency/Company	Inclusive Dates	
	Associate Professor II/ Director for Student Services and Development	Tarlac Agricultural University	June 2005-present	

Part IV. Other Relevant Information							
Profession/s	Guidance and Counseling	License No.	0001989	Issued on:	09/09/2011	Valid until:	07/02/2024
	Psychometrician		0004569		08/05/2015		07/02/2021
	Teacher		1361598		05/28/2015		07/02/2021
AIPO Membership		National/Chapter		Position		Date	
Philippine Guidance and Counseling Association		National		Member		2011-present	
Philippine Guidance and Counseling Association- Tarlac Chapter		Tarlac Chapter		Adviser		2011-present	
Other Major Affiliations (Professional, Civic)		National/Chapter		Position:		Date	
Psychological Association of the Philippines		National		Member		2010-present	

I hereby certify that the above information written by me are true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.

I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.

  
**BENNY S. SOLIMAN**  
 Signature Over Printed Name

August 18, 2022  
 Date







Professional Regulation Commission

RESUME OF RESOURCE PERSON

CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING



Principal

Alternate

Substitute

**Part I. Personal Circumstances**

Name: JOMELYN G. LOPEZ	Nickname: JOMS
Residence Address: 1233D A. MACEDA ST., SAMPALOC, MANILA	Contact Details Landline No.:
Business Address: N/A	Mobile No. 1: 09175979907
	Mobile No. 2:
	Email Add.:
Nationality/Citizenship:	

*Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.*

**Part II. Track Record**


Major Competency Areas	Specialization	Sub-Specialization	
	Counseling, Assessment, Intervention, Program Development	Research	
Relevant Seminars/Training Programs Conducted in the last five (5) years		Relevant Seminars/Training Programs Attended in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
December 10, 2021	Let's Talk About Depression: How to Cope and How to Help	June 12, 2020	Dealing with Gaming and Social Media Addiction for a Better New Normal
December 2, 2021	Understanding Mental Health	June 11, 2020	Dealing with Grief During the Pandemic
November 19, 2021	Mental Health Awareness	June 9, 2020	Tele and Web Counseling
November 13, 2020	How to Choose a College Course: Pointers to Consider in Choosing a Career	June 4, 2020	Science of Covid-19: Coping Behavior
October 29, 2020	Emotional Health: Effective Ways on How to Manage and Express Emotions Using DBT	June 2, 2020	Living Through a Time of Crisis: Challenges and Resources
October 21, 2020	Coping with Stress and Adjustment During School Transition to the New Normal	April 30, 2020	Adolescent Health During Covid 19
October 19, 2020	Investing in Your Own Mental Health	April 24, 2020	Resilience for Trauma Responders: Protecting Ourselves from Secondary Traumatic Stress
November 15, 2019	Mental and Emotional Toughness: Keeping Yourself Strong in the Face of Adversity	April 23, 2020	The New Normal: Coping with Uncertainty and Mitigating Anxiety During These Challenging Times
November 6, 2019	Mental Health Awareness	April 8, 2020	Counselor Self-Care
April 29, 2019	Strengthening the OFW Family Relation	November 27-28, 2019	Strengthening the Role of the Academe in Climate and Disaster Resilience
March 29, 2019	Mental and Emotional Toughness: Keeping Yourself Strong in the Face of Adversity"	June 21-22, 2019	CBT: Intensive Training for Suicide & Depression
January 26, 2019	Psychological Association of the Philippines Junior Affiliates Convention Facilitator: Mental Toughness: How to Become a better You"	March 15-17, 2019	Professional Practice in the Age of Disruption for Global Well-Being

Major Achievements, Citations, Recognition and Awards				
Date	Title	Awarding Body		
	OUTSTANDING DISSERTATION	DLSU GRADUATE SCHOOL		
Part III. Education and Employment				
Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	FAR EASTERN UNIVERSITY	SAMPALOC, MANILA		BS IN PSYCHOLOGY
Post-Graduate	DE LA SALLE UNIVERSITY	TAFT AVE. MANILA		PHD IN COUNSELING PSYCHOLOGY
				MA IN COUNSELING
	FAR EASTERN UNIVERSITY			MA IN PSYCHOLOGY
Work Experience: Five (5) most recent	Position	Agency/Company		Inclusive Dates
	GUIDANCE COUNSELOR	FAR EASTERN UNIVERSITY		2001-2021
	CLINICAL PSYCHOLOGIST IV	BANGKO SENTRAL NG PILIPINAS		2021 - PRESENT

Part IV. Other Relevant Information				
Profession/s	License No.	Issued on:	Valid until:	
AIPO Membership	National/Chapter		Position	Date
PHILIPPINE ASSOCIATION OR COUNSELOR EDUCATION, RESEARCH AND SUPERVISION	NATIONAL		VICE CHAIR	2016-2017
			CORPORATE SECRETARY	2013-2016
Other Major Affiliations (Professional, Civic)	National/Chapter		Position:	Date

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I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.

  
JOMELYN G. LOPEZ  
 Signature Over Printed Name  
AUGUST 24, 2022  
 Date





Professional Regulation Commission

RESUME OF RESOURCE PERSON

CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING



Principal                       Alternate                       Substitute

**Part I. Personal Circumstances**

Name: Maria Laarni Carla C. Paranis	Nickname: Carla
Residence Address: Lot 7 Villa Dulalia Banga II, N. Soriano St., Banga, Meycauayan City, Bulacan	Contact Details Landline No.: Mobile No. 1: 09226204908 Mobile No. 2: 09171133789 Email Add.:marialaarnicarlaparanis@deped.gov.ph
Business Address: Lot 7 Villa Dulalia Banga II, N. Soriano St., Banga, Meycauayan City, Bulacan	
Nationality/Citizenship: Filipino	

*Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.*

**Part II. Track Record**

Major Competency Areas	Specialization	Sub-Specialization
	Guidance and Counseling	Education Educational Leadership and Management

Relevant Seminars/Training Programs <b>Conducted</b> in the last five (5) years		Relevant Seminars/Training Programs <b>Attended</b> in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
August 11, 2022	Ageing Gracefully: Psychosocial Transitioning for the Elderly	May 18-20, 2022	PGCA 57 <sup>th</sup> Virtual Annual National and 2022 International Conference: "Adopting, Leading and Championing Counselor's Competence and Advocacies in the Now Normal Across Settings and Culture"
August 2, 2022	The Role of Guidance Counselors in the Transition to Post Pandemic Era	November 29-30, 2021	PGCA Annual National Midyear Conference via Zoom "The Filipino Counselor Amidst the Challenges of the Times"
June 24, 2022	Addressing the Gaps on Learners At-Risk (LARs) of Dropping Out		
April 12, 2022	Mental Health and Management		
March 24, 2022	Connect and Understand: Social Emotional Learning and Performance Management		
March 17, 2022	Work-Life Balance: Adapting and Thriving in this New Normal Set-up in Education		
March 7, 2022	Happy and Flourishing Well-Being		



February 5, 2022	The Meaningful Roles of Guidance Personnel (Guidance Services, Counseling and Referral System)		
February 4, 2022	Inclusion and Promotion of Mental Health in All DepEd Events and Programs		
February 2, 2022	Importance of Understanding Teacher's Mental Health		
November 26, 2022	Hybrid Work Arrangements: Transitioning to the New Normal		
November 5, 2022	Challenges in the VUCAD World amidst COVID-19 pandemic		
October 16, 2021	The Role of Parents in Distance Learning		
October 8, 2021	Nurturing Patriotic and Caring Leaders: Mental Health Related to Work Stress		
September 29, 2021	Strengthening Professional Identity of Guidance Counselors: Resiliency, Agility, and Optimism Amidst Pandemic		
September 24, 2022	Taking Care of One's Mental Health: Empowering Strategies to Boost Well-Being during Pandemic		
March 15, 2021	HOW TO WORK FROM HOME: TIPS TO DO IT SUCCESSFULLY		

#### Major Achievements, Citations, Recognition and Awards

Date	Title	Awarding Body
2021	Model Supervisor	DepEd NCR
2021	Kahanga-hanga Award (Internal Quality Audit)	DepEd NCR
2021	Career and Self-Development Award	DepEd NCR
2020	Kahanga-Hanga Award	DepEd NCR
2017	Best Research Paper	DepEd Region III

#### Part III. Education and Employment

Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	Philippine Normal University	Taft Ave., Manila	June 2002- March 2006	Bachelor of Science in Psychology (Guidance and Counseling Stream)
Post-Graduate	University of the Philippines – Diliman	Diliman, Quezon City	August 2014- December 2021	Doctor of Philosophy in Education major

				in Educational Administration
	Philippine Normal University	Taft Ave., Manila	June 2006-October 2008	Master of Arts in Education major in Guidance and Counseling
Work Experience: Five (5) most recent	Position	Agency/Company		Inclusive Dates
	Education Program Supervisor	DepEd NCR		August 3, 2020 – present
	Senior Education Program Specialist	Schools Division of City of Meycauayan		February 2015-August 2020
	Guidance Counselor	Valenzuela National High School		November 2009-February 2015
	Head, Guidance and Placement Center	The National teachers College		February 2007-October 2009
	OIC, Office of Student Affairs	Polytechnic College of the City of Meycauayan		June-October 2006

Part IV. Other Relevant Information							
Profession/s	Teacher	License No.		Issued on:		Valid until:	December 22, 2025
	Guidance Counselor		0001594				December 22, 2025
AIPO Membership		National/Chapter		Position		Date	
Philippine Guidance and Counseling Association		Philippine Guidance and Counseling Association		Vice-President (Internal)		May 2022	
Other Major Affiliations (Professional, Civic)		National/Chapter		Position:		Date	

I hereby certify that the above information written by me are true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.

I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.

*Maria Laarni Carla C. Paranis*

**MARIA LAARNI CARLA C. PARANIS**

Signature Over Printed Name

AUGUST 18, 2022

Date





Professional Regulation Commission

**RESUME OF RESOURCE PERSON****CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING** **Principal** **Alternate** **Substitute****Part I. Personal Circumstances**

Name: REMEDIOS C. MOOG	Nickname: REM
Residence Address: Unit 3B Epcot Building 1004 Bilibid Viejo St. Quiapo Manila	Contact Details Landline No.: 8708-3975 Mobile No. 1: 0917-548-2744
Business Address: De La Salle University 2401 Taft Ave, Malate, Manila, 1004 Metro Manila	Mobile No. 2: 0961-096-5358 Email Add.: remcmoog@gmail.com remedios.moog@dlsu.edu.ph
Nationality/Citizenship: Filipino	
<i>Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.</i>	

**Part II. Track Record**

Major Competency Areas	Specialization		Sub-Specialization	
	Guidance and Counseling Counseling Psychology Assessment		Clinical Counseling	
Relevant Seminars/Training Programs Conducted in the last five (5) years		Relevant Seminars/Training Programs Attended in the last five (5) years		
Date	Title of the Program	Date	Title of the Program	
<b>April 29, 2022</b>	<i>Telemental Health Services in the Now Normal</i> PGCA Batangas 5 <sup>th</sup> Professional Assembly	<b>October 4, 2021</b>	Acceptance and Commitment Therapy (ACT) for Grief and Loss 4-week online course - Psychwire – I'm Learning ACT	
<b>October 30, 2021</b>	<i>Basic Counseling Skills in the Now Normal</i> PGCA Pampanga Chapter Annual Virtual Convention	<b>August 16, 2021</b>	Acceptance and Commitment Therapy (ACT) as Brief Intervention 6-week online course - Psychwire – I'm Learning ACT	
<b>August 23, 2021</b>	Webinar on Counseling: Basics and Beyond Bulacan State University	<b>January 10, 2021 to March 7, 2021</b>	Mindful Self-Compassion Program Johnson & Johnson Philippines, Recovery Hub Philippines and Metro Psych Facility 9-week	
<b>June 29, 2021</b>	Creating Affirmative and Inclusive Spaces for LGBTQI+ Students PGCA Scientific Colloquium	<b>September 21-26, 2020</b>	Building Resilience and Preventing Burn out in Times of COVID-19: A Self-Compassion Training for Healthcare Communities Department of Health, Recovery Hub Philippines & Metro Psych Facility	
<b>June 14, 2021</b>	Affirmative Approaches in Dealing with LGBTQI+ National University	<b>September 16, 2020</b>	Acceptance and Commitment Therapy (ACT) for Beginners 6-week online course - Psychwire – I'm Learning ACT	
<b>June 9, 2021.</b>	Issues on Sexuality in Schools: Building Stronger Support Systems De La Salle Lipa Batangas	<b>August 22, 2020</b>	Mindfulness in Integrative Healthcare 4-week online course - University of Minnesota – Coursera Online Course	



<b>April 19, 2021</b>	"Psychological First Aid" SDO Navotas	<b>July 24, 2020</b>	The Happiness Trap Program 8-week online course - Psychwire
<b>April 5, 2021</b>	Webinar on "Coping and Resilience Skills" Pamantasan ng Lungsod ng Maynila (PLM)	<b>July 13, 2020</b>	Positive Psychology: Applications and Interventions 4-week online course - University of Pennsylvania – Coursera Online Course
<b>October 26, 2020</b>	"Resilience and Coping" Mental Health Learning Session for the students of Polytechnic University of the Philippines (PUP)	<b>June 3, 2020</b>	Essentials of CBT: The Beck Approach 4-week online course - Psychwire - Beck Institute
<b>October 19, 2020</b>	Mental Health Learning Session for the parents of Diocese of Imus Catholic Educational System, Inc. (DICES) "Supporting Batang DICES' Mental Health and Well-Being in the Flourishing Normal"	<b>June 1, 2020</b>	Integrating CBT and Mindfulness Series 5.75 hours online course – Psychwire – Beck Institute
<b>October 6, 2020</b>	ANIMO Coping Strategies Learning Session for Students of University of St. La Salle Bacolod	<b>May 25, 2020</b>	Positive Psychology: Martin E. P. Seligman's Visionary Science 4-week online course - University of Pennsylvania – Coursera Online Course
<b>August 26, 2020</b>	Gender Sensitivity for Grade 12 Students of La Salle Green Hills (LSGH)	<b>May 2, 2020</b>	The Science of Well-Being 10-week online course - Yale University – Coursera Online Course
<b>September 14, 2020</b>	Psychosocial Learning Session for Principals of DepEd Schools Division Office (SDO) Malabon City	<b>March 29, 2020</b>	Developing Competence in Working with LGBTQI+ Communities: Awareness, Knowledge, Skills and Action by ACA
<b>August 10, 2020</b>	Psychosocial Learning Session for Parents of DepEd SDO QC - Batasan Hills National High School	<b>April 11, 2020</b>	Improving LGBTQ Treatment through Integration of Sexual Health by the National Child Traumatic Stress Network (NCTSN)
<b>July 27, 2020</b>	Psychosocial Learning Session for Counselors, Teachers and Administrators of DepEd SDO Malabon - Tonsuya Elementary School	<b>April 10, 2020</b>	Engaging Families in Affirming Trauma-Informed Care for LGBTQ Children and Youth, Affirming Care for Transgender and Gender Expansive Youth, and Serving LGBTQ Youth in Residential and Out of Home Care by NCTSN
<b>July 6, 2020</b>	Psychosocial Learning Session for Counselors, Teachers and Administrators of DepEd SDO QC – Sauryo High School of Quezon City	<b>April 9, 2020</b>	Safe Places, Safe Spaces: Creating Safe and Welcoming Environments for Traumatized LGBT Youth, Empowering Therapists to Work With LGBTQ Youth and Families and Welcoming Environments for LGBTQ Consumers in Care by NCTSN
<b>June 20, 2020</b>	Psychosocial Learning Session for Teachers and Personnel of DepEd SDO Meycauayan Bulacan	<b>April 8, 2020</b>	Developing Clinical Competence in Working with LGBTQ Youth and Families by NCTSN
<b>October 4, 2019</b>	Mental Health Literacy Coursework: <i>The Responders Safety-Effective Self-Care Strategies and the Multi-Tiered System Support</i> for Faculty Members of Philippine Science High School Main Campus	<b>April 7, 2020</b>	Trauma-Focused CBT for LGBTQ Youth by NCTSN

<b>October 1, 2019</b>	Mental Health Literacy Coursework: <i>Mental Health and Psychological First Aid (PFA)</i> for Faculty Members of Philippine Science High School Main Campus	<b>April 8, 2019</b>	LGBTQ Counseling Competencies: College and Career Readiness Course with 5 modules Certified by the American Counseling Association (ACA), United States
<b>September 13, 2019</b>	Creative Approaches in Serving the LGBTQ – PGCA Tarlac Chapter		

**Major Achievements, Citations, Recognition and Awards**

Date	Title	Awarding Body
August 25, 2021	Outstanding Leadership and Service Award as Ex-Officio 2018-2021	Integrated Professional Counselors Association of the Philippines (IPCAP), Inc.
Oct. 29, 2019	Coordinator/Head of the Guidance, Counseling and Career Services Office	University of the East, Caloocan Campus
March 14, 2018	Outstanding Leadership and Service Award as Chair of the Board of Trustees 2015-2018	Integrated Professional Counselors Association of the Philippines (IPCAP), Inc.

**Part III. Education and Employment**

Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	Centro Escolar University	Mendiola Manila	1996-2000	BS Psychology
Post-Graduate	De La Salle University	Taft, Manila	2014-present	PhD Candidate in Counseling Psychology
	University of Santo Tomas	España, Manila	2008-2012	MA in Guidance and Counseling
	University of the East	C.M. Recto Ave., Manila	2001-2004	MPA major in Human Resource Administration
Work Experience: Five (5) most recent	<b>Position</b>	<b>Agency/Company</b>	<b>Inclusive Dates</b>	
	University Counselor	De La Salle University	2019-present	
	Incorporator and Board of Director	MHPro Counseling and Well-Being Center, Inc.	2020-present	
	Guidance Coordinator / Head of the Office	University of the East – Caloocan Campus	2011-2019	
	Guidance Counselor	University of the East – Manila Campus	2006-2011	
	Asst. Professor	University of the East – Manila Campus	2004-2006	


**Part IV. Other Relevant Information**

Profession/s	License No.	Issued on:	Valid until:
Guidance Counselor	0002129	09/21/2012	09/09/2024
Psychometrician	000064	07/17/2014	09/09/2023
<b>AIPO Membership</b>	<b>National/Chapter</b>	<b>Position</b>	<b>Date</b>
Philippine Guidance and Counseling Association (PGCA)	National	Secretary Regular Member	2021-present 2012-present
Psychological Association of the Philippines (PAP)	National	Regular Member	2014-present
<b>Other Major Affiliations (Professional, Civic)</b>	<b>National/Chapter</b>	<b>Position:</b>	<b>Date</b>

Integrated Professional Counselors Association of the Philippines, (IPCAP), Inc.	National	Ex-Officio Chair, Board of Trustees Lifetime Member	2018-2021 2015-2018
American Psychological Association (APA)	International	Affiliate Member	2021-present
APA- Division 17: Society of Counseling Psychology	International	Affiliate Member	2021-present

I hereby certify that the above information written by me are true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.

I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.

  
REMEDIOS C. MOOG  
 Signature Over Printed Name  
June 28, 2022  
 Date







**Professional Regulation Commission**

**RESUME OF RESOURCE PERSON**

**CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING**



**Principal**

**Alternate**

**Substitute**

**Part I. Personal Circumstances**

Name: <b>DANILO B. TALUSAN</b>	Nickname: <b>DAN</b>
Residence Address: <b>1562 G. Tuazon, Sampaloc, Manila</b>	Contact Details Landline No.:
Business Address: <b>Nicanor Reyes St., Sampaloc, Manila</b>	Mobile No. 1: <b>09172415675</b> Mobile No. 2: Email Add.: <b>dtalusan@feu.edu.ph</b>
Nationality/Citizenship: <b>FILIPINO</b>	

*Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. A substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.*

**Part II. Track Record**

Major Competency Areas	Specialization	Sub-Specialization
	<b>Counseling, Group Dynamics, Peer Facilitation, Program Development</b>	<b>Training, Mental Health</b>

Relevant Seminars / Training Programs <b>Conducted</b> in the last five (5) years		Relevant Seminars / Training Programs <b>Attended</b> in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
2020 - 2021	<b>PGCA Webinar Series</b>	May 19-21, 2021	<b>PGCA 56th Annual National Conference via ZOOM</b>
March 05, 2020	<b>PGCA POP Talk Series: Understanding Mental Health</b>	Nov 19-21, 2020	<b>DOH Reorientation of Mental Health within the Framework of the Philippine Mental Health Act</b>
2019-2020	<b>PGCA / Rex Whole Child Roadshow Conference CDO, Cavite, Pateros, Ilocos Sur</b>	Feb. 11, 2020	<b>DOLE Conference for the Creation of the NSDWP</b>
Nov. 07, 2019	<b>PGCA Module Development</b>	Oct 14-15, 2019	<b>8th Philippine Professional Summit</b>
June 07-09, 2019	<b>Mental Health Summit @ PMA Baguio City</b>	Oct 10-11, 2019	<b>DOH 3rd Public Health Convention on Mental Health</b>
Feb. 07, 2019	<b>PGCA Cavite 6<sup>th</sup> Provincial Conference</b>	Sep 16-20, 2019	<b>DOH WHO Quality Rights Face-to-Face Training</b>
2019	<b>Peer Mentoring Antipolo, Pasig, Las Piñas, etc.</b>	June 21-22 2019	<b>Cognitive Behavior Therapy for Depression &amp; Suicide</b>

**Major Achievements, Citations, Recognition, and Awards**

Date	Title	Awarding Body
<b>2021</b>	<b>PGCA National Treasurer</b>	<b>Philippine Guidance and Counseling Association, Inc.</b>
<b>2019</b>	<b>PGCA National Secretary</b>	<b>Philippine Guidance and Counseling Association, Inc.</b>
<b>2019</b>	<b>WHO Quality Rights Trainor</b>	<b>Department of Health / World Health Organization</b>

<b>2018</b>	<b>POP Ex-Officio</b>	<b>Peer Organization of the Philippines</b>
<b>2015</b>	<b>President (2015-2018) / Co-Founder</b>	<b>Peer Organization of the Philippines</b>

**Part III. Education and Employment**

Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	Far Eastern University	Morayta, Manila	1993	BS Psychology
Post-Graduate	St. Joseph's College, QC	E. Rodriguez, QC	2008	MAEd Guidance
	San Beda College	Mendiola, Manila	2001	3 <sup>rd</sup> Year Law
	University of Santo Tomas	España, Manila	1996	MA Psychology
Work Experience: Five (5) most recent	Position	Agency/Company	Inclusive Dates	
	Guidance Counselor	Far Eastern University	2005 - present	
	Guidance Counselor	St. Mary's College, QC	1993 - 2005	

**Part IV. Other Relevant Information**

Profession/s	RGC	License No.	000708	Issued on:	9.25.2008	Valid until:	01.19.2023
	RPm		004955		11.13.2015		01.19.2023
AIPO Membership		National / Chapter		Position		Date	
PGCA		National		Treasurer		2021	
Other Major Affiliations (Professional, Civic)		National / Chapter		Position:		Date	
Peer Organization of the Philippines		National		Co-Founder / Ex-Officio		2015	
Psychological Association of the Philippines		National		Member		2015	

I hereby certify that the above information written by me is true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.

I am agreeing to the PRC Privacy Notice and give my consent to the collection and processing of my personal data in accordance thereto.

*Daniilo B. Talusan*

Signature Over Printed Name

**19 August 2022**

Date





Professional Regulation Commission

RESUME OF RESOURCE PERSON

CPD COUNCIL OF/FOR GUIDANCE & COUNSELING



Principal

Alternate

Substitute

**Part I. Personal Circumstances**

Name: Gina R. Lamzon	Nickname: GL
Residence Address: #1 Camachille St., AWHAG Vill., Bacaca, Davao City	Contact Details Landline No.: Mobile No. 1: 09338692933 Mobile No. 2: Email Add.: gerlamzon@gmail.com
Business Address: n/a	
Nationality/Citizenship: Filipino	

*Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.*

**Part II. Track Record**

	Specialization	Sub-Specialization
Major Competency Areas	Teaching Counseling/Facilitating Emotional Freedom Techniques	Mind-Body (Health) Practices

Relevant Seminars/Training Programs Conducted in the last five (5) years		Relevant Seminars/Training Programs Attended in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
Feb. 22, 2022	Embodying My Whole Being: A Psycho-Spiritual Retreat	Aug. 11-12, 2022	Counselors' Wellness: Embracing Positivity and Nourishing Emotional Well-Being
May 2, 2022	Emotion Regulation: Resetting Automatic Response Buttons	May 6, 2022	Establishing Helpful Connections in the Profession
April 27, 2022	Breaking Up with Stress in the New Normal	Feb. 18, 2022	Mental Health Psychosocial Support (MHPSS) Grounding and Reorientation
April 8, 2022	Promoting Mental Health thru Emotional Freedom Techniques	Sept. 30-Oct. 2, 2021	Recalibrating Philippine Psychology: Towards a More Responsive Discipline in the Challenging Times
Sept. 13, 2021	Mental Health: Finding Balance and Building Resilience	June 4, 2020	The Science of COVID-19: Coping Behavior

**Major Achievements, Citations, Recognition and Awards**

Date	Title	Awarding Body



Part III. Education and Employment				
Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	Holy Cross of Davao College	Sta. Ana Avenue, Davao City	March, 1984-1988	AB-Psychology
Post-Graduate	San Pedro College	Davao City	June 1995-Nov. 2000	MA in Guidance & Counseling
	Ateneo de Davao University	Davao City	Nov. 2007-Apr 2015	PhD-Psychology
Work Experience: Five (5) most recent	Position	Agency/Company		Inclusive Dates
	College/Graduate School Faculty	Ateneo de Davao University		June 2015-present
	Part-Time Graduate School Faculty	San Pedro College		June 2016 - present
	Part-Time Graduate School Faculty	Silliman University		Feb-June, 2021
	Counselor/Mental Health Practitioner	Davao Socio-Behavioral Research Center Body-Mind-Spirit Sync Health and Wellness Consultancy Services		Dec. 2012 - present Aug. 2021 - present

Part IV. Other Relevant Information							
Profession/s		License No.		Issued on:		Valid until:	
AIPO Membership		National/Chapter		Position		Date	
PGCA		National		member		current	
DAGCO-PGCA Davao		Davao Chapter		Former President		2016-2018	
PAP-Regional Chapter		Davao Chapter		member		2021-present	
Other Major Affiliations (Professional, Civic)		National/Chapter		Position:		Date	
Psychological Association of the Philippines		National		Coordinator, Mental Health Psychosocial Support-Special Interest Group (MHPSS-SIG)		Sept. 2020 - Sept. 2022	

<p>I hereby certify that the above information written by me are true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.</p> <p>I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.</p>	<p>[Electronically paste here your scanned PRC ID for professionals or other government-issued or company ID]</p>
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Gina R. Lamzon  
Signature Over Printed Name  
Aug. 17, 2022  
Date





Professional Regulation Commission

RESUME OF RESOURCE PERSON

CPD COUNCIL OF/FOR GUIDANCE AND COUNSELING



Principal

Alternate

Substitute

**Part I. Personal Circumstances**

Name: Michelle Amarilla-Climaco	Nickname: Mitch
Residence Address: Block 2 Lot 11B Mikesell Subdivision, Pag-asa 2 Imus Cavite	Contact Details Landline No.: Mobile No. 1: 09178454916
Business Address:	Mobile No. 2: Email Add.:
Nationality/Citizenship: Filipino	

*Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.*


**Part II. Track Record**

Major Competency Areas	Specialization	Sub-Specialization	
		Psychometrician Training Manual Development Program Management Consultancy	Clinical Psychology Basic Play-based Therapy I Motivational Interviewing Psychological First Aid Expressive Arts
Relevant Seminars/Training Programs Conducted in the last five (5) years		Relevant Seminars/Training Programs Attended in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
August 11-12, 2022	UNILAB Foundation and PYDN, Mental Health and Wellbeing Training-Workshop. Program Lead and Facilitator	March 2022	RACE Against Suicide Gatekeepers Training Toolkit
July 18-22, 2022	Training-Workshop on Kaibigan Chat line (Adolescent MH, HEEADSSS and Motivational Interviewing) Author-Training Module, Consultant and Facilitator	November 2021	Facilitation of CBDR Training: KKDK Program for Moderate Risk PWUD's Org: USAID AND URC
March 2022	HeadsUpPH CONNECT: Fostering Integrative-Collaborative Care in School Mental Health: Promoting Effective Referral/Treatment Protocols for Students Co-Author and Facilitator	November 2021	PGCA Trainings on: A. TOOLKIT FOR DEVELOPING A COMPETENT AND EMPOWERING PEER FACILITATOR B. TOOLKIT FOR DEVELOPING COMPETENT AND NURTURING HOMEROOM TEACHERS/ADVISERS C. TOOLKIT ON SPECIAL TOPICS FOR REGISTERED GUIDANCE COUNSELORS
February 23, 2022	DICT and AHA BD, Webinar on Digital Parenting Facilitator	July 24-25, 2021	2021 SUICIDE PREVENTION SUMMIT Org: Mental Health Academy  1. Innovations in Men's Mental Health: Using Humor, Media and

			<p>Digital Engagement to Promote Mental Health and Prevent Suicide for High Risk Men</p> <ol style="list-style-type: none"> <li>2. A Strength-based Approach to Suicide Assessment and Treatment</li> <li>3. Managing Hopelessness, Helplessness and Despair with our Younger Clients</li> <li>4. Planning for Safety and Post-traumatic Growth</li> <li>5. Perception is Everything: Stigma, Mental Health and Suicide in Historically Marginalized Communities</li> <li>6. Rethinking Suicide: Implications for Military Personnel and Veterans</li> <li>7. Cotemporary Clinical Suicide Prevention</li> <li>8. Creating a Suicide-safe Culture with Zero Suicide</li> <li>9. Addressing Youth Depression and Suicidal in a Post-Pandemic World</li> <li>10. Psychosocial Intervention for Families for Suicidal Youth and their Families</li> </ol>
November 21, 2022	AHA BD, Training-Workshop on Community Engagement Playbook Facilitator	April 2020	Positive Psychology: Resilience Skills
November 10-15, 2021	UNILAB Foundation, Play it forward Resilience Project Lead and Facilitator	May 2020	The Arts and Science of Relationships: Understanding Human Needs
October 4-13, 2021	USAID and URC Motivational Interviewing simulations Facilitator	June 2020	Positive Psychology: Applications and Interventions
Feb 12-13, 2021	UNILAB Foundation, Family Wellbeing Conference Facilitator	July 2020	The Science of Well-being
February 2020	WE RISE: Digital Wellbeing and Resilience in Schools through Expressive Arts Facilitator	September 2019	Mental Health First Aid: Community-based Mental Health
Jul-Aug 2020	UNILAB Foundation and Department of Education Psychosocial Support Program for Teachers and Students in the Country Facilitator	October 2018	Positive Psychology: 24 character Strengths
<b>Major Achievements, Citations, Recognition and Awards</b>			
Date	Title	Awarding Body	
	n/a		



Part III. Education and Employment				
Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	Western Mindanao State University	Zamboanga City	June 2007- March 2011	Bachelor of Science in Psychology
Post-Graduate	Philippine Women's University	Taft Avenue, Manila	August 2016- October 2022	Ongoing-Masters in Psychology with Specialization in Clinical Psychology
Work Experience: Five (5) most recent	Position	Agency/Company		Inclusive Dates
	Project Lead and Technical Officer	Unilab Foundation, Inc.		March 2018 up to present
	Psychologist	Action Against Hunger – PH Mission		October 2013 – December 2017

Part IV. Other Relevant Information							
Profession/s	Psychometrician	License No.	002608 4	Issued on:	4/11/2022	Valid until:	9/29/2025
AIPO Membership		National/Chapter		Position		Date	
N/A							
Other Major Affiliations (Professional, Civic)		National/Chapter		Position:		Date	
Bayanihan for Wellbeing		National		Secretariat		2020-present	
Philippine Play Coalition		National		Founder		2018 – present	
<p>I hereby certify that the above information written by me are true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.</p> <p>I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.</p> <p style="text-align: center;"><i>Michelle Amarilla-Climaco</i> Michelle Amarilla-Climaco Signature Over Printed Name August 18, 2022 Date</p>				<p>[Electronically paste here your scanned PRC ID for professionals or other government-issued or company ID]</p> 			



Professional Regulation Commission

**RESUME OF RESOURCE PERSON**CPD COUNCIL OF/FOR **GUIDANCE AND COUNSELING** Principal Alternate Substitute**Part I. Personal Circumstances**

Name: Marissa C. Pascual	Nickname: Mars
Residence Address: Lot 25 Block 41 Philemon Street Phase 1C San Lorenzo South Village, City of Santa Rosa, Laguna	Contact Details Landline No.: (02) 85244611 Loc. 409 (02) 8523 4286 Mobile No: 09999934380 Email Add: marissa.pascual@dlsu.edu.ph
Business Address: Office of Counseling and Career Services De La Salle University 2401 Taft Avenue, Manila	
Nationality/Citizenship: Filipino	

*Note: The CPD Council shall be informed of any change/s on resource person/s at least 10 days before the CPD program offering. Substitute resource person may submit this duly accomplished form three (3) days from the completion of the CPD program.*

**Part II. Track Record**

Major Competency Areas	Specialization	Sub-Specialization	
	School Counseling Adolescent Counseling	Family and Marital Counseling	
Relevant Seminars/Training Programs Conducted in the last five (5) years		Relevant Seminars/Training Programs Attended in the last five (5) years	
Date	Title of the Program	Date	Title of the Program
April 2, 2022	DBT at a Glance and Core Mindfulness Skills: DBT Skills Training to Mental Health Professionals Batch 2 MHPPro Counseling and Well-Being Center, Inc.	May 18-20, 2022	PGCA 57 <sup>th</sup> Virtual Annual National and 2022 International Conference: "Adopting, Leading and Championing Counselor's Competence and Advocacies in the Now Normal Across Settings and Culture"
April 9, 2022	Core Mindfulness Workshop: DBT Skills Training to Mental Health Professionals Batch 2 MHPPro Counseling and Well-Being Center, Inc.	November 29-30, 2021	PGCA Annual National Midyear Conference via Zoom "The Filipino Counselor Amidst the Challenges of the Times"
June 18, 2022	Dialectical Behavior Therapy: Walking the Middle Path DBT Skills Training for Mental Health Professionals Batch 2 MHPPro Counseling and Well-Being Center, Inc.	August 14, 11, 25, Sept 1, 15, 22, 29, Oct 13, 20, 27, 2021	Mindfulness Based Stress Reduction Training: A 9-day Online Training . organized by Office of Counseling and Career Services, De La Salle University

September 18, 2021	Dialectical Behavior Therapy and Mindfulness at a Glance: Online DBT Skills Training for Mental Health Professionals/ MHPPro Counseling and Well-Being Center Inc.	August 15, 2021	Dialectical Behavior Therapy (DBT) for Adolescents and Families Behavioral Tech Research/ 6-Week Online Course with Dr. Dr. Alec L. Miller, Dr. Jill H. Rathus and Dr. Marsha M. Linehan
September 25, 2021	Online DBT Skills Training for Mental Health Professionals: Core Mindfulness / MHPPro Counseling and Well-Being Center Inc.	July 22, 2020	Dialectical Behavior Therapy (DBT) Skills Behavioral Tech Research/ 6-Week Online Course with Dr. Marsha M. Linehan / Credited for 12 CE/CME Hours
January 29, 2022	Online DBT Skills Training for Mental Health Professionals: Walking the Middle Path Part 1/ MHPPro Counseling and Well-Being Center, Inc.	June 7, 2020	Essentials of Cognitive Behavior Therapy (CBT) 4-Week Online Course with Dr. Judith Beck/ Beck Institute for Cognitive Behavior Therapy
February 5, 2022	Online DBT Skills Training for Mental Health Professionals: Walking the Middle Path Part 2/ MHPPro Counseling and Well-Being Center, Inc.	May 30, 2020	Psychological First Aid: RAPID Model 4-week Online Course via Coursera George Everly, Jr., PhD/ John Hopkins University
August 14, 2021	Positive Parenting during COVID-19 Pandemic Academy of St. John La Salle Greenhills Supervised School Sta. Clara, Gen. Trias, Cavite	June 3, 2020	Foundations of Positive Psychology: Well-being for life. 4-week Online Course via Coursera Martin E.P. Seligman, Ph.D. University of Pennsylvania
August 7, 2021	Life Skills Training for Adolescents: Mindfulness and Distress Tolerance Academy of St. John La Salle Greenhills Supervised School, Sta. Clara, Gen. Trias, Cavite	April 26, 2020	New Normal: Coping with Uncertainty and Mitigating Anxiety during these Challenging Times/ American Psychological Association
August 5, 2021	Evidence-Based Program Development Didactic Sessions for CEPD MA C Counselor-Trainees, De La Salle University	April 23, 2020	Assessment and Intervention with Suicidal Clients/ American Counseling Association
August 2, 2021	Telecounseling as the New Normal: How to Practice It Right Laws, Ethical Guidelines and Procedures Didactic Sessions for CEPD MA Counselor-Trainees, De La Salle University	April 23, 2020	Ethical Issues Related to the Practice of Online Clinical Supervision /American Counseling Association
July 31, 2021	Me and My Emotions: Managing and Enjoying Teenage Years Academy of St. John La Salle Greenhills Supervised School., Sta. Clara, Gen. Trias, Cavite	April 20, 2020	Telepsychology Best Practices 101: Legal, Regulatory & Ethical Rules of the Road/ American Psychological Association

July 30, 2021	Spotting Distressed Individuals and Making Referrals/ OCCS Student Volunteers/De La Salle University		
February 22, 2021	Mental Health Awareness and Self-Care: How to Spot, Respond and Refer For Administrators and Faculty of Imus National High School		
November 18-19, 2020	Whole Life, Happy Life: Adopting Skills for Well-Being /PACERS 44TH Annual Conference/ Plenary Speaker		
June 13, 2020	Virtual Roundtable: Telecounseling in the New Normal, How to do it Right, How we Did It  Philippine Association for Counseling Education Research and Supervision (PACERS) Panelist		

**Major Achievements, Citations, Recognition and Awards**

Date	Title	Awarding Body
	NA	

**Part III. Education and Employment**


Educational Background	Name of School/University	Address	Inclusive Dates	Degree Earned
College	University of San Carlos	P. Del Rosario St., Cebu City	1984-1988	BS Psychology
Post-Graduate	De La Salle University	Taft Avenue, Manila	1990-1999	MAEd Major in School Counseling
	RMT-Center for Family Ministries	Ateneo de Manila University, J3PJ+H4Q, Seminary Rd, Marikina, 1800 Metro Manila	2021-2022	PD Family Ministry
Work Experience: Five (5) most recent	Position	Agency/Company	Inclusive Dates	
	School Psychometrician	De La Salle Andres Soriano Memorial College	1988-1989	
	University Counselor	De La Salle University	1989 to date	




Part IV. Other Relevant Information							
Profession/s	Guidance Counselor	License No.	00001290	Issued on:	5/13/2009	Valid until:	12/14/2024
AIPO Membership		National/Chapter		Position		Date	
Philippine Guidance and Counseling Association (PGCA) Inc.		National		Assistant Secretary, National Board of Directors		2021-2022	
Other Major Affiliations (Professional, Civic)		National/Chapter		Position:		Date	
Philippine Association for Counselor Education Research and Supervision (PACERS)		National		Member/ Ex-Officio		2021	

I hereby certify that the above information written by me are true and correct to the best of my knowledge and belief. I further authorize PRC and other agencies to investigate the authenticity of all the documents presented.

I am agreeing to the PRC Privacy Notice and giving my consent to the collection and processing of my personal data in accordance thereto.

  
 Marissa C. Pascual  
 Signature Over Printed Name  
 August 18, 2022  
 Date

