

PALARONG PAMBANSA SECRETARIAT

Department of Education Philippines Sports Commission
Department of Interior and Local Government



APR 08 2022

MEMORANDUM

TO:

REGIONAL DIRECTORS

REGIONAL SPORTS OFFICERS SCHOOL DIVISIONS SUPERINTENDENTS

HEADS, PUBLIC ELEMENTARY AND SECONDARY SCHOOLS MINISTERS, BASIC, HIGHER, AND TECHNICAL EDUCATION,

RARMM

FROM:

JOEL S. ERESTAIN, CSEE Director III Palarong Pambansa Secretariat

DATE:

April 7, 2022

SUBJECT:

NATIONAL REFRESHER COURSE FOR DEPED PENCAK

SILAT TECHNICAL OFFICIALS AND COACHES

1. All concerned is hereby informed, that the Department of Education (DepEd), through Palarong Pambansa Secretariat in partnership with the Pilipinas Sepaktakraw Association, Inc. will conduct a Three-day National Virtual Refresher Course for DepEd Pencak Silat Technical Officials and Coaches on April 11-13, 2022 via Google Meet.

The aim of this training is to, update and upgrade the knowledge about the rules and regulations of the sport Pencak Silat; to perform snappy, firm, and correct judgement and gestures in officiating the sport; and to properly perform commands, hand and face gestures in officiating the sport.

3. Participants to this training are the Technical Officials who served in the 2019 Palarong Pambansa Davao City. In addition to this are the participants for technical officials, one (1) from the region and one (1) in every division. For Coaches, one (1) from the division recommended by the Regional Sports Officers (RSOs) and the member of the Technical Working Group (TWG). List of participants can be submitted to Palarong Pambansa Secretariat via email at palarong.pambansa@deped.gov.ph.



Republic of the Philippines DEPARTMENT OF EDUCATION Cordillera Administrative Region

April 12, 2022

STIMENT OF EDUCATION

To

Schools Division Superintendents

All Division

For information, guidance and appropriate action.

ESTELA P. LEON-CARIÑO, EdD, CESO III

Director IV/Regional Director

For the Regional Director:

FLORANTE E. VERGARA Assistant Regional Director

ESSD/EHM/jbb

- 4. Attached herewith is the copy of Training Matrix, Technical Working Group (TWG), and the expected list of participants.
- 5. For more information, inquiries, and clarifications, please contact Mr. Emmar Z. Progelia, Pencak Silat Sports Manager, through email emmar.progelia@deped.gov.ph and contact no. 0927-460-5771.
- 6. Immediate dissemination of this Memorandum is encouraged.

NATIONAL REFRESHER COURSE FOR DEPED PENCAK SILAT TECHNICAL OFFICIALS AND COACHES

April 11-13, 2022 Via Google Meet

TRAINING MATRIX

DAY 1					
Time	Activity	In-Charge			
7:30 - 8:00 am	Registration and Attendance	Training Staff			
8:00 – 9:00 am	Opening Ceremony	Training Staff			
9:00 – 12:00 Noon	Refresher Course on Rules of Tunggal	e on Rules of Tunggal Dr. Lino Baldevarona Grass Roots and Education PhilSilat Sports Association Inc.			
12:00 - 1:00 pm	Lunch break				
1:00 - 3:00 pm	Review on the Rules of Tunggal				
3:00 - 4:00 pm	Assessment and Evaluation				

DAY 2					
Time	Activity	In-Charge			
7:30 – 8:00 am	Registration and Attendance	Training Staff			
8:00 – 8:30 am	MOL / Review	Training Staff			
9:00 – 12:00 Noon	Refresher Course on Rules of Vevas				
12:00 - 1:00 pm	Lunch break				
1:00 - 3:00 pm	Review on the Rules of Vevas				
3:00 – 4:00 pm	Assessment and Evaluation				

DAY 3					
Time	Activity	In-Charge			
7:30 – 8:00 am	Registration and Attendance	Training Staff			
8:00 – 9:00 am MOL / Review		Training Staff			
9:00 – 12:00 Noon	Refresher Course on Rules of Regu	Cpl. Christopher E. Yabut Asst. Coach – Pencak Silat National Team			
12:00 - 1:00 pm	Lunch break				
1:00 – 3:00 pm	Review on the Rules of Regu				
3:00 – 4:00 pm	Assessment and Evaluation				



Republic of the Philippines **DEPARTMENT OF EDUCATION**PALARONG PAMBANSA 2019 Davao City



LIST OF PARTICIPANTS

PALARONG PAMBANSA

	Name	Region	School
1	Emmar Z Progelia	NCR	San Roque National High School
2	Nasser G. Lumenda	BARMM	Datu Paglas National High School
3	Gilbert M. Galindez	111	Rizal Region National High School
4	Henry C. Grana Jr	13	Jagupit National High School
5	Mikeselle Bandin	NCR	Las Piñas East National High Schoo
6	Marlon A. Aalicpos	CAR	Mil-An National High School
7	Imee P. Tanco	XII	Lugan Central Elementary
8	Gerry S. Gazmin	NCR	Central Office
9	Shayne Roda	BARMM	
10	Rustom Kinggingan	CAR	
11	Lloyd Gener G. Pallan	IV-A	
12	Christian B. Alcera	V	
13	Ariel Tabares	VI	
14	Richard Onanas	VI	
15	Wilma Bagunoc	VI	
16	Rhymell A. Dalleda	VII	
17	Mark Peter Soreño	VII	
18	Etamar Mora	VI	
19	Anwar Salasain	IX	
20	Marc Aventura	VI	NSA
21	Ronald Pereña	NCR	NSA
22	Solomon Eluna	VII	NSA
23	Reuben P. Elnar Region	VII	NSA
24	Masnawi Balyamin	XII	NSA
25	Robrien P. Elnar	VII	

A. Expected list of participants

- For Technical Officials, one (1) from the Region and one (1) in every division
- For Coaching, one (1) from the division recommended by the Regional Sports Officers (RSOs)

B. Technical Working Group

- 1. Emmar Z. Progelia
- 2. Mikeselle Bandin
- 3. Arjay Guzman
- 4. Ernifer Cosmiano