

# Philippine Heart Association

Baguio-Benguet Chapter

PHA Office: 6<sup>th</sup> Flr., Medical Library – Notre Dame de Chartres Hospital



a sub-specialty society of the  
Philippine College of Physicians  
under the Philippine Medical  
Association

and a member society of the  
World Heart Federation  
Asian Pacific Society of  
Cardiology  
ASEAN Federation of Cardiology

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### Mission

The PHA is an organization of cardiovascular specialists and lay members that ensure accessible, affordable, and quality cardiovascular education and care for everyone.

### Vision

The PHA shall be a leading organization in the prevention and management of heart and blood vessel diseases.

April 30, 2016

Ms. Ellen Donato  
Regional Director  
DepEd CAR, Wangal  
La Trinidad, Benguet

Dear Ms. Donato,

Greetings of Peace!

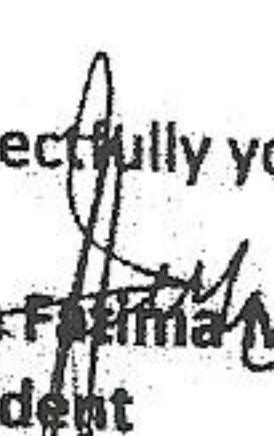
The public awareness on the importance of CPR or Cardiopulmonary Resuscitation to save a life remain very low and has resulted to very dismal survival rates from Out-of-Hospital Cardiac Arrest (OHCA). The new American Heart Association (AHA) guidelines on resuscitation has shown that provision of by-stander CPR for OHCA may improve survival rate to hospital discharge by 30-40%.

Increasing awareness of basic CPR in the community especially starting from the formative school years of children will greatly impact in boosting the confidence of even Lay people in the community to provide basic "Hands-Only-CPR" in sudden cardiac arrest.

To increase awareness of the importance of CPR in line with the much awaited "Samboy Lim Bill" the PHA in cooperation with the Notre Dame de Chartres Hospital will initiate the **CPR Training on May 14, 2016**. The said bill aims to promote that the Philippines should be CPR ready.

We would like to invite participants from your institution to the said activity which will be held at 8:00 am at the Levesville Hall, Notre Dame de Chartres Hospital. Kindly coordinate with Ms. Marie Nicole Pangan, 0917-559-3086 on or before **May 10, 2014**.

Respectfully yours,

  
**Alina Fatima M. Hojilla, MD**  
President  
PHA Baguio Benguet Chapter

Republic of the Philippines

Department of Education  
Cordillera Administrative Region  
Wangal, La Trinidad, Benguet



May 11, 2016

TO: **SCHOOLS DIVISION SUPERINTENDENTS  
ALL DIVISIONS**

DRRM, Health and Nutrition from the field are encouraged to attend.  
For information and dissemination.

  
**ELLEN B. DONATO, Ed.D., CESO III**  
Regional Director