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**MEMORANDUM**

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RECORDS SECTION REGIONAL OFFICE - CAR  
MAR 28 2022

**TO: REGIONAL DIRECTORS  
REGIONAL SPORTS OFFICERS  
SCHOOL DIVISIONS SUPERINTENDENTS  
HEADS, PUBLIC ELEMENTARY AND SECONDARY SCHOOLS  
MINISTERS, BASIC, HIGHER, AND TECHNICAL EDUCATION,  
BARMM**

**FROM: *[Signature]*  
JOEL S. ERESTAIN, CSEE  
Director III  
Palarong Pambansa Secretariat**

**DATE: March 23, 2022**

**SUBJECT: NATIONAL REFRESHER COURSE FOR DEPED TAEKWONDO  
TECHNICAL OFFICIALS AND COACHES**

1. All concerned is hereby informed, that the Department of Education (DepEd), through Palarong Pambansa Secretariat will conduct a **Three-day National Virtual Refresher Course for DepEd Taekwondo Technical Officials and Coaches** on April 4-6, 2022 via Zoom Meeting.
2. The aim of this training is to, update and upgrade the knowledge and skills of our technical officials and coaches in the New Taekwondo Competition Rules especially on Poomsae, Speed Kicking and Kyorugi Events and capacitate the correct interpretation of new competition guidelines of Taekwondo under the PTA and WTF rules.
3. Participants to this training are the Technical Officials who served in the 2019 Palarong Pambansa held in Davao city; *one* (1) Sports Manager for Technical officials per division and *one* (1) coaches per division that will provide by the Regional Sports Officers (RSO) through their Division Sports Officers (DSO) and the member of the Technical Working Group (TWG). List of participants can be submitted to Palarong Pambansa Secretariat via email at [palarong.pambansa@deped.gov.ph](mailto:palarong.pambansa@deped.gov.ph) and [paljo\\_21@yahoo.com](mailto:paljo_21@yahoo.com).

DEPARTMENT OF EDUCATION  
RECORDS SECTION REGIONAL OFFICE - CAR  
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MAR 29 2022  
BY: *[Signature]* TIME



Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
Cordillera Administrative Region

March 28, 2022

**To :** Schools Division Superintendents  
All Division

For information, guidance and appropriate action.

**ESTELA P. LEON-CARIÑO, EdD, CESO III**  
Director IV/Regional Director

For the Regional Director:

*[Signature]*  
**FLORANTE E. VERGARA**  
Assistant Regional Director

4. Attached herewith is the copy of Training Matrix, Technical Working Group (TWG), and the expected list of participants.

5. For more information, inquiries, and clarifications, please contact Mr. Jeuffrey R. Palar, Taekwondo Sports Manager, through email [marber.nhs@deped.gov.ph](mailto:marber.nhs@deped.gov.ph) or [paljo\\_21@yahoo.com](mailto:paljo_21@yahoo.com) and contact no. 0946-236-5706.

6. Immediate dissemination of this Memorandum is encouraged.

# NATIONAL TRAINING/REFRESHER COURSE FOR DEPED TECHNICAL OFFICIALS AND COACHES ON TAEKWONDO COMPETITION RULES FOR POOMSAE, SPEEDKICKING AND KYORUGI

**April 4 – 6, 2022**  
**Via Zoom**

Training Matrix

<b>Day 1 April 4, 2022</b>	<b>Day 2 April 5, 2022</b>	<b>Day 3 April 6, 2022</b>
<p>1. Opening Program</p> <p>2. WEBINAR PROPER</p> <ul style="list-style-type: none"> <li>- Qualities of a Good Referee</li> <li>- Competition Rules and Standards for Poomsae</li> <li>- Technical Assistance for the Conduct of the competition</li> <li>- Open Forum.</li> </ul>	<p>1. Webinar Proper</p> <ul style="list-style-type: none"> <li>- Competition Rules for Speedkicking</li> <li>- Technical Assistance for the Competition</li> <li>- Open Forum.</li> </ul>	<p>1. Webinar Proper</p> <ul style="list-style-type: none"> <li>- Competition Rules and Standards for Kyorugi</li> <li>- Hand Signals</li> <li>- Technical Assistance for the conduct of the Competition</li> <li>- Open Forum</li> <li>- Closing Program</li> </ul>



Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
PALARONG PAMBANSA 2019  
Davao City  
**LIST OF OFFICIATING OFFICIALS**



	<b>NAME</b>	<b>REGION/NSA</b>
1	HARYNY P. TABUADA	VI
2	ROCKY SAMSON	NSA
3	RICKY SANTIAGO, JR.	PTA
4	RANI ANN ORTEGA	IX
5	LORAINE LORELEI CATALAN	NSA
6	EMMANUEL M. FLORES	IX
7	ARSENIO OCSING	NSA
8	RAMON TINA	DEPED
9	ADORACION T. MACAOAY	I
10	HONEY BOY POBLETE	I
11	JORGE GONZALES	I
12	HAROLD HARRIS S. PELAGIO	II
13	ARNEL L. GAMATA	II
14	CHARMAIGN GAY F. CALATONG	III
15	RHOBY A MENDAROS	III
16	SHIRLEY C. EVANGELSTA	IV-A
17	ARNEL E. TAÑADA	IV-A
18	ROSETTE R. MANGARIN	IV-B
19	OLIVIA O. LAGAN	IV-B
20	MARIA LESLIE MAÑAGO	V
21	LEANDRO S. AURO	V
22	MA. ELIZABETH BICO	VI
23	FRITZ METERIO	VI
24	EDSEL M. URSAL	VII
25	ROMEO AGUHAR	VII
26	CHRISTINE MAY BEATO	VIII
27	NINITO SALUDARIO	VIII

28	ROBERT M. FLORES	IX
29	STARA MAE Q. TIONGCO	X
30	ARIES LEE PASCO	X
31	JOSETE ASILLO	XI
32	DACIE N. BANTAY	XII
33	BYRON BETITA	ARMM
34	ABELOU M. BERAY	CAR
35	JAY BENTAYO	XII
36	JONATHAN T. ARCUINO	CARAGA
37	ROWENA SANCHEZ	CARAGA
38	ROSELITO QUEJA	NCR
39	REVEL B. ROSARIO	NCR
40	VICENTE M. ZIPAGAN JR.	NCR
41	NILO BALDELOBAR	VIII
42	MARLON BERNADAS	XI
43	JEUFFREY R. PALER	XI
44	MALEORENE R. DARPING	XI
45	BART ARAZADA	XII

**A. Additional participants recommended by the Regional Sports through the Division Sports Officers:**

- (1) Sports Manager for Technical Officials per Division
- (1) Coach per Division

**B. Technical Working Group**

- 1. Astrophil Berte
- 2. Catherine R. Icdang
- 3. Kristine Marie Villamor